

SUMMER 2015

# THE PLAYBOOK



CITY OF EULESS PARKS & COMMUNITY SERVICES



PlayEuless.com

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## Join our Family of Volunteers Adventure

The City of Euless Parks & Community Services Department is looking for people that love to have fun, find it refreshing to meet new people and that are willing to try new adventures. Each year our department plans and implements several different, but unique family events. In order to produce such outstanding events we need volunteers, because without volunteers our events would not survive. If you would like to help build a strong community, play an important role in someone's life, and be a part of something exciting, then join our "Family of Volunteers" program. Contact Jerry Poteet at 817-685-1449 or [jpoteet@eulesstx.gov](mailto:jpoteet@eulesstx.gov).

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### Parks and Community Services

817-685-1429

### Euless Family Life Center

817-685-1666

### Euless Family Senior Center

817-685-1671

### Athletics

817-685-1838

### Facility Rentals

817-685-1649

### Softball World

817-267-7135

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817-685-1828 / [jpeterson@eulesstx.gov](mailto:jpeterson@eulesstx.gov)



For additional information regarding all our athletic programs, call the athletic office at 817-685-1838.



### Youth Track Team

Cost: \$25

Registration: April 1 - May 10

Practice will be Monday - Thursday from 6 - 8 p.m. at Central Junior High. The team will participate in regional events throughout the summer.

### Women's Summer Basketball League

Cost: \$325 per team

Registration: May 1 - May 31

8 games plus playoffs, Sunday afternoons  
Regular season play will be held in June through August with a playoff to follow.

### Men's Summer Mini Basketball Season

Cost: \$245 per team

Registration: June 1 - June 30

6 games plus playoffs, Saturday evenings  
Regular season play will be held in July through August with a playoff to follow.

### Co-Ed Summer Sand Volleyball League

Cost: \$145 per team

Registration: June 1 - June 31

8 Matches, Sunday afternoons  
Regular season play will be held July through August.

For more information on all our Athletic Leagues log onto <http://www.eulesstx.gov/pacs/athletics.htm>.



### Softball World

[www.SoftballWorld.us](http://www.SoftballWorld.us)

1375 W. Eules Blvd, Eules, TX 76040

(817) 267-7867

[cthames@eulesstx.gov](mailto:cthames@eulesstx.gov)

Tournament play is offered every weekend February through December including USSSA State Qualifiers, National Invitationals, State Championships, Nationals and World Tournaments for Men, Women and Coed Slow Pitch softball teams. League Play is offered for both Softball and Kickball.



### Parks at Texas Star Youth Baseball League

Fall Registration: July 1 - August 16

Ages 3 - 14

For more information log onto [www.parksattexasstar.com](http://www.parksattexasstar.com)



Visit [www.ArborDaze.org](http://www.ArborDaze.org) for more information.

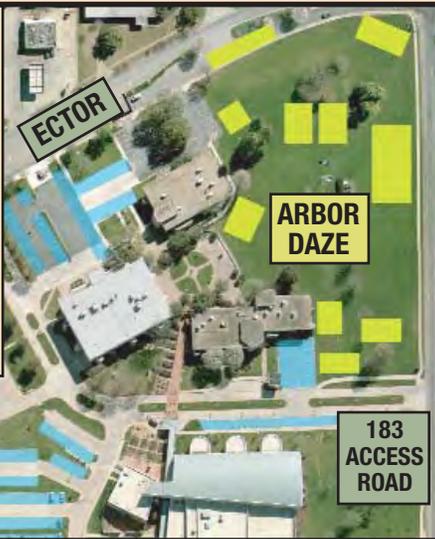
**April 24 (5 - 10 p.m.) / April 25 (9 a.m. - 10 p.m.)**  
**Eules City Hall Complex, 201 N. Ector Dr.**

A 29 year "Tree City USA" recipient, the City of Euless is proud of their many "tree"-mendous accomplishments promoting Arbor Day. Each attendee of the festival will receive a free tree. The urban tree canopy has been dwindling for decades, and the Arbor Daze Festival has given over 150,000 trees since its inception 25 years ago. Most of these trees have been planted in the immediate area to replenish the local tree population.

Arbor Daze 2015 will feature great local entertainment, Arts and Crafts Booths, Business Expo, Arbor Dazzling Kidz Zone, Forestry Village, a Tongan cultural tent, activities at the Mary Lib Saleh Eules Public Library, a petting zoo, bungee jump, rock wall, zipline, and lots of great food! Vendor applications and further details are available by visiting us at [www.arbordaze.org](http://www.arbordaze.org).

## PARKING

Free parking is available at the Eules City Hall Complex. Additional spill-over parking is available at First Baptist Church Euless on the East side of the parking lot. Free shuttle service will run from FBCE to the festival site.



### THE FOLLOWING ARE NOT ALLOWED AT THE FESTIVAL:

Alcohol, dogs/pets (excluding service animals), bicycles, roller blades, skateboards and scooters. Handing out material (pamphlets/ flyers/brochures/cards, etc.) advertising religious information, business ventures, etc. is prohibited. Selling merchandise, products, or services on festival ground requires pre-approval with payment of proper fees prior to the festival. Selling of merchandise, products, services, etc. around the festival ground without proper approval from the City is prohibited.

## STAR-TELEGRAM STAGE HEADLINE PERFORMERS

Friday, April 24

**Acoustic  
Shade**  
(6 p.m.)

**Night Fever -  
Bee Gees Tribute Band**  
(8 p.m.)



Saturday, April 25

**Brooke Eden**  
(8:30 p.m.)



- Stage entertainment sponsored by the Star-Telegram.
- Forestry Village sponsored by Chad's Chopp'N Shop.
- Tree Giveaway sponsored by Fort Worth Community Credit Union.
- Kidz Zone sponsored by The Home Depot.



## MOVIES IN THE PARK "Monster's University"

The Leon Hogg Amphitheater  
1951 Bear Creek Parkway  
Saturday, May 16, 9:00 p.m.

Join us at our beautiful Amphitheater and watch the amazing journey of friendship with Mike and Sulley in "Monster's University." Bring your favorite pillow and blanket because it is all lawn seating. There will also be a designated area for lawn chairs. Doors open at 8:30 p.m. and the movie begins at dusk. Watch a great family movie and help fight hunger at the same time. Admission-1 food donation per-person (canned foods, fruit cups, diapers etc.) All food items donated will be given to 6-Stones Mission Network. Concessions will be available for purchase. Call 817-685-1666 for more information.

## Out of School Summer Bash & Reading Club Launch Party

The Leon Hogg Amphitheater  
1951 Bear Creek Parkway  
Friday, May 29, 4 – 8:30 p.m.  
David Slick – 4:15 – 5:15 p.m.  
Island Boogie Steel Drum Band –  
5:30 – 6:30 p.m.  
Professor D – 7 – 8:30 p.m.



Start the summer off with a BASH!! The City of Euless congratulates all students on a job well done. We will help you celebrate with awesome entertainment and free activities for kids of all ages. Explore what you can do this summer in the City of Euless. You can register for the summer reading program with the Mary Lib Saleh Euless Public Library and discover many additional fun and exciting activities you can participate in for the rest of the summer. We will also have food trucks on site to quench your thirst and fill your tummy. Call 817-685-1666 for more information.

## MOVIES IN THE PARK—"LEGO Movie"

The Leon Hogg Amphitheater  
1951 Bear Creek Parkway  
Saturday, June 13, 9 p.m.

Join us at our beautiful Amphitheater and watch the "Lego Movie" as the characters try to save the universe and defeat the evil tyrant. Bring your favorite pillow and blanket because it is all lawn seating. There will also be a designated area for lawn chairs. Doors open at 8:30 p.m. and the movie begins at dusk. Watch a great family movie and help fight hunger at the same time. Admission-1 food donation per-person (canned foods, fruit cups, diapers etc.) All food items donated will be given to the Tarrant Area Food Bank. Concessions will be available for purchase. Call 817-685-1666 for more information.



## SEASONS OF SOUNDS - Storyteller's Music

The Leon Hogg Amphitheater  
1951 Bear Creek Parkway  
Saturday, June 27  
Mike Brown - 6 p.m., Verlon  
Thompson - 7 p.m.  
Concessions will be available  
for purchase. Free for every-  
one!

## MOVIES IN THE PARK—"FROZEN"

The Leon Hogg Amphitheater  
1951 Bear Creek Parkway  
Saturday, July 18, 9 p.m.

Join us at our beautiful Amphitheater and watch "Frozen." This is the Disney story of a fearless princess who is on a journey to find her sister. Bring your favorite pillow and blanket because it is all lawn seating. There will also be a designated area for lawn chairs. Doors open at 8:30 p.m. and the movie begins at dusk. Watch a great family movie and help fight hunger at the same time. Admission-one food donation per-person (canned foods, fruit cups, diapers etc.) All food items donated will be given to the Tarrant Area Food Bank. Concessions will be available for purchase. Call 817-685-1666 for more information.

**MASTERWORKS SERIES:  
Seasons of Sounds - Havana NRG**

The Leon Hogg Amphitheater  
1951 Bear Creek Parkway  
Friday, July 31, 7 – 8 p.m.  
Arts Council Northeast and the City of Euless are thrilled to welcome Havana NRG for a free concert. This nationally acclaimed group will perform their inspired set of Latin music including Salsa, Merengue, Cumbia, Cha Cha Cha, Timba and Latin Jazz tunes. The group’s energetic music will have the audience dancing in the aisles.

This Dallas-based band is comprised of 8 talented performers who travel the country bringing hot Salsa sounds to eager audiences. The members, born mainly in Cuba, excel at achieving an energetic explosion of Latin sound. For more information on Havana NRG visit: [www.havananrglive.com](http://www.havananrglive.com). Concessions will be available for purchase. Free for everyone!

**MASTERWORKS SERIES:  
Seasons of Sounds - Me & My Monkey**

The Leon Hogg Amphitheater  
1951 Bear Creek Parkway  
August 21, 7 – 8 p.m.  
Arts Council Northeast and the City of Euless are thrilled to welcome Me & My Monkey for a free concert. Me and My Monkey is a classic Beatles Tribute Band. They are based here locally, but have traveled extensively across the US and abroad perfecting a World Class Tribute to the Beatles. Bring the entire family; you won’t want to miss this one! [www.meandmymonkey.com](http://www.meandmymonkey.com). Concessions will be available for purchase. Free for everyone!

**UPCOMING EVENTS:**  
Stars Over Euless  
Bob Eden Park, 901 W. Mid-Cities Blvd.  
September 19, 8:30 – 9 p.m.

Masterworks Concert Series:  
Les Elgart Orchestra  
The Leon Hogg Amphitheater  
1951 Bear Creek Parkway  
Saturday, September 25, 7 – 8 p.m.

**Child Safety Seat Check**  
April 16, 10 a.m. - 2 p.m.  
iT’Z Pizza parking lot, 1201 W Airport Fwy.  
The Child Safety Seat Task Force will provide a free test that will ensure your child safety seat is installed correctly and securely in your car. The National Highway Traffic Safety Administration shows that as many as 80 percent of all car seats are improperly installed. Many Euless Police officers are certified in the Child Safety Seat restraint system and will provide free checks throughout the year by appointment. Please call 817-685-1686 to make an appointment.

**Water University:  
Trees for North Texas**  
April 28, 6:30 - 8:30 p.m.  
Simmons Center, 508 Simmons Dr.  
Has the drought caused havoc on your trees? Trees are an important investment in your property. They give you energy savings in your home or business, water savings in your landscape, and value to the resale of your property. Selecting the right tree and planting it properly helps improve the sustainability of your home or business landscape. Learn proper tree selection and planting for North Texas, as well as proper watering, pruning, common insect issues and diseases.

**Water University:  
Smart Watering During Restrictions**  
July 21, 6:30 - 8:30 p.m.  
Simmons Center, 508 Simmons Dr.  
Are watering restrictions burning you up? Get smarter with your watering habits. This program will give a general overview on Drip Irrigation, New Water Conserving Technologies, Cycle and Soak, Lawn Care during drought, Foundation Watering, Tree Watering, Irrigation Scheduling, and Rainwater Harvesting.

