

EULESS

T ★ O ★ D ★ A ★ Y



Dear Citizens,

The Euless Family Life Senior Center is a wonderful facility for those who are

age 60 or older. A membership to the center opens the door to many great amenities and special programs. The Senior Center has extensive offerings, such as: health and wellness classes (like Zumba and yoga); arts and crafts classes (like crochet and card making); games (like billiards and bingo); sports (like pickleball and swimming); special interest groups (like genealogy and book club) and fun outings (like Mystery Lunch and a State Fair trip). There are plenty of opportunities for seniors to socialize, expand their knowledge or become physically fit.

You must be a member to participate in Senior Center programs and events. For more information on pricing and a calendar of events, check out The Playbook. *Linda Martin*

COMMUNITY NEWS

Town Hall Meeting

Thursday, June 9, 7 - 9 p.m.
Euless City Hall, 201 N. Ector Drive



Come join our first in-person, Town Hall Meeting since January 2020! It's sure to be an informative meeting where you can learn about upcoming projects and new programs. Your opinion is important and we encourage you to share it at the Town Hall meeting. Representatives from all departments will be available for your questions, comments or suggestions. We look forward to hearing from you as we strive to keep our city FabEuless. For more information, please call 817-685-1400.

The Euless City Council

- Linda Martin* Mayor
- Tim Stinneford* Mayor Pro Tem
- Jeremy Tompkins* Place 1
- Eddie Price* Place 2
- Perry Bynum* Place 3
- Harry Zimmer* Place 4
- Tika Paudel* Place 5

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Feeding Children During Summer Break

This summer, the HEB Independent School District is providing free meals for children ages 1 to 18. Check the list below carefully. Meal dates vary. For hours of operation, please call 817-399-2120.

Trinity High School

June 6 – June 24
June 27 – July 8
500 N. Industrial Blvd.

Central Junior High

June 1 – June 9
3191 W. Pipeline Rd.

Arbor Creek Elementary

June 6 – June 24
701 International Drive

Eules Family Life Center

June 6 – July 22
300 W. Midway Drive



Summer Fun at the Library

Friday, June 10 and 24, 2 p.m.
Mary Lib Saleh Library
201 N. Ector Drive

Have fun this summer with these free events hosted by the Dallas Zoo and Wildlife on the Move. Kids will get the chance to see live animals up close and learn about what makes each animal unique.

Besides learning about animals, your children can use this library to check out books or log their reading minutes for the HEB Reads! Community Challenge. For more information, call the Eules Public Library at 817-685-1480.

Eules Junior Fire Academy

Registration is Open
June 20 - 24, 9 a.m. - 3 p.m. each day

Registration is open for the 2022 Eules Junior Fire Academy. Children age 11 to 15 are invited to the five day academy, which runs from June 20 to 24 from 9 a.m. to 3 p.m. each day. Activities include tours of the fire stations and apparatus, fire extinguisher training, first aid and CPR training, mock search and rescue drills, hose operations, and much more. The cost of the 2022 Junior Fire Academy is \$65 and includes lunches, snacks and an academy t-shirt. Please make checks payable to the "City of Eules" and write "Junior Fire Academy" on the memo line. Eules residents will be given priority access to the camp. For more information, email Cody Skinner at cskinner@eulesstx.gov.



Beat the Heat

Summer is here and so are the higher temperatures. As you plan your outdoor activities, remember that too much fun in the sun can lead to heat stroke or other heat-related health issues. Besides visiting the Eules Family Life Aquatic Park or the South Eules Park Splash Pad, there are ways you can enjoy being outdoors without endangering your health.