These programs are taught by the Texas A&M AgriLife Research and Extension Center. The events are free, but you must register to attend. Please visit [www.eulesstx.gov/wateruniversity](http://www.eulesstx.gov/wateruniversity) or call 817-685-1821.



### Every Hero has a Story - Summer Reading Club Fun

Join the library for free summer fun! Summer Reading Club begins with a bang on May 29 at the Villages of Bear Creek Park. Register, Read, and Win prizes. Join us for programs and performances all summer long. All events, except the kick off concert, will be held at the library, 201 N. Ector Dr.

#### Preschool Classes:

StoryPalooza: Tuesdays & Wednesdays @

11 a.m., Thursdays @ 6:30 p.m.

Lapsit: Tuesdays @ 10:30 a.m.

Toddler Time: Thursdays @ 10:30 a.m.

#### School Age Events:

2x2 Review (K-2nd grade): Tuesdays @ 2 p.m.

Bluebonnet Book Bunch (3rd-6th grade):

Tuesdays @ 2 p.m.

**Teen Events:** Wednesdays @ 2 p.m.

#### SRC Superstar Lineup:

June 11 - Magician Todd McKinney @ 6:30 p.m.

June 20 - Pint Size Polka @ 2 p.m.

June 25 - Patriot Paws @ 2 p.m.

July 11 - Dallas Zoo @ 2 p.m.

July 16 - Move Your Tale @ 2 p.m.

July 23 - Sugar Free Allstars @ 2 p.m.

August 1 - Pipdillys @ 2 p.m.

#### Hole-In-One Father's Day

June 21

Texas Star knows how to take care of dear old Dad on Father's Day! Dad can play a round after 11 a.m. for \$35 or after 2 p.m. for \$25. He also receives a 30% discount on all clothing in the pro shop. At Raven's Grille, Dad gets half off his entrée and free desert after 3 p.m. when accompanied by his family members. Please call 817-685-7888 or visit [www.texasstargolf](http://www.texasstargolf) for tee times.

Look  
for us  
at  
Arbor  
Daze  
2015!

#### Midtown Express

The project formerly known as "SH 183 Managed Lanes Project" is an \$850M design-build, finance, operate and maintain project that spans 28 miles, five cities and two counties, is due to begin construction in spring of this year. The project has been renamed "Midtown Express" as the scope includes more than just the reconstruction of SH 183. The project now also includes work on SH 114 and Loop 12. For that reason, the Texas Department of Transportation (TxDOT) and SouthGate Constructors (SouthGate) decided that a new name was needed to encompass the full project scope and enhancements the community can expect to receive.

"Midtown" refers to the project's location and the fact that these roadways connect Fort Worth and Dallas, in addition to many cities in between. "Express" signifies that, after completion, drivers will have the choice to travel on the new TEXpress lanes.

SouthGate is committed to keeping the public informed of the project's status throughout the life of the project. The public information team has implemented many tools in an effort to help the public stay informed. Please feel free to visit their website, follow them on social media and call or email if you have any questions.

Website: [www.drivemidtown.com](http://www.drivemidtown.com)

Hotline: 1-844-4-183-114

Information Storefront: 2220 Chemsearch Blvd.  
Suite 100, Irving TX 75062

Email: [info@drivemidtown.com](mailto:info@drivemidtown.com)

Facebook: [DriveMidtown](https://www.facebook.com/DriveMidtown)

Twitter: [@DriveMidtown](https://twitter.com/DriveMidtown)

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Midtown Express is an Equal Opportunity Employer. We encourage qualified women, minorities, veterans, individuals with disabilities, and others to apply.

**Eules Heritage Museum**

201 Cullum Drive / 817-685-1649

Open the 2nd Saturday of every month from  
1 – 5 p.m. (April 11, May 9, June 13,  
July 11, August 8)

For information or group tours,  
call 817-685-1649  
or email  
ofaiva-siale@eulesstx.gov



**Tours**

The tour begins at the Eules Heritage Museum where you will learn about Eules’ rich history and continues to the Fuller House, the first brick house in Eules built in 1932 complete with antique furnishings. Then, you will discover daily life as it was in Eules in the 1850’s as you tour the Himes Log House, the oldest surviving structure in Eules. You will end at the McCormick Barn which was built with lumber from Camp Bowie. On the grounds, you will see examples of a water well, farm implements, windmill and outhouse. Group tours are available during off hours, depending on docent availability. Tours are free, but donations are accepted. Call 817-685-1649 or contact ofaiva-siale@eulesstx.gov to make reservations.



**Eules Historical Mural**

The Eules Historical Preservation Committee unveiled a new mural on Saturday, February 14. This is a project three years in the making, when work was begun by art teachers John Misner and Carolyn Allen and then was finished by Fort Worth artist Lisa McNamara. The mural hangs in the entryway of the Eules Heritage Museum. The 22-foot-long, 64-inch-tall oil on canvas painting was designed and executed as an artistic story board. In brilliant colors it tells the town's history from its origin near Bird's Fort to the opening of Dallas/Fort Worth Airport. It illustrates how Eules evolved and the important businesses, homes and churches.

## Eules Family Life Center 300 West Midway Dr.

### RECREATION CENTER & FITNESS CENTER

**(817) 685-1666**

Robbie Rodgers  
Recreation Program Coordinator  
(817) 685-1668

Kali Goodfellow  
Recreation & Aquatics Coordinator  
(817) 685-1681

### HOURS OF OPERATION

Monday – Thursday  
5:30 a.m. – 9 p.m.  
Friday  
5:30 a.m. – 8 p.m.  
Saturday  
8 a.m. – 6 p.m.  
Sunday  
Noon – 6 p.m.

### CHILDCARE

Monday – Friday  
5 p.m. – 8 p.m.  
Mon./Wed./Fri./Sat.  
8 a.m. – 11 a.m.

### SENIOR CENTER

**(817) 685-1671**

Diane Eggers  
Senior Center Supervisor  
(817) 685-1670  
Renee Garrett  
Senior Center Programmer  
(817) 685-1871

### HOURS OF OPERATION

Mon.–Tues.–Wed.–Fri.  
6:30 a.m. - 4 p.m.  
Thursday  
6:30 a.m. - 9 p.m.  
Saturday & Sunday  
Closed



**HOLIDAY CLOSINGS: May 25 and July 4**

**Like us on Facebook! "Eules Parks & Community Services"**  
**Visit us at [www.PlayEules.com](http://www.PlayEules.com).**

### Eules Family Life Center Daily Use & Membership Fees

Eules Family Life Recreation Center			Add Indoor Pool (Total Cost)		Fitness Center	Racquetball	Drop-In Day Care 2-hour max visit
12-month membership	Resident	Nres	Resident	Nres	Res \ Nres	Res \ Nres	Res \ Nres
Youth (8-15)	\$10.00	\$25.00	NA	NA	NA	NA	NA
Silver Individual	\$75.00	\$200.00	\$110.00	\$275.00	Included	Included	\$5.00 per day
Silver Family*	\$110.00	\$450.00	\$160.00	\$575.00	Included	Included	\$5.00 per day
Gold Individual	\$125.00	\$250.00	\$160.00	\$325.00	Included	Included	Included
Gold Family*	\$175.00	\$550.00	\$225.00	\$675.00	Included	Included	Included

Eules Family Life Recreation Center			Add Indoor Pool (Total Cost)		Fitness Center	Racquetball	Drop-In Day Care 2-hour
3-month membership	Resident	Nres	Resident	Nres	Res \ Nres	Res \ Nres	Res \ Nres
Silver Individual	\$30.00	\$85.00	\$45.00	\$115.00	Included	Included	\$5.00 per day
Silver Family*	\$45.00	\$185.00	\$65.00	\$240.00	Included	Included	\$5.00 per day
Gold Individual	\$55.00	\$100.00	\$65.00	\$135.00	Included	Included	Included
Gold Family*	\$75.00	\$225.00	\$95.00	\$280.00	Included	Included	Included

Daily Use Fees	Daily Fees Recreation Center		Daily Fees Indoor Pool				
	Resident	Nres	Resident	Nres			
Daily Use Fees	\$5.00	\$10.00	\$10.00	\$15.00			

Eules Family Life Senior Center			Add Indoor Pool (Total Cost)		Fitness Center
Senior (60+)	Resident	Nres	Resident	Nres	Res \ Non-Res
Senior (60+)	\$5.00	\$25.00	\$25.00	\$120.00	\$0 \ \$75

\* Families are considered to be up to two adults and four dependent children or Seniors (60+) living in the same household; add \$10 for each additional child or Senior (60+). "Dependent" implies tax dependent or dependent through marriage. Children under 9 must always be accompanied by an adult



**PRESCHOOL DANCE & CREATIVE MOVEMENT**

This class is fun for the little ones to enjoy music and learn to move to the music. They will learn very basic dance moves for their age. They will also learn songs and finger plays that will help with their imaginations, coordination, and balance. You may dance for a session or continue throughout the year with Heart and Soul Dance. We will also perform shows throughout the year. Instructor: Heart and Soul, Mary Berlingieri

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310200-01	6/10	EFLC	2-3	W	10-10:45am	4	\$62
310200-02	8/5	ELFC	2-3	W	10-10:45am	4	\$62

**KIDZ LOVE SOCCER  
MOMMY/DADDY & ME SOCCER**

Introduce your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, with Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! No specific equipment is required for the Mommy/Daddy & Me Class. All kids receive a Kidz Love Soccer jersey! This class is held at Bob Eden Park. Instructor: Kidz Love Soccer Staff

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310520-01	7/11	BEP	2-3.5	S	9-9:30am	8	\$91

**PRESCHOOL TAP & BALLET**

This class is about learning how to move to the music. Children will learn beginner steps for tap and ballet as well as use their imagination and creative movements. You can dance for a session or continue throughout the year with Heart and Soul Dance. We will perform shows throughout the year. Instructor: Heart and Soul, Mary Berlingieri

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310207-01	6/10	EFLC	3-4	W	11am-12pm	4	\$67
310207-02	8/5	EFLC	3-4	W	11am-12pm	4	\$67



**TOT ICE SKATING INSTRUCTION**

Tots will learn the basics of ice skating in a fun environment. Children will practice falling down and getting up, marching across the ice, back wiggles, and stops. Toys, cones and stuffed animals are all used on the ice as teaching tools. Price includes skate rental on class day plus additional four free public skate sessions of choice. Instructors: Qualified Dr Pepper StarCenter Professionals

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311161-01	6/9	DPSC	3-4	T	6:15-6:45pm	2	\$30
311161-02	6/13	DPSC	3-4	S	10:15-10:45am	2	\$30
311161-03	7/7	DPSC	3-4	T	6:15-6:45pm	2	\$30
311161-04	7/11	DPCS	3-4	S	10:15-10:45am	2	\$30
311161-05	8/4	DPSC	3-4	T	6:15-6:45pm	2	\$30
311161-06	8/8	DPSC	3-4	S	10:15-10:45am	2	\$30

**PRESCHOOL DANCE - 4-5 YRS.**

This class is for 4 and 5 year olds and teaches the very beginning technique and movements for tap, ballet, and hip hop. It is a great class for little ones to learn different movements and starts to work with flexibility and balance. We will learn different dances and have performances throughout the year. Your child can try one session or continue through the year. Heart and Soul Dance will continue to grow with your child. Instructor: Heart and Soul, Leah Siek

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310209-01	6/9	EFLC	4-5	T	4:30-5:30pm	4	\$67
310209-02	8/4	EFLC	4-5	T	4:30-5:30pm	4	\$67





**KIDZ LOVE SOCCER  
TOT SOCCER**

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting, soccer cleats are optional, shorts and a t-shirt are fine. This class is held at Bob Eden Park. All participants receive a Kidz Love Soccer jersey! Instructor: Kidz Love Soccer Staff.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310521-01	7/11	BEP	3.5-4	S	9:40-10:10am	8	\$91

**PRESCHOOL DANCE - 3-4 YRS.**

This is a great class for your little ones to learn dance and learn how to move to the music. They will focus on basic tap and learn ballet positions. They will learn combinations and choreography. Instructor: Heart and Soul, Kristen Stevens

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310208-01	6/11	EFLC	3-4	TH	4:30-5:30pm	4	\$67
310208-02	8/6	EFLC	3-4	TH	4:30-5:30pm	4	\$67

**PRETTY PRINCESS TEA PARTY**

Come have some princess fun... If your little girl loves to play dress up, paint nails, and be treated like a princess this class is just for her. We will make crafts, play games, do make-overs, and have tea party. Each week we will do different activities and participants will have something beautiful to take home with them. Instructor: Claudia Rameriz

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311160-01	6/6	EFLC	3-7	S	10-11am	4	\$42
311160-02	7/11	EFLC	3-7	S	10-11am	4	\$42
311160-03	8/8	EFLC	3-7	S	10-11am	4	\$42

**KIDZ LOVE SOCCER  
PRE-SOCCER**

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting, soccer cleats are optional, shorts and a t-shirt are fine. This class is held at Bob Eden Park. All participants receive a Kidz Love Soccer jersey! Instructor: Kidz Love Soccer Staff.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310522-01	7/11	BEP	4-5	S	10:10-10:45am	8	\$91



### KIDZ LOVE SOCCER

#### Soccer 1: Techniques & Teamwork

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting, soccer cleats are optional, shorts and a t-shirt are fine. All participants receive a Kidz Love Soccer jersey! This class will be held at Bob Eden Park. Instructor: Kidz Love Soccer Staff.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310523-01	7/11	BEP	5-6	S	10:45-11:30am	8	\$91

#### TAP, BALLET, AND JAZZ - 5-6 YRS.

This is a great introduction to tap, ballet and jazz dance. This class will focus on tap technique and rhythms. It will also focus on ballet techniques, positions and balance. We will also learn jazz techniques, coordination and stretches. This is a great class with fun dance combinations and choreography. Heart and Soul Dance will grow with your child each session. Instructor: Heart and Soul, Leah Siek.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310210-01	6/11	EFLC	5-6	TH	6-7pm	4	\$67
310210-02	8/6	EFLC	5-6	TH	6-7pm	4	\$67

#### TAP/JAZZ

This is a great class to learn tap and jazz dance. We will focus on technique, tap and jazz combinations and continue to work flexibility and coordination. We will also learn different styles of jazz and different rhythms. You can stay one session or stay through the year, Heart and Soul Dance program will continue to grow with your child. Instructor: Heart and Soul, Leah Siek.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310220-01	6/9	EFLC	6-8	T	5:30-7pm	4	\$77
310220-02	8/4	EFLC	6-8	T	5:30-7pm	4	\$77

#### BALLET I/II

This is a great class to learn all about ballet. You will have knowledge of ballet on top of learning ballet techniques, movements and positions. This is a great class to help with balance, coordination and flexibility. Instructor: Heart and Soul, Kristen Stevens.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310225-01	6/11	EFLC	6-12	TH	3:30-4:30pm	4	\$67
210225-02	8/6	EFLC	6-12	TH	3:30-4:30pm	4	\$67

### TAEKWON-DO TIGERKUBS

An age appropriate introduction to martial arts, our Tigerkubs program is designed to teach your child the fundamentals of Taekwondo-Do. Our classes are disciplined, yet informal, with an emphasis on developing strength, aerobic stamina, balance, coordination, and flexibility. This program can help to enhance focus and concentration, build character, discipline and self-esteem. Activities are designed to make it exciting without a competitive atmosphere. No class July 4. Instructor: Camille Dockter

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310130-01	5/30	EFLC	5-8	S	9-9:45am	6	\$28
310130-02	7/25	EFLC	5-8	S	9-9:45am	6	\$28

#### TAP, BALLET, JAZZ - 6-8 YRS.

This class is a great beginning class to learn tap techniques and rhythms. As well as introduce ballet and jazz positions and movements of the body. We will work on strength, flexibility, coordination, and balance. This is a fun class for your child and they will learn different routines and will have performances throughout the year. Your child can try one session or stay with us through the year. Our program grows with your child, here at Heart and Soul Dance. Instructor: Leah Siek.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310230-01	6/11	EFLC	6-8	TH	4:30-5:30pm	4	\$67
310230-02	8/6	EFLC	6-8	TH	4:30-5:30pm	4	\$67

#### ICE SKATING - SKATE LIKE A 'STAR'

Learn the basics of ice skating. Skaters will learn basic forward and backward skating, swizzles, one-foot glides, and stops. Crossovers will be introduced. Skate rental included in the class. Price includes 30 minutes of instruction and free skate rental during lesson and following class, plus four additional free public skate sessions of choice. Instructors: Qualified Dr Pepper StarCenter Professionals

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311162-01	6/9	DPSC	5-13	T	6:45-7:15pm	2	\$30
311162-02	6/13	DPSC	5-13	S	11:15-11:45am	2	\$30
311162-03	7/7	DPSC	5-13	T	6:45-7:15pm	2	\$30
311162-04	7/11	DPSC	5-13	S	11:15-11:45am	2	\$30
311162-05	8/4	DPSC	5-13	T	6:45-7:15pm	2	\$30
311162-06	8/8	DPSC	5-13	S	11:15-11:45am	2	\$30

#### HIP HOP BEGINNER

This is a great class to learn all about Hip Hop. You will learn all the basics and learn about rhythm and style. Your child will also learn combinations and choreography. It's a great class to have fun and great exercise. Instructor: Heart and Soul, Shelbe Probasco.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310216-01	6/11	EFLC	6-8	TH	6:30-7:30pm	4	\$67
310216-02	8/6	EFLC	6-8	TH	6:30-7:30pm	4	\$67

#### KIDZ LOVE SOCCER

##### Soccer 2 Skillz & Scrimmages

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing, and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular game. Shin guards are required after the first meeting, soccer cleats are optional, short and a t-shirt are fine. All participants receive a Kidz Love Soccer jersey. This class is held at Bob Eden Park. Instructor: Kidz Love Soccer Staff.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310524-01	7/11	BEP	7-10	S	11:30am-12:15pm	8	\$91



**TAEKWON-DO BEGINNERS**

**(Ages 9-13) (White Belt - Green Stripe)**

This children specific program explores the entire range of techniques for training in the Taekwondo-Do Jungshin Program. It is designed to instill the physical and character benefits of martial arts while motivating children to achieve success. New students registering for this class must be at least 9 years of age or have completed at least one session of Tigerkubs program and been approved by the instructor before registering. No class July 4. Instructor: Camille Dockter

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310131-01	5/26	EFLC	9-12	T	6-7:15pm	6	\$58
		EFLC		S	10-11:15am		
310131-02	7/21	EFLC	9-12	T	6-7:15pm	6	\$58
		EFLC		S	10-11:15am		

**TAEKWON-DO ADVANCED**

**(Green Belt - Black Belt)**

This children specific intermediate/advanced program allows students that have attained a green belt through the Taekwon-Do Jungshin program to progress into more advanced and intricate skill development reaching their first black belt and beyond. Must have instructor approval to register. No class May 25. Instructor: Camille Dockter

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310132-01	5/28	EFLC	9-12	M	6-7:15pm	5.5	\$54
		SIM		TH	6-7:15pm		
310132-01	7/20	EFLC	9-12	M	6-7:15pm	6	\$58
		SIM		TH	6-7:15pm		

**TAP/JAZZ**

This is a great class to learn tap and jazz. We will focus on tap techniques and fast rhythms. We will also focus on jazz and lyrical techniques, combinations, and choreography. You will learn coordination, stretches, balance and flexibility. Heart and Soul Dance program will continue to grow with your child. Instructor: Heart and Soul, Leah Siek.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310232-01	6/11	EFLC	9-12	TH	7-8:30pm	4	\$77
310232-02	8/6	EFLC	9-12	TH	7-8:30pm	4	\$77

**INTRO TO GUITAR WITH MARK JAX**

Introduction to basic chords and guitar tasks for acoustic and electric guitars. Students will learn fingering techniques as well as basic chord combination in a humorous and nurturing environment. Instructor: Mark Jax.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310705-01	6/1	EFLC	9+	M	6-7:30pm	4	\$82
310705-02	7/6	EFLC	9+	M	6-7:30pm	4	\$82
310705-03	8/3	EFLC	9+	M	6-7:30pm	4	\$82

**HIP HOP**

This is a great class for your child to learn basic hip hop dances. You will learn about music, beats, rhythms, and will focus on techniques and style. It is a great way to make friends, good exercise and lots of fun. Whether you choose one session or stay through the year, Heart and Soul Dance program will continue to grow with your child. Instructor: Heart and Soul, Shelbe Probasco

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310215-01	6/9	EFLC	9-12	T	6-7pm	4	\$67
310215-02	8/4	EFLC	9-12	T	6-7pm	4	\$67

**HIP HOP**

This is a fun class full of energy and a more advanced hip hop class. Your child will learn hip hop, music, rhythm and style. This is designed to learn hip hop, but also have a lot of fun and exercise. Instructor: Heart and Soul, Shelbe Probasco.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310217-01	6/9	EFLC	12-17	T	7-8pm	4	\$67
310217-02	8/4	EFLC	12-17	T	7-8pm	4	\$67

**ADVANCED TAP**

Tap! Tap! Tap! This is a wonderful class to learn tap techniques, combinations and dance choreography. It's great exercise and lots of fun. Whether you choose to try one session or stay with us through the year, your child will continue to grow and learn with our Heart and Soul Dance program. Instructor: Leah Siek.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310260-01	6/9	EFLC	12-17	T	8-9pm	4	\$62
310260-02	8/4	EFLC	12-17	T	8-9pm	4	\$62

**SUMMER SWING SERIES (YOUTH)**

Swing into summer shape with these fun, high-energy dances! You will be the envy of all your friends, since the versatility of swing allows for dancing just about anywhere including parties, proms, weddings, country dances and ballroom/swing dances! The genres of music include rock, pop, country, hip hop, blues, jazz, R&B and old school. The benefits of dancing to the mind, body and soul are priceless, and you won't find a more fun way to burn calories! In this beginner-level course, you will learn fundamentals of partner dancing along with basic steps and patterns to the Jitterbug, Hustle (Disco), East Coast Swing and West Coast Swing. On the final class, we will have an actual dance party to practice everything we learned in a real-world safe environment! No partner necessary, as we will rotate to allow everyone equal participation and to make new friends! Please wear lightweight shoes that glide easily. No rubber soles or heels higher than 1 & 1/2". A free one-hour private lesson (\$55 value) will be given away each session (with class size of 6 minimum)! Instructor: Lisa Smith.

CLASS #	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310135-01	6/9	EFLC	11-16	T	12:30-2pm	4	\$48
310135-02	7/7	EFLC	11-16	T	12:30-2pm	4	\$48
310135-03	8/4	EFLC	11-16	T	12:30-2pm	4	\$48

**LATIN DANCE PARTY (YOUTH)**

Don't be bored this summer! Be the envy of all your friends as an active participant in the sizzling Salsa dance craze! Come join the party, instead of just watching everyone else's fun! The soaring popularity of this style means you will have ample opportunity to dance at many venues to keep the party going and to maximize your fun and learning! In this beginner-level course, you will learn basic steps and patterns to the following 4 high-energy Latin party dances: Merengue, Salsa, Cha Cha, and Samba. On the final class day, we will have an actual dance party to practice everything learned in a real-world safe environment! No partner necessary, we will rotate to allow everyone equal participation and to make new friends! Please wear lightweight shoes that glide easily. No rubber soles or heels higher than 1.5". A free one-hour private lesson (\$55 value) will be given away each session (with class size of 6 minimum). Instructor: Lisa Smith.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310181-01	6/9	EFLC	11-16	T	2:30-4pm	4	\$48
310181-02	7/7	EFLC	11-16	T	2:30-4pm	4	\$48
310181-02	8/4	EFLC	11-16	T	2:30-4pm	4	\$48

**SUMMER CAMP 2015  
REGISTRATION PROCEDURES**

**SUMMER CAMP PRE-REGISTRATION LOTTERY  
FOR EULESS RESIDENTS**

To better serve the growing number of parents enrolling their children in summer camp, the Eules Family Life Center is offering a Pre-registration Lottery for 2015 Summer Camp, in advance of the regular Walk-in Registration. A lottery is the most convenient way to register and the most equitable way of making our camps available to the greatest number of interested participants. The Parks and Community Services Department will give Returning Campers who are Eules resident's priority access to register for summer camp.