Tips from the National Institutes of Health to protect yourself from the sun:

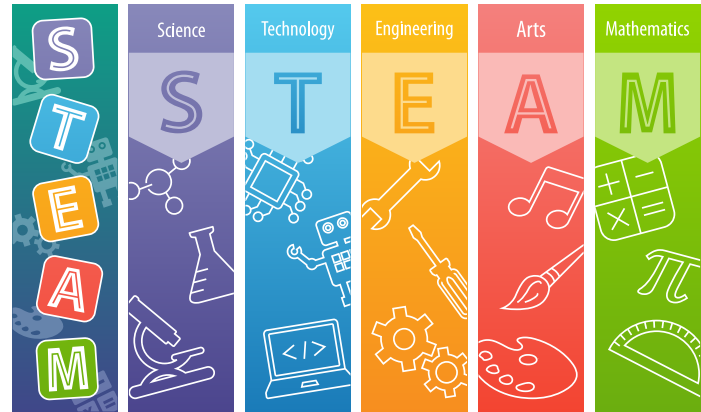
- Do outdoor activities during the coolest part of the day, in the early morning or evening.
- Exercise in an air-conditioned space if possible, or do water workouts.
- Try to stay in the shade when outdoors during peak sunlight.
- Drink plenty of liquids, especially water. Avoid drinks that contain alcohol or caffeine.
- Wear protective clothing, such as hats, long-sleeve shirts and long pants to block out the sun's harmful rays. Choose light-colored, loose-fitting clothing.
- Use sunscreen that blocks both UVA and UVB radiation. Choose a sun protection factor (SPF) of at least 15, preferably 30. Reapply frequently.
- Use sunglasses that block both UVA and UVB.

Like people, too much time in extreme heat can be dangerous for pets. Pets with flat faces like Pugs and Persian cats, elderly animals and overweight pets are more susceptible to heat stroke.

Heat safety tips for pets:

- Don't leave pets in vehicles.
- Keep water bowls filled with fresh water.
- Limit outdoor activities.
- Keep paws off hot surfaces.
- Provide shade for outdoor pets, or better yet, bring them inside an air-conditioned building.

Follow these tips when it's hot outside, so that you, your family and your pets can enjoy this summer in good health.



Kids Night Out with Challenge Island

*Eules Family Life Center
300 W. Midway Dr.*

Parents, take the evening off. We will take it from here! Challenge Island is a one of a kind enrichment program on the cutting edge of S.T.E.A.M (Science, Technology, Engineering, Art, Math) education and 21st century learning. We take children on a unique island adventure, where they work in collaborative teams to take on various STEAM challenges using only the materials in their treasure chest and their creativity.

Pizza will be included with program! *Slime included each night! * Ages 5-12.

Days	Date	Time	Res/Non-Res
F	6/10	5-8pm	\$37/\$42
F	6/24	5-8pm	\$37/\$42
F	7/8	5-8pm	\$37/\$42
F	7/22	5-8pm	\$37/\$42
F	8/5	5-8pm	\$37/\$42
F	8/19	5-8pm	\$37/\$42

For more information please call 817-685-1666 or you may email Recreation Supervisor, Alexander Harvey at aharvey@eulesstx.gov



Keep Our Parks Beautiful

When you visit a park, do you think about what makes it pleasant and safe? Our local parks, waterways and open spaces are an important part of our community. And, while the Euless Parks Department works hard to keep over 300 acres of park areas clean and maintained, it can use a little help from park visitors.

One of the most important things you can do to keep the parks clean and safe is to pack your trash. Although there are garbage bins in the parks, there may not be enough room in them to hold all your rubbish. Bring your own bag to discard food wrappers, water bottles and other miscellaneous trash, and then take it with you when you leave the park.

If you go for a picnic, clean up after yourself. A good plan to follow is to make sure you take everything you brought with you back home. Leave no trace, so that when you leave the site, it looks like it did when you arrived.

How to help keep our parks clean and beautiful:

- Please do not litter. Use the garbage receptacles located in the parks.
- Minimize your own trash. Reduce the amount of waste you bring into our parks by using re-usable containers that you can take home afterward.
- Practice “pack it in, pack it out.” If you bring something with you, take it with you when you leave, including food scraps and cigarette butts.
- Carry a plastic bag to scoop up your dog’s waste. Dispose of the sealed bag in the trash.

Litter detracts from the beauty of our parks and can even harm wildlife. When we all take care of our parks, we all benefit. Plus, we help the environment and save tax dollars.