Pre-registration is a lottery, meaning it does not matter when you submit your registration form within the open lottery period. There is no need to stand in line early in the morning to turn in a registration form, and no payment is required to participate in the lottery. Simply complete your registration form and submit it to the Eules Family Life Center front desk any time between the dates listed below and your registration will be entered into the lottery. Proof of residency is required (photo id and current water bill or lease). Participants who are offered a space in a camp will have until May 11 to secure their space with a \$10 deposit for each session\week of camp. Waiting list calls begin May 12. The Parks and Community Services Department will begin Summer Camp Walk-in Registration for City of Eules residents and non-Eules residents on Wednesday, May 6 at 8 a.m. Registration continues during normal business hours until camp begins. Registration packets will be available on-line at [www.eulesstx.gov/pacs](http://www.eulesstx.gov/pacs) by March 16.

**REGISTRATION DATES**

**RETURNING CAMPERS WHO ARE EULESS RESIDENTS**

March 17, 2015 - April 4, 2015 at 6 p.m. (no exceptions or late pre-registrations)  
Summer Camp pre-registration lottery opens for Returning Campers who are Eules residents.

April 6, 2015  
Summer Camp pre-registration lottery results sent.

**NEW CAMPERS WHO ARE EULESS RESIDENTS**

April 7, 2015 - May 2, 2015 at 6 p.m. (no exceptions or late pre-registrations)  
Summer Camp pre-registration lottery opens for New Campers who are Eules residents.

May 4, 2015  
Summer Camp pre-registration lottery results sent.

Open and Non-Eules resident registration  
May 6, 2015, 8 a.m.

May 11, 2015  
Summer Camp deposits from lottery due.

**REGISTRATION CONTINUES DURING NORMAL BUSINESS HOURS UNTIL CAMP BEGINS.**



**\*SUMMER ADVENTURE CAMP**

Weekly day camp features field trips, swimming, sports, art & crafts, team building, and more. Campers should bring their own lunch, snacks, water bottle, change of clothes, swimsuit, towel, and sunscreen in a back pack every day. Price includes fieldtrips, transportation to and from, and one camp T-shirt. You may sign your child up for the entire summer or just a week!

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311111-01	6/1	EFLC	6-11	T-F	7:30am-6:00pm	1	\$85
311111-02	6/8	EFLC	6-11	M-F	7:30am-6:00pm	1	\$85
311111-03	6/15	EFLC	6-11	M-F	7:30am-6:00pm	1	\$85
311111-04	6/22	EFLC	6-11	M-F	7:30am-6:00pm	1	\$85
311111-05	6/29	EFLC	6-11	M-F	7:30am-6:00pm	1	\$85
311111-06	7/6	EFLC	6-11	M-F	7:30am-6:00pm	1	\$85
311111-07	7/13	EFLC	6-11	M-F	7:30am-6:00pm	1	\$85
311111-08	7/20	EFLC	6-11	M-F	7:30am-6:00pm	1	\$85
311111-09	7/27	EFLC	6-11	M-F	7:30am-6:00pm	1	\$85
311111-10	8/3	EFLC	6-11	M-F	7:30am-6:00pm	1	\$85
311111-11	8/10	EFLC	6-11	M-F	7:30am-6:00pm	1	\$85

**\*TEEN L.I.F.E.**

Weekly day camp that stresses Leadership, Integrity, Friendship, and Empowerment. Activities will focus on teamwork, responsibility, and community service. This newly revised program will include exciting field trips, and participation in our Parks initiative. Spaces are limited.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311112-01	6/1	EFLC	12-14	T-F	7:30am-6:00pm	1	\$75
311112-02	6/8	EFLC	12-14	M-F	7:30am-6:00pm	1	\$75
311112-03	6/15	EFLC	12-14	M-F	7:30am-6:00pm	1	\$75
311112-04	6/22	EFLC	12-14	M-F	7:30am-6:00pm	1	\$75
311112-05	6/29	EFLC	12-14	M-F	7:30am-6:00pm	1	\$75
311112-06	7/6	EFLC	12-14	M-F	7:30am-6:00pm	1	\$75
311112-07	7/13	EFLC	12-14	M-F	7:30am-6:00pm	1	\$75
311112-08	7/20	EFLC	12-14	M-F	7:30am-6:00pm	1	\$75
311112-09	7/27	EFLC	12-14	M-F	7:30am-6:00pm	1	\$75
311112-10	8/3	EFLC	12-14	M-F	7:30am-6:00pm	1	\$75
311112-11	8/10	EFLC	12-14	M-F	7:30am-6:00pm	1	\$75

**\*SUPER STAR CAMP**

Come be a part of this Summer Camp offered by the City of Euless, this camp will give the camper an opportunity to experience a resident camp environment with day camp hours. We will be engaging in team building activities, learning leadership qualities, and enjoying outdoor activities. Like a resident camp, the activities will be nature based with an emphasis on having fun. Each week will have a theme, and the activities planned will follow this theme. Some of the themes that will be used are: Ultimate Survivor, Fun and Fitness, Amazing Race, and Wacky Water Week. This camp is designed for the child who loves to explore new adventures, work to achieve goals with a team, and have fun in the great outdoors.

This camp will meet at Dr Pepper StarCenter which is located at 1400 S Pipeline, Euless, 76040. Camp activities start at 9 a.m. and conclude at 4 p.m. There will be small group activities planned for camp drop off and pickup. Please bring two snacks, water bottle, and lunch to camp each day. Each camper will receive one camp shirt and each camper must wear tennis shoes to camp every day (no sandals, flip flops, or crocs).

The campers will be transported from camp in City of Euless vans to the EFLAP swimming pool twice a week to swim. Please bring swim suit, sun block, and any other items needed for swimming on the designated days.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311130-01	6/1	DPSC	6-11	T-F	7:30am-6pm	1	\$85
311130-02	6/8	DPSC	6-11	M-F	7:30am-6pm	1	\$85
311130-03	6/15	DPSC	6-11	M-F	7:30am-6pm	1	\$85
311130-04	6/22	DPSC	6-11	M-F	7:30am-6pm	1	\$85
311130-05	6/29	DPSC	6-11	M-F	7:30am-6pm	1	\$85
311130-06	7/6	DPSC	6-11	M-F	7:30am-6pm	1	\$85
311130-07	7/13	DPSC	6-11	M-F	7:30am-6pm	1	\$85
311130-08	7/20	DPSC	6-11	M-F	7:30am-6pm	1	\$85
311130-09	7/27	DPSC	6-11	M-F	7:30am-6pm	1	\$85
311130-10	8/3	DPSC	6-11	M-F	7:30am-6pm	1	\$85
311130-11	8/10	DPSC	6-11	M-F	7:30am-6pm	1	\$85

**FUN TIME ADVENTURE CAMP**

Come, have fun , and enjoy an adventure as we explore some hands on theme based activities. Each week will be filled with arts & crafts, music, games, and plenty of imagination. Join us for an amazing ride. Participants may sign up weekly or for an entire summer. No camp week of June 29-July 3. Instructor: Yolanda Scheimann

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
Under the Sea							
311110-01	6/1	EFLC	5-6	M-TH	9am-2pm	1	\$82
A Bugs World							
311110-02	6/8	EFLC	5-6	M-TH	9am-2pm	1	\$82
Weird Science							
311110-03	6/15	EFLC	5-6	M-TH	9am-2pm	1	\$82
Dr. Seuss							
311110-04	6/22	EFLC	5-6	M-TH	9am-2pm	1	\$82
Down on the Farm							
311110-05	7/6	EFLC	5-6	M-W	9am-2pm	1	\$82
Dinosaurs							
311110-06	7/13	EFLC	5-6	M-TH	9am-2pm	1	\$82
Mighty Jungle							
311110-07	7/20	EFLC	5-6	M-TH	9am-2pm	1	\$82
Wild West							
311110-08	7/27	EFLC	5-6	M-TH	9a-2pm	1	\$82
All Sports Week							
311110-09	8/3	EFLC	5-6	M-TH	9am-2pm	1	\$82

**SUN TIME FRIDAYS CAMP**

Hey it's Friday and that means one thing it's Sun Time at the Euless Family Life Center! Come have an awesome time playing games, doing crafts, and meeting new friends, each week will have an exciting theme and all activities will follow this theme. Remember to bring a snack, sunblock, and a huge smile. Participants may sign up weekly or for the entire summer. No camp July 3. Instructor: Claudia Ramirez.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
Under the Sea							
311114-01	6/5	EFLC	4-6	F	9am-2pm	1	\$22
A Bugs World							
311114-02	6/12	EFLC	4-6	F	9am-2pm	1	\$22
Weird Science							
311114-03	6/19	EFLC	4-6	F	9am-2pm	1	\$22
Dr. Seuss							
311114-04	6/26	EFLC	4-6	F	9am-2pm	1	\$22
Down on the Farm							
311114-05	7/10	EFLC	4-6	F	9am-2pm	1	\$22
Dinosaurs							
311114-06	7/17	EFLC	4-6	F	9am-2pm	1	\$22
Mighty Jungle							
311114-07	7/24	EFLC	4-6	F	9am-2pm	1	\$22
Wild West							
311114-08	7/31	EFLC	4-6	F	9am-2pm	1	\$22
All Sports Week							
311114-09	8/7	EFLC	4-6	F	9am-2pm	1	\$22





**FUN TIME CREATIVE COOKS CAMP**

Your junior chef will have a great time learning how to make fun and nutritious snacks and meals. They will get to learn about food and what are good choices when preparing meals. This camp will also encourage the junior chef to learn about fruits and vegetables and how to incorporate them into snacks and meals. They will prepare snacks and meals to enjoy during the camp. Instructor: Yolanda Scheimann.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311113-01	6/22	EFLC	3-5	M-TH	3-4pm	1	\$50

**FUN TIME ADVENTURES IN SCIENCE CAMP**

This camp is designed for the little scientist who will have the opportunity to make some great crafts and do some awesome experiments. They will learn about electronics, robotics, and ecology. The young scientists will also learn ways to save the planet, the importance of recycling, and why science is important in our everyday life. Instructor: Claudia Ramirez.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311125-01	6/29	EFLC	3-5	M-TH	3-4pm	1	\$50

**FUN TIME SPANISH CAMP**

Hola, have you wanted your child to learn the basics of Spanish. This camp will give them that opportunity. Studies show the earlier we start children learning a foreign language the more they will retain. In this week long camp, they will learn greetings, how to ask questions and basic conversations. The camp will also teach about the history of Spanish speaking countries, foods, and traditions. Bring your child to have fun and learn a new language at the same time. Instructor: Yolanda Scheimann.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311202-01	7/13	EFLC	3-5	M-TH	3-4pm	1	\$50

**BRING IT ON! CHEER CAMP**

Want everyone to CHEER for your team? Campers will practice jumps, cheers, dance and tumbling in this week long camp. Our summer cheer staff will aim to instill self-confidence, leadership and teamwork in a fun environment. The camp will end with an awesome Pep Rally!!!

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311191-01	6/15	EFLC	5-12	M-TH	9-11am	1	\$50

**BEGINNERS SOCCER CAMP**

In this non-competitive camp, boys and girls will practice kicking, passing and shooting. Participants should bring shin guards and a soccer ball. No cleats! This class meet at EFLC field #3.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311120-01	6/8	BEP	5-9	M-TH	9-10:30am	1	\$50

**SUMMER BASKETBALL CAMP**

Increase your kids ball handling skills, shooting technique, hand eye coordination, agility and endurance with our skills and drills basketball camp. Instructor: Christian Smalls.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311180-01	6/22	EFLC	5-12	M-TH	9am-12pm	1	\$50
311180-02	7/20	EFLC	5-12	M-TH	9am-12pm	1	\$50
311180-03	8/3	EFLC	5-12	M-TH	9am-12pm	1	\$50

**OUTDOOR ADVENTURE CAMP**

Enjoy the outdoors, like taking walks in nature? Want to learn how to set up a tent or make a campsite? Come out for an educational outdoor adventure camp. Learn how to use a hand held GPS unit and how to pack a backpack for a day trip through the woods. We will have an awesome scavenger hunt and learn outdoor cooking skills. Wear comfortable shoes and bring a water bottle. This class meets at the Preserve at McCormick Park.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311220-01	7/20	OFF	6-12	M-TH	9-11am	1	\$50



**EXTREME SPORTS WEEK**

This week will be an awesome experience learning and playing some of the coolest playground games ever. The extreme sports we will play include dodge ball, kick ball, wiffle ball, and ultimate Frisbee. Sign up now and have a blast!!

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311140-03	8/10	EFLC	6-12	M-TH	9-11am	1	\$50

**ADVENTURES IN ART CAMP**

In this four-day art camp, your child will complete eight different works of art, using five different mediums that you'll be proud to frame and display! Your young Monet will paint with oils, watercolors, and acrylics and draw with charcoals and oil pastels. Individualized instruction by a professional artist give your child the fundamentals of creativity in a fun and easy approach with truly amazing results. All art supplies are provided. Bring a roll of paper towels and wear an old shirt. Instructor: Susan Garden

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311155-01	7/6	EFLC	7-10	M-TH	2-4:45pm	1	\$120

**JUST BUILD IT CAMP**

Calling all junior architects! Construct mini communities, a mini model of your house and other cool buildings. Transform sticks, stones, bricks, and other common supplies into neat looking structures. Learn about architectural concepts and techniques while testing the theory of the three little pigs. Instructor: Sarah Armstrong

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311116-01	7/20	EFLC	7-10	M-TH	3-4pm	1	\$50

**FLAG FOOTBALL CAMP**

Come learn the fundamentals of flag football in this fun energetic camp. The camp will emphasize passing, receiving, defensive techniques and special teams. The last day of camp, participants will be broken into teams for a morning of seven on seven games. Participants need to wear athletic clothing, bring sunscreen, and a water bottle. No cleats! Class will meet on the baseball field west of the Euleess Family Life Center.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311200-01	7/13	EFLC	7-12	M-TH	9-10:30am	1	\$50

**VOLLEYBALL CAMP**

Come learn the basic techniques and the important skills of passing, setting, serving, hitting, strategy and teamwork that will help you become a better volleyball player.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311201-01	7/27	EFLC	8-12	M-TH	9-11am	1	\$50

**DUCT TAPE CREATIONS CAMP**

Who knew that something we use around our houses to fix just about everything would become the hottest crafting material around? Duct Tape is so versatile and now we have created a camp on some of the coolest ways to use it. Campers will learn how to create wallets, masks, pencil toppers, bow-ties, jewelry and much more. Be a part of the duct tape revolution! Instructor: Katie Scheimann.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311115-01	7/20	EFLC	8-12	M-TH	3-4pm	1	\$60

**COOL CRAFTS CAMP**

Create crafty creations! Develop your creativity with drawing, painting, sculpting and many more cool arts & crafts projects. This hands-on camp will introduce the creative camper to many expressions of art through different mediums! Please send children in appropriate clothing that allows for freedom of expression or send a smock.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311117-01	8/3	EFLC	8-12	M-TH	3-4pm	1	\$50





## EULESS FAMILY LIFE AQUATIC PARK

300 W. Midway Drive  
817-399-4715

The Eules Family Life Aquatic Park is located adjacent to the Eules Family Life Center. The tot area features a zero-

depth entry pool with a tot playground. There is also a lazy river where inner tubes are provided. The main pool features two flume slides and one run out slide as well as a lily-pad walk (48" height requirement). The facility also includes a bathhouse, concession area, deck space, picnic tables, lounge chairs, shaded areas and plenty of parking.

### HOURS: PRE-SEASON HOURS

Saturday, May 23	11 a.m. - 8 p.m.
Sunday, May 24	Noon - 7 p.m.
Monday, May 25	11 a.m. - 6 p.m.

### DAILY SWIMMING BEGINS SATURDAY, MAY 30

Monday - Saturday	11 a.m. - 8 p.m.
Sunday	Noon - 7 p.m.

\*The Aquatic Park will be closed on Saturday, June 6 and will close at 6 p.m. on May 25, July 4 and September 7.

### DAILY FEES

Monday - Friday	\$3 residents, \$6 non-residents
Saturday - Sunday & Holidays	\$4 residents, \$8 non-residents

Proof of residency is required for resident rates. Children 2 & under are free with a paying adult. Children 9 & under will not be admitted into the pool unless accompanied by a responsible adult. The adult must stay with the child while at the pool.

### PASSES

Family passes, and individual passes are available. Photo identification and proof of residency is required in order to purchase a resident pass. All family members must present a photo ID. Family passes and individual passes may be purchased beginning April 1 at Eules Family Life Center. Family passes and individual passes are accepted at Wilshire Pool as well and only good for the year purchased and no exchanges or refunds will be granted.

	<u>Resident</u>	<u>Non-Resident</u>
Family Passes	\$150*	\$300*
Individual Passes	\$45	\$90

\*\* Families are considered to be up to two adults and four dependent children or Seniors (60+) living in the same household; add \$10 for each additional child or (Senior 60+)

### SWIM ATTIRE

Proper swim attire is required to enter the pool area. No jeans or basketball shorts are allowed.

### PARTIES

Host a party at the Eules Family Life Aquatic Park. Reservations can be made to rent a cabana or pavilion during daily operating hours or private parties during non-public swim hours on Friday, Saturday, and Sunday evenings. Reservations can be made beginning May 1. All reservations will need to be made at the Parks and Community Services Office at 1314 B Royal Parkway, Monday-Friday, 8 a.m. - 5 p.m., for more information, please visit <http://www.eulesstx.gov/pacs/rental/AquaticFacilities.htm> or call 817-685-1649.

### CABANAS

Cabanas are available to rent during daily operating hours in 2-hour blocks.

Monday - Saturday times are:  
11:15 a.m., 1:30 p.m., 3:45 p.m. or 6 p.m.

Sunday times are:  
12:15 p.m., 2:30 p.m. or 4:45 p.m.

**Small Cabana** - includes one picnic table and admission for up to 12 people; weekday rate \$75 resident; \$175 non-resident; weekend and holiday rate \$96 resident and \$196 non-resident.

**Large Cabana** - includes two picnic tables and admission for up to 24 people; weekday rate \$150 resident; \$345 non-resident; weekend and holiday rate \$192 resident and \$387 non-resident.

**Pavilion** - includes seating for 50 and admission for up to 25 people; weekday rate \$210 resident; \$450 non-resident; weekend and holiday rate \$250 resident and \$490 non-resident.

### PRIVATE PARTY RESERVATIONS

Private parties can be held during non-public swim hours on Friday or Saturday, 8:30 - 10:30 p.m. and Sunday, 7:30 - 9:30 p.m. between May 23 and September 7. Full payment is due at time of reservation. Prices include lifeguards and access to the facility.

### 2-HOUR PRIVATE PARTY

Resident: \$900	Non-resident: \$1,500
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### SENIOR CENTER MEMBERS!

**Lazy Daze at the Lazy River**- Are you 60 years or older? Then come enjoy the Lazy River at the Aquatic Park from 9 -11 a.m. on Friday June 12th and Friday August 7th in a way you have never seen the park before!

We have opened the lazy river to senior members only to enjoy a peaceful and relaxing float before the general public comes in. We will provide the tubes; all you need to bring is your membership card and your best sunshades! This event is available to our Senior Center members, yearly resident memberships start at \$5.00.



## WILSHIRE POOL

315 Sierra Drive 817-685-1678

Wilshire Pool is located adjacent to Wilshire Park. This pool is a traditional rectangle pool with one slide and ranges from a depth of 3 feet to 12 feet.

### HOURS:

SATURDAY, MAY 30 to SUNDAY, AUGUST 9

Monday - Friday	1 - 5 p.m.
Saturday	1 - 6 p.m.
Sunday	2 - 6 p.m.

### DAILY FEES

Monday - Friday	\$2 residents, \$3 non-residents
Saturday - Sunday & Holidays	\$3 residents, \$4 non-residents

Season passes bought at the Aquatic Park are valid. Proof of residency is required for resident rates. Children 2 & under are free with a paying adult. Children 9 & under will not be admitted into the pool unless accompanied by a responsible adult. The adult must stay with the child while at the pool.

### PRIVATE PARTY RESERVATIONS

Private parties at Wilshire Pool can be held during non-public swim hours on Saturday and Sunday, 10:30 a.m. - 12:30 p.m. or 6:30 - 8:30 p.m. between May 30 and August 9. Full payment is due at time of reservation. Prices include lifeguards for 50 swimmers and access to the facility. Additional lifeguard will be required for swimmers above 50 in increments of 25. Reservations may be made starting May 1 and require a minimum 2-week notice. All reservations can be made at the Parks and Community Services Office at 1314 B Royal Parkway, Monday-Friday, 8 a.m. - 5 p.m., for more information, please visit [www.eulesstx.gov/pacs/rental/AquaticFacilities.htm](http://www.eulesstx.gov/pacs/rental/AquaticFacilities.htm) or call 817-685-1649.



## 2-hour private party

Resident \$70      Non-resident \$150  
 Additional Lifeguard      \$20 per rental



### SOUTH EULESS PARK SPLASH PAD 600 S. Main Street

The Splash Pad offers multiple spray features that provide a safe, no cost play environment for children to cool off during the hot weather. Simply

press the top of the yellow bollard to start the water features.  
 Open May 1 - September 30; Monday - Saturday 9 a.m. - 8 p.m. and Sunday, 2 - 6 p.m. For more information, please call 817-685-1666.



### NATATORIUM 300 W. Midway Drive

The Natatorium is open year-round and is adjacent to the Eules Family Life Center. Please see membership rates and daily fees on page 9. This facility consists of a resistance river, 3 lap lanes, a slide (48: height requirement) and a splash play area.

#### HOURS:

Monday-Thursday	8 a.m. - 8:30 p.m. Open Swim - 11:40 a.m. - 5 p.m.
Friday	8 a.m. - 7:30 p.m. Open Swim - 11:40 a.m. - 5 p.m.
Saturday	9 a.m. - 3:30 p.m. Open Swim - 10:30 a.m. - 3 p.m.
Sunday	Noon - 3:30 p.m. Open Swim - 12 - 3 p.m.

\*The Natatorium will be closed on Monday, May 25 and Saturday, July 4.

#### PARTIES

The Natatorium is also available for rentals for parties. The rental includes use of the party room and the pool.

#### Open Swim Party Rental (up to 12 swimmers)

Resident: \$100 Non-resident: \$250

Includes admission for up to 12 swimmers and 2-hour rental of party room. This rental can be done during any open swim time from Monday - Sunday.

#### Private Party Rental (up to 40 swimmers)

Resident: \$175 Non-resident: \$425

Includes admission for up to 40 swimmers and 2-hour rental of party room. Times available: Saturday or Sunday, 3:30 - 5:30 p.m.

A \$250 deposit is required for rental. Party room capacity is 40 and seats 20 comfortably. Renter may bring in cake and drinks. All rental fees are due at time of reservation. The rental may be made a maximum of 60 days in advance and a minimum of 2-weeks' notice. Due to lifeguard staffing requirements no additional guests may be added to the party.

Reservations are on a first come first served basis and date is not confirmed until full payment is made. All reservations can be made at the Parks and Community Services Office at 1314 B Royal Parkway, Monday-Friday, 8 a.m. - 5 p.m., for more information, please visit <http://www.eulesstx.gov/pacs/rental/AquaticFacilities.htm> or call 817-685-1649.

## WATER AEROBICS



### WATER AEROBICS PAYMENT OPTIONS

We have four incredible payment options for you to choose from. Choose to participate in a variety of classes or stick with just one.

<b>DROP IN, TRY A CLASS , ONLY \$10</b> Non-refundable; not available to use as credit toward punch/membership	<b>SENIORS - \$30 per month, unlimited classes (aquatic membership required) Best option for members</b>	5 class package, \$40 (\$8 per class) 10 classes, \$70 (\$7 per class) 20 classes, \$120 (\$6 per class)
	Non-senior - \$45 per month, unlimited classes (aquatic membership required)	(Membership NOT required) NON-refundable, NON-replaceable

**NOTE:** You can be a non-aquatic member and still sign up for the individual class for \$5 per class, but you must pay for the remainder of the month/class session for that pricing.

### ARTHRITIC AEROBICS

Start your day with the therapeutic benefits of water. This class is a slower paced class designed to assist in improving and maintaining range of motion to ultimately improve the quality of life. This class will get you warmed up and stretched out for whatever your day has in store for you.

CLASS#	BEG	LOC	DAY	TIME
320700-01	6/1	NAT	M/W/F	8-8:45am
320700-02	7/1	NAT	M/W/F	8-8:45am
320700-03	8/3	NAT	M/W/F	8-8:45am
320700-04	9/2	NAT	M/W/F	8-8:45am

### WATER TONING

Did you know that water is 800 times denser than air? This means you will get a better work out with smaller risk of injury than if you were exercising on land! Water Toning embraces water density and uses it to get the most out of exercising and doing it in a soothing environment! Strengthening your core will help you feel stronger and get health. Water Toning embraces the healing benefits of the water; this class is a work out for the body and mind.

CLASS#	BEG	LOC	DAY	TIME
320702-01	6/2	NAT	T/TH	8:00-8:45am
320702-02	7/2	NAT	T/TH	8:00-8:45am
320702-03	8/4	NAT	T/TH	8:00-8:45am
320702-04	9/1	NAT	T/TH	8:00-8:45am



## AQUA AGILITY

Stamina, strength, and endurance; this is a fast moving, high energy, and upbeat class that will give you a great workout and is designed to increase your overall flexibility.

CLASS#	BEG	LOC	DAY	TIME
320712-01	6/1	NAT	M/W/F	9:40-10:35am
320712-02	7/1	NAT	M/W/F	9:40-10:35am
320712-03	8/3	NAT	M/W/F	9:40-10:35am
320712-04	9/2	NAT	M/W/F	9:40-10:35am

## HYDRO-RESISTANCE

Resistance training has been around for decades, but Hydro-Resistance is the new fun way to work out. Come use the resistance of the water for a fun and exciting exercise. Designed to increase overall strength and endurance, our resistance class teaches you how to use your own body weight to get excellent results all while having a splashing good time.

CLASS#	BEG	LOC	DAY	TIME
320701-01	6/1	NAT	M/W/F	8:50-9:35am
320701-02	7/1	NAT	M/W/F	8:50-9:35am
320701-03	8/3	NAT	M/W/F	8:50-9:35am
320701-04	9/2	NAT	M/W/F	8:50-9:35am

## CARDIO BY AQUA

A strong cardiovascular system is vital for a happy healthy life and is a key ingredient to any fitness routine. This upbeat class will give you a great workout and help to improve your cardiovascular system. This course has a little of everything in it, be prepared for cross training with a focus on endurance and interval training.

CLASS#	BEG	LOC	DAY	TIME
320714-01	6/2	NAT	T/Th	9:40-10:35am
320714-02	7/2	NAT	T/Th	9:40-10:35am
320714-03	8/4	NAT	T/Th	9:40-10:35am
320714-04	9/1	NAT	T/Th	9:40-10:35am

## AQUA FITNESS

This prime time energized class is excellent for those who want a high intensity, full body work out; this class does it all-toning arms, waist trimming, thigh burning, and even whole body stretching. Get your body moving and use the natural resistance in the water to give you a head to toe work out.

CLASS#	BEG	LOC	DAY	TIME
320706-01	6/2	NAT	T/TH	5:00-5:45pm
320706-02	7/2	NAT	T/TH	5:00-5:45pm
320706-03	8/4	NAT	T/TH	5:00-5:45pm
320706-04	9/1	NAT	T/TH	5:00-5:45pm

## SPLASH ZUMBA

Dance your way into shape and have a splashing good time while doing it! This unique and fun class is sure to get you moving and grooving into shape with its easy to learn dance moves. You will leave feeling energized and before you know it you'll have danced yourself into shape.

CLASS#	BEG	LOC	DAY	TIME
320703-01	6/3	NAT	T	6:00-7:00pm
320703-02	7/1	NAT	T	6:00-7:00pm
320703-03	8/5	NAT	T	6:00-7:00pm
320703-04	9/1	NAT	T	6:00-7:00pm

## WILSHIRE ZUMBA

Come and join the Zumba pool party experience! Want to join but have deep water hesitations? Wilshire pool has a depth of 3 feet to 12 feet. Talk to the instructor about your comfort levels and they will modify the program to accommodate you. Classes are at Wilshire pool.

CLASS#	BEG	LOC	DAY	TIME
320715-01	6/3	WIL	W	6:00-7:00pm
320715-02	7/1	WIL	W	6:00-7:00pm
320715-03	8/5	WIL	W	6:00-7:00pm

## AQUA CROSS TRAINING

This isn't your Grandmothers water aerobics class! This class is geared towards your 9 to 5 workers looking to have some fun and burn real calories after that long hard day at work. To get the most out of your training, our Aqua Cross Training class combines multiple workouts to stimulate all muscle groups and not just one.

CLASS#	BEG	LOC	DAY	TIME
320707-01	6/3	NAT	Th	6:00-7:00pm
320707-02	7/1	NAT	Th	6:00-7:00pm
320707-03	8/5	NAT	Th	6:00-7:00pm
320707-04	8/5	NAT	Th	6:00-7:00pm

## DEEP WATER AEROBICS

Deep water aerobics is a great class to improve overall fitness, in deep water your body becomes weightless, this provides a new type of workout challenge. Although Deep Water Aerobics has low impact on your joints, it has a high impact on your cardiovascular system. You may bring your own flotation belt or lifejacket for support in the deep water, or rely on your own ability to float as you perform deep water aerobic routines. You will be using noodles, weights, and other water aerobics equipment. Want to join but has deep water hesitations? Wilshire pool is 3 feet to 12 feet, talk to the instructor about your comfort levels and they will modify the program to accommodate you. Classes are at Wilshire pool in Wilshire Park.

CLASS#	BEG	LOC	DAY	TIME
320704-01	6/1	WIL	M/W	5:00-6:00pm
320704-02	7/1	WIL	M/W	5:00-6:00pm
320704-03	8/5	WIL	M/W	5:00-6:00pm
320704-04	8/5	WIL	M/W	5:00-6:00pm

## HYDRO-DYNAMIC DEEP AEROBICS

Focusing on aerobics and strength training Hydro-Dynamics is a great calorie burner. This high intensity class is designed for people looking for an excellent workout after a hard day at work. This class has a little bit of everything, non-swimmers welcome. This class is held at the Wilshire pool. You may bring your own flotation belt or lifejacket for support in the deep water or rely on your ability to float as you perform deep water aerobic routines. Want to join but have deep water hesitations? Wilshire pool has a depth of 3 feet to 12 feet. Talk to an instructor about your comfort levels and they will modify the program to accommodate you.

CLASS#	BEG	LOC	DAY	TIME
320716-01	6/1	WIL	M	6:00-7:00pm
320716-02	7/6	WIL	M	6:00-7:00pm
320716-03	8/5	WIL	M	6:00-7:00pm

## TABATA 101

Want to add Tabata into your work out but need to build your strength first? Or maybe you're a little intimidated by the "cross fit" style workouts. Tabata 101 is excellent for learning the official Tabata moves and still providing the amazing workout that you can only get from high interval training. Tabata is designed for people looking to improve flexibility, increase stamina, build muscle and lose weight.

CLASS#	BEG	LOC	DAY	TIME
320110-01	6/6	NAT	Sat	9-9:45am
320110-02	7/4	NAT	Sat	9-9:45am
320110-03	8/1	NAT	Sat	9-9:45am
320110-04	9/5	NAT	Sat	9-9:45am

## POWER TABATA

This intense workout uses interval training to bring you to a full body intense workout. All skills can be modified by the instructor but this class is designed for those looking to improve flexibility, increase stamina, build muscle and lose weight. Make sure you bring your water bottle as you will be working up a serious sweat in this class!

CLASS#	BEG	LOC	DAY	TIME
320711-01	6/6	NAT	Sat	9:50-10:20am
320711-02	7/4	NAT	Sat	9:50-10:20am
320711-03	8/1	NAT	Sat	9:50-10:20am
320711-04	9/5	NAT	Sat	9:50-10:20am



## SWIM LESSONS

**Euless Aquatics offers American Red Cross classes taught by certified Water Safety instructors. Our main focus is safety; we want you and your family to have the necessary tools to stay safe in and around the water.**

**\* If you are unsure of what level to choose, speak with an Aquatic team member to assist in choosing the best level for a greater success rate.**

**\* ALL Learn To Swim classes are \$55, Drill team is \$65.**

### Swim Lesson Hints:

\* A session consists of eight 30 minute classes. Classes at the natatorium are Monday & Wednesday nights. Classes at the Aquatic Park are Monday-Thursday.

\* Swim class spots fill quickly. Please remember to register early so you will not be disappointed. If your class is full, please allow us to put you on the wait list. We will contact you as soon as possible if a spot becomes available.

\* In the event that a class is canceled, every effort will be made to notify you by telephone. At the time of registration be sure to update all your information and make sure it is accurate.

\* Children not potty trained must wear a water diaper.

\* In case of inclement weather, we will hold a Safety Class under the pavilion or in the Rec center.

\* If you sign up for the wrong level, every effort will be made to try to make the correction, however; if the correct level is full and there is no available space, a full refund will be given. To ensure this does not happen, speak with an aquatic team member prior to registering for a class.

### Registration:

Register online at [www.PlayEuless.com](http://www.PlayEuless.com) and click on "online registration", register by phone at 817-685-1666 or register in person at the Euless Family Life Center. First time users will need to register in person.



### PARENT & TOT

Water Introduction is the very first step in swim lessons; this class focuses on getting comfortable in the water through fun and games. A parent or guardian over age of 18 must be in the water at all times.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
320007-01	6/1	NAT	6mo-2	MW	6:10-6:40pm	4	\$55
320007-02	7/6	NAT	6mo-2	MW	6:10-6:40pm	4	\$55

### WATER TOTS (Age 1-3 years)

For swimmers aged 1-3. This course is an Introduction to water in a fun and safe environment. Swimmers will learn basic water safety rules, submerging mouth-nose and eyes, opening eyes underwater and picking up submerged object, floating, moving comfortably through the water, and entering/ exiting the water independently. Great for beginners between the ages of 1-3.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
320000-01	6/2	EFLAP	1-3	M-TH	8:55-9:25am	2	\$55
320000-02	6/2	EFLAP	1-3	M-TH	9:35-10:05am	2	\$55
320000-03	6/2	EFLAP	1-3	M-TH	10:15-10:45am	2	\$55
320000-04	6/2	NAT	1-3	M-TH	5:30pm-6:00pm	4	\$55
320000-05	6/15	EFLAP	1-3	M-TH	8:55-9:25am	2	\$55
320000-06	6/15	EFLAP	1-3	M-TH	9:35-10:05am	2	\$55
320000-07	6/15	EFLAP	1-3	M-TH	10:15-10:45am	2	\$55
320000-08	7/6	NAT	1-3	M-TH	5:30pm-6:00pm	4	\$55
320000-09	7/20	EFLAP	1-3	M-TH	8:55-9:25am	2	\$55
320000-10	7/20	EFLAP	1-3	M-TH	9:35-10:05am	2	\$55
320000-11	7/20	EFLAP	1-3	M-TH	10:15-10:45am	2	\$55
320000-12	8/3	NAT	1-3	MW	5:30pm-6:00pm	4	\$55
320000-13	8/3	NAT	1-3	MW	6:10-6:40pm	4	\$55
320000-14	7/20	EFLAP	1-3	M-TH	10:15-10:45am	2	\$55
320000-15	8/3	EFLAP	1-3	M-TH	8:55-9:25am	2	\$55
320000-16	8/3	EFLAP	1-3	M-TH	9:35-10:05am	2	\$55
320000-17	8/3	EFLAP	1-3	M-TH	10:15-10:45am	2	\$55
320000-18	8/3	NAT	1-3	MW	5:30pm-6:00pm	4	\$55
320000-19	8/3	NAT	1-3	MW	6:10-6:40pm	4	\$55
320000-20	9/2	NAT	1-3	MW	5:30pm-6:00pm	4	\$55

### LEVEL 1: INTRODUCTION TO WATER SKILLS

Great for beginners over the age of 4! Basic water safety rules, submerging mouth, nose and eyes, opening eyes underwater and picking up submerged object, swimming on front and back using arm and leg actions with instructor's support, exhaling underwater, floating on front and back, moving comfortably through the water, and entering and exiting the water independently.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
320001-01	6/1	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320001-02	6/1	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320001-03	6/1	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320001-04	6/3	NAT	4+	MW	5:30-6:00pm	4	\$55
320001-05	6/3	NAT	4+	MW	6:10-6:40pm	4	\$55
320001-06	6/15	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320001-07	6/15	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320001-08	6/15	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320001-09	7/6	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320001-10	7/6	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320001-11	7/6	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320001-12	7/6	NAT	4+	MW	5:30-6:00pm	4	\$55
320001-13	7/6	NAT	4+	MW	6:10-6:40pm	4	\$55
320001-14	7/20	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320001-15	7/20	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320001-16	7/20	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320001-17	8/3	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320001-18	8/3	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320001-19	8/3	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320001-20	8/3	NAT	4+	MW	5:30-6:00pm	4	\$55
320001-21	8/3	NAT	4+	MW	6:10-6:40pm	4	\$55
320001-22	9/2	NAT	4+	MW	5:30-6:00pm	4	\$55
320001-23	9/2	NAT	4+	MW	6:10-6:40pm	4	\$55



### LEVEL 2: FUNDAMENTAL AQUATIC SKILLS

Give students success with fundamental skills, submerging entire head, front and back glide without support, and recover from a vertical position. Bobbing in water, jellyfish float, swimming using combined stroke on front and back unsupported. Prerequisite: Participants entering this course must have a Level 1 certificate or must be able to demonstrate all the completion requirements in Level 1.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
320002-01	6/1	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320002-02	6/1	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320002-03	6/1	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320002-04	6/3	NAT	4+	MW	5:30-6:00pm	4	\$55
320002-05	6/3	NAT	4+	MW	6:10-6:40pm	4	\$55
320002-06	6/15	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320002-07	6/15	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320002-08	6/15	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320002-09	7/6	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320002-10	7/6	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320002-11	7/6	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320002-12	7/6	NAT	4+	MW	5:30-6:00pm	4	\$55
320002-13	7/6	NAT	4+	MW	6:10-6:40pm	4	\$55
320002-14	7/20	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320002-15	7/20	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320002-16	7/20	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320002-17	8/3	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320002-18	8/3	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320002-19	8/3	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320002-20	8/3	NAT	4+	MW	5:30-6:00pm	4	\$55
320002-21	8/3	NAT	4+	MW	6:10-6:40pm	4	\$55
320002-22	9/2	NAT	4+	MW	5:30-6:00pm	4	\$55
320002-23	9/2	NAT	4+	MW	6:10-6:40pm	4	\$55

### LEVEL 3: STROKE DEVELOPMENT

The objective of Level 3 is to build on skills they already know such as freestyle and back crawl but focus on swimming technique such as rhythmic breathing, propelling kick, and proper pull. In level 3 you will learn elementary backstroke, scissors kick, dolphin kick and build on the fundamentals of treading water. Prerequisite: Participants entering this course must have a Level 2 certificate or must be able to demonstrate all the completion requirements in Level 2.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
320003-01	6/1	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320003-02	6/1	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320003-03	6/1	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320003-04	6/3	NAT	4+	MW	5:30-6:00pm	4	\$55
320003-05	6/15	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320003-06	6/15	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320003-07	6/15	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320003-08	7/6	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320003-09	7/6	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320003-10	7/6	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320003-11	7/6	NAT	4+	MW	5:30-6:00pm	4	\$55
320003-12	7/20	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320003-13	7/20	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320003-14	7/20	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320003-15	8/3	EFLAP	4+	M-TH	8:55-9:25am	2	\$55
320003-16	8/3	EFLAP	4+	M-TH	9:35-10:05am	2	\$55
320003-17	8/3	EFLAP	4+	M-TH	10:15-10:45am	2	\$55
320003-18	8/3	NAT	4+	MW	5:30-6:00pm	4	\$55
320003-19	9/2	NAT	4+	MW	5:30-6:00pm	4	\$55

### LEVEL 4: STROKES AND TURNS

Level 4 focuses on stroke refinement and proficiency. Swimmers will build on strokes they already know such as freestyle, backstroke, breaststroke, scissor kick, and dolphin kick. In level 4 you will learn the arms for sidestroke and butterfly, starts and turns, and how to maintain streamline at faster speeds. This course will build endurance that is necessary to be able to swim efficiently while maintaining a streamline position. Prerequisite: Participants entering this course must have a Level 3 certificate or must be able to demonstrate all the completion requirements in Level 3.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
320004-01	6/1	EFLAP	5+	M-TH	10:15-10:45am	2	\$55
320004-02	6/3	NAT	5+	MW	6:10-6:40pm	4	\$55
320004-03	6/15	EFLAP	5+	M-TH	10:15-10:45am	2	\$55
320004-04	7/6	EFLAP	5+	M-TH	10:15-10:45am	2	\$55
320004-05	7/6	NAT	5+	MW	6:10-6:40pm	4	\$55
320004-06	7/20	EFLAP	5+	M-TH	10:15-10:45am	2	\$55
320004-07	8/3	EFLAP	5+	M-TH	10:15-10:45am	2	\$55
320004-08	8/3	NAT	5+	MW	6:10-6:40pm	4	\$55
320004-09	9/2	NAT	5+	MW	6:10-6:40pm	4	\$55

### SWIM TEAM PREP

This class helps to bridge the gap between the swimming lesson environment and swim team world. This class will focus on the four competitive strokes, starts, turns and finishes all while providing a coach in the water to ensure proper technique is being learned. Swim Team Prep will correct swimmers form and work to increase endurance while teaching common swim team drills to make the transition to swim team as seamless as possible. Prerequisite: Participants entering this course must have a Level 4 certificate or must be able to demonstrate all the completion requirements in Level 4.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
320500-01	6/2	NAT	5+	MW	6:50-7:20pm	4	\$65
320500-02	7/6	NAT	5+	MW	6:50-7:20pm	4	\$65
320500-01	8/3	NAT	5+	MW	6:50-7:20pm	4	\$65
320500-02	9/2	NAT	5+	MW	6:50-7:20pm	4	\$65

### GUARD START

Guard start is a course that focuses on the lifeguarding course pretest only. This is not a lifeguard Certification course. This course will work on the 300yd swim, the 2 min. treading, and the Brick test. The instructors for this class will fully explain the pretest and give important hints on techniques to pass the pretest. This class will fix your swimming, treading, and get you training with the brick in a safe and controlled environment.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
320020-01	6/1	NAT	14	MW	6:50-7:20pm	4	\$55
320020-02	7/6	NAT	14	MW	6:50-7:20pm	4	\$55
320020-03	8/3	NAT	14	MW	6:50-7:20pm	4	\$55
320020-04	9/2	NAT	14	MW	6:50-7:20pm	4	\$55

### ADULT

Whether you're a first-time swimmer or are looking to improve your existing skill set, we offer Adult lessons for all stages of swimming ability. We teach beginners who won't get their face wet all the way up to triathlete looking to cut time and increase their stroke efficiency. Our trained instructors will guide you through a personalized program and help you to achieve your swimming goals!

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
320008-01	6/1	NAT	15+	MW	6:50-7:20pm	4	\$55
320008-02	7/6	NAT	15+	MW	6:50-7:20pm	4	\$55
320008-03	8/3	NAT	15+	MW	6:50-7:20pm	4	\$55
320008-04	9/2	NAT	15+	MW	6:50-7:20pm	4	\$55



### PRIVATE LESSONS

Whether you or your children simply want to refine your swimming skills or have experienced a fear of the water, this class is the one for you! You will receive concentrated instruction that will be tailored to your specific goals. \*One week class M-Th (4) classes, each class is 30 minutes

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
320006-01	6/1	EFLAP	4+	M-TH	8:55-9:25am	1	\$120
320006-02	6/1	EFLAP	4+	M-TH	9:35-10:05am	1	\$120
320006-03	6/8	EFLAP	4+	M-TH	8:55-9:25am	1	\$120
320006-04	6/8	EFLAP	4+	M-TH	9:35-10:05am	1	\$120
320006-05	6/15	EFLAP	4+	M-TH	8:55-9:25am	1	\$120
320006-06	6/15	EFLAP	4+	M-TH	9:35-10:05am	1	\$120
320006-07	6/22	EFLAP	4+	M-TH	8:55-9:25am	1	\$120
320006-08	6/22	EFLAP	4+	M-TH	9:35-10:05am	1	\$120
320006-09	7/6	EFLAP	4+	M-TH	8:55-9:25am	1	\$120
320006-10	7/6	EFLAP	4+	M-TH	9:35-10:05am	1	\$120
320006-11	7/13	EFLAP	4+	M-TH	8:55-9:25am	1	\$120
320006-12	7/13	EFLAP	4+	M-TH	9:35-10:05am	1	\$120
320006-13	7/20	EFLAP	4+	M-TH	8:55-9:25am	1	\$120
320006-14	7/20	EFLAP	4+	M-TH	9:35-10:05am	1	\$120
320006-15	7/27	EFLAP	4+	M-TH	8:55-9:25am	1	\$120
320006-16	7/27	EFLAP	4+	M-TH	9:35-10:05am	1	\$120
320006-17	8/3	EFLAP	4+	M-TH	8:55-9:25am	1	\$120
320006-18	8/3	EFLAP	4+	M-TH	9:35-10:05am	1	\$120
320006-19	8/10	EFLAP	4+	M-TH	8:55-9:25am	1	\$120
320006-20	8/10	EFLAP	4+	M-TH	9:35-10:05am	1	\$120

### JUNIOR GUARD CAMP

This training program teaches aspiring lifeguards the fundamentals of the job to give them an up-close look at the life of a guard. Participants will receive training on water safety, rescue techniques, injury prevention, and will become CPR certified. On the last day of camp, campers will attend a weekly lifeguard in-service training where lunch will be provided. Participants must bring a snack/drink, and towel every day. Participants will not be able to leave during class to get food. Females must wear a one piece bathing suit. Campers will also receive free pool admission for the entire week. This is not a lifeguard Certification course.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
320007-01	6/15	WIL	12+	M-TH	9am-1pm	1	\$60

### AMERICAN RED CROSS LIFEGUARD

The purpose of this course is to provide entry level lifeguard participants with the knowledge and training needed to prevent, recognize and respond to emergencies. Candidates that successfully complete all portions of this course will receive the following American Red Cross Certifications: Lifeguarding, CPR/AED for the professional rescuer, and First Aid. This is a National level course and is recommended for all people looking to lifeguard for cities or school districts.

Course Location: Wilshire Pool. 315 Sierra Dr., Euless TX 76040.

#### Course #1 320731-01

Friday	May 1	5:30pm-9pm (Pretest)
Saturday	May 2	8:30am-6:30pm
Sunday	May 3	8:30am-6:30pm
Saturday	May 9	8:30am-6:30pm
Sunday	May 10	8:30am-6:30pm

#### Course #2 320731-02

Friday	June 26	6-9pm (Pretest)
Monday	June 29	9am-6:30pm
Tuesday	June 30	9am-6:30pm
Wednesday	July 1	9am-6:30pm
Thursday	July 2	9am-6:30pm

ALL DATES & TIMES ARE MANDATORY.  
ABSOLUTELY NO SWITCHING DATES/TIMES

\*Refunds requested due to failure of the pretest or cancellation within 24 hours of the course will be subject to a \$100 withholding fee.

\*Participants who are unsuccessful on the pretest are subject to a \$75.00 fee that will not be refunded.

#### TO ENROLL IN THIS COURSE:

- Sign up at the Euless Family Life Center.
- Show proof of age (must be at least 15 yrs.) Please bring proof of age to the pretest (driver's license/ birth certificate/ military ID). Must be 15 years old on or before the last day of the class.
- Payment must be received when registering along with completed registration form.
- Successfully complete the precourse water test. \*The pretest is given immediately on the first day of class.

#### PRECOURSE WATER TEST:

- 300 yard continuous swim, 100 yard freestyle using rhythmic breathing and a stabilizing, propellant kick. 100 yard breaststroke using a pull, breathe, kick & glide sequence, 100 yard free and breaststroke (swimmers must complete 25 yard before switching strokes).
- Tread water for 2 min. with hands crossed & tucked under armpits.
- Starting in the shallow end, swim 20 yards using Freestyle or Breaststroke, surface dive, retrieve a 10 lb. object using two hands, return to the surface, swim 20 yd back to starting point with the object. Hands may not be removed from the object while transporting back. Place object on the deck and exit the water without using a ladder or steps. Stand fully upright. This task is to be completed within 1 minute 40 seconds.

For questions regarding the Lifeguarding course call 817-685-1681.



Dr Pepper StarCenter
1400 S. Pipeline Road
Euless, TX 76040 / 817-267-4233
www.stars.nhl.com

Dr Pepper StarCenter Euless Skating & Hockey Academy
2015 Summer Regular Semester Dates

Table with 4 columns: SEMESTER, START DATE, END DATE, # OF WEEKS. Rows include Spring 3, Summer 1, Summer 2, Summer 3.

Skating Academy Levels & Class Times (classes are 45 minutes in length)

Table listing skating academy levels (Ice Tots 1 & 2, Advanced Tots, Pre-Alpha 1, Alpha, Beta, Gamma, Delta, Low Freestyle, Rising Stars, Pre Hockey, Adult) and their respective class times on Monday and Saturday.

Hockey Academy Levels & Class Times (classes are 45 minutes in length)

Table listing hockey academy levels (Hockey 1, Hockey 2, Hockey 3) and their respective class times on Monday and Saturday.

- Skating Academy Weekly Single Class Option - (1 class per week) = \$60 per month
Skating Academy Weekly Unlimited Class Option - Monday through Saturday = \$25 per week
Skating Academy Monthly Unlimited Class Option - All classes: 4 week semester = \$80 per month
Hockey Academy Monthly Unlimited Class Option - come any day and time that your class is offered at your home rink for entire 4 week semester = \$65



## Dr Pepper StarCenter Birthday Party Packages Available

### Birthday Party Packages - \$125

- Birthday child is free
- Admission and skate rental for 10 skaters
- The choice of table skirting (from variety of colors)
- 2 liters / pitchers of Dr Pepper Product
- Downloadable Invites

### Upgrades

- Paper Products - \$15.00 (for 10 people)
- Party Hostess - \$25.00
- Private Skating Instructor - \$50.00
- Broomball Referee - \$35.00
- Additional Party Guest - \$5 per Guest
- Party Room Rental only - \$50.00 per hour
- Includes tables & chairs
- Pizza - \$10.00 each
- Additional Liter or Pitcher of Beverage - \$3.00

### Broomball Events

- \$425.00/hour for private ice rental
- Allowed to customize party from above list of upgrades

\*For more information, visit

[stars.nhl.com/club/page.hrm?id=99691](http://stars.nhl.com/club/page.hrm?id=99691)



## Dallas Stars Skating Academy Summer Skate Camp Monday, Wednesday, Thursday

### Daily Schedule:

- |                  |   |
|------------------|---|
| 9:30-9:45 a.m.   | Drop Off  |
| 9:45-10:45 a.m.  | Office activity<br>**Will vary each day<br>(games, crafts, sports)                          |
| 10:45-11:15 a.m. | Lunch   |
| 11:15-11:30 a.m. | Skates On   |
| 11:30-noon       | On-ice class w/staff coach  |
| Noon-1:15 p.m.   | Supervised on-ice practice<br>*Skate with camp friends                                      |
| 1:15-1:30 p.m.   | Skates off and pick up<br>*Each child should bring a<br>non-perishable snack and<br>a drink |

June 8, 10, 11

June 15, 17, 18

July 13, 15, 16

July 20, 22, 23

August 3, 5, 6

August 10, 12, 13

Ages: 5-14 years

Open to All Levels: Beginner-Freestyle

Price: \$40/day or \$100 for all 3 days

Free Public Skating for Entire Week

Questions? Contact Darlene Cain,  
Skating Programs Manager, (817) 267-4233  
ext 229 or [dcain@dallasstars.com](mailto:dcain@dallasstars.com)



**ZUMBA & ZUMBA TONING**

Zumba is Latin cardio in a party setting. The Latin and international rhythms create a huge fusion that makes you move and you don't realize it's a workout. Come and join the PARTY! No rhythm or not a dancer, NO WORRIES!! This is not a dance class; it's a fitness class. Please bring hand weights, no more than 3 lbs each. Instructors: Letty Mota and Gracie Torres

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310300-01	6/1	EFLC	13+	M/W	7-8pm	4	\$42
310300-02	7/6	EFLC	13+	M/W	7-8pm	4	\$42
310300-03	8/3	EFLC	13+	M/W	7-8pm	4	\$42

**TAEKWON-DO ADULT  
(White Belt through Black Belt)**

This program is an adult-based comprehensive training system that is designed to prepare all levels of adult students to achieve their fullest potential, from the white belt to the first degree black belt (and beyond). Along with the numerous physical benefits shall be the development of the student's confidence, character, and integrity.

Instructor: Camille Dockter

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310134-01	5/26	EFLC	13+	T	7:30-9pm	6	\$70
		SIM		TH	7:30-9pm		
310134-02	7/21	EFLC	13+	T	7:30-9pm	6	\$70
		SIM		TH	7:30-9pm		

**HAPKIDO**

Hapkido, the art of coordinated power, is a comprehensive Korean self-defense system involving joint locks, pressure points, throws, kicks, and strikes. Hapkido, a "soft" martial art, seeks to gain advantage over an opponent through techniques, avoiding the use of strength against strength. This class is designed for beginner through black belt and beyond. Instructors: Chad Ellerd

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310133-01	6/1	EFLC	13+	M	7:30-9pm	4	\$25
310133-02	7/6	EFLC	13+	M	7:30-9pm	4	\$25
310133-03	8/3	EFLC	13+	M	7:30-9pm	4	\$25



**GET FIT BOOT CAMP PM**

Get Fit Boot is designed to get you in shape fast and motivate you to lose weight. This class will build stamina, muscle strength and overall fitness. No class 7/4. Instructor: Jeremy Wickwire

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310610-01	6/3	EFLC	13+	F/S	5:15-6pm	4	\$70
310610-02	7/8	EFLC	13+	F/S	5:15-6pm	4	\$70
310610-03	8/5	EFLC	13+	F/S	5:15-6pm	4	\$70

**MIXED MARTIAL ARTS**

Jiu-Jitsu concentrates on dominating your opponent on the ground by using angles, leverage and superior body positioning to control an opponent's body movement. This style allows for a smaller person to defeat a much larger attacker. We recommend this style for men and women looking for a great workout and realistic self-defense.

Instructor: Jeremy Wickwire

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310140-01	6/9	EFLC	14+	M-TH	7-8pm	4	\$80
310140-02	7/14	EFLC	14+	M-TH	7-8pm	4	\$80
310140-03	8/11	EFLC	14+	M-TH	7-8pm	4	\$80

**YOU CAN OIL PAINT FOR ADULT AND TEEN**

Impress yourself, family and friends with the beautiful landscapes, still life or seascape you can paint with oils in one inspiring, fun-filled class. Yes, even beginners will start and finish a masterpiece you'll want to frame and display. Color theory, time saving brush strokes and color mixing will be explained and demonstrated step-by-step by a professional artist and award winning "Teacher of the Year". All your art supplies are provided. Wear an old T-shirt and bring paper towels to class. Themes include: "Georgia O'Keefe's Poppy", "Alaskan Waterfall" and "Northern Lights of Alaska on Black Canvas."

Instructor: Susan Rogers

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310810-01	6/11	EFLC	14+	TH	6-9pm	1	\$37
310810-02	7/9	EFLC	14+	TH	6-9pm	1	\$37
310810-03	8/6	EFLC	14+	TH	6-9pm	1	\$37





**ADULT ICE SKATING**

For adult skaters with little or no experience. Skaters will learn basic forward and backward skating, snowplow stops, swizzles, backward wiggles and one-foot glides. Forward crossovers will be introduced. Skate rental included in the class, plus four free public skate sessions. Instructors: Qualified Dr Pepper StarCenter Professionals

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311165-01	6/9	DPSC	14+	T	6:15-6:45pm	2	\$30
311165-02	6/13	DPSC	14+	S	10:15-10:45am	2	\$30
311165-03	7/7	DPSC	14+	T	6:15-6:45pm	2	\$30
311165-04	7/11	DPSC	14+	S	10:15-10:45am	2	\$30
311165-05	8/4	DPSC	14+	T	6:15-6:45pm	2	\$30
311165-06	8/8	DPSC	14+	S	10:15-10:45am	2	\$30

**HOT HULA FITNESS**

HOT HULA fitness® is a fun, new and exciting dance workout. It provides a "total body workout" in 60 minutes broken down into segments including warm-up and cool-down so you can do a shorter workout depending on your time and fitness level. HOT HULA fitness® isolates your larger muscle groups, increasing strength and definition to your core with specific emphasis on the abs, glutes, quads and arms. Inspired by the dances of the Pacific Islands. HOT HULA fitness® incorporates easy to perform dance movements set to the sounds of traditional Polynesian drum beats fused with funky reggae music, resulting in a modern, hip fitness workout. All ages and fitness levels will enjoy HOT HULA fitness®. No equipment required, barefoot works best. Bring water and a towel. Instructor: Ema Colon

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310330-01	6/15	EFLC	15+	M/W	8-9pm	6	\$62
310330-02	7/27	EFLC	15+	M/W	8-9pm	6	\$62



**KICKBOXING BOOT CAMP**

Kickboxing Boot Camp will use bags, gloves, jump ropes and much more to increase your cardio and strength. This program can help you get in shape for summer time. Bring gloves, towel and water. Instructor: Beverly Hill

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310316-01	6/1	EFLC	16+	M/W	7-8pm	3	\$32
310316-02	7/6	EFLC	16+	M/W	7-8pm	3	\$32
310316-03	8/3	EFLC	16+	M/W	7-5pm	3	\$32

**PILATES FITNESS**

Pilates conditions the whole body. You will gain flexibility, strength, and body toning using all kinds of different exercises. This will help you enjoy daily activities and sports. Please bring a mat and towel. Instructor: Beverly Hill

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310320-01	6/1	EFLC	16+	M/W	6-7pm	3	\$32
310320-02	7/6	EFLC	16+	M/W	6-7pm	3	\$32
310320-03	8/3	EFLC	16+	M/W	6-7pm	3	\$32

**YOGA**

Yoga is an ancient discipline that uses breath, physical postures, mental focus, and relaxation to firm the body, calm the breath, soothe the mind, and refresh the outlook. Make a change in your life with yoga. Experience new increased strength, flexibility, balance, and weight loss. Yoga changes lives! Please bring your own sticky mat and beach towel. Instructor: Beverly Hill

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310325-01	6/1	EFLC	16+	M/W	5-6pm	3	\$32
310325-02	7/6	EFLC	16+	M/W	5-6pm	3	\$32
310325-03	8/3	EFLC	16+	M/W	5-6pm	3	\$32

**SPIN AND SWEAT**

Want to crank up your workout, burn more calories, and fat? Come join us for a great workout and a great time. Get ready to work hard and sweat like crazy! Instructor: Christian Smalls

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310343-01	6/3	EFLC	16+	W	6-6:45pm	4	\$26
310343-02	7/8	EFLC	16+	W	6-6:45pm	4	\$26
310343-03	8/5	EFLC	16+	W	6-6:45pm	4	\$26

**TAI CHI BEGINNERS**

Tai Chi Chuan combines aerobic activity, circulation, breathing, and stretching techniques to help all fitness levels find internal balance while doing a weight bearing, low-impact workout. Wear loose clothing and flat shoes. This class repeats monthly. Instructor: Wendy Love

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310305-01	6/2	EFLC	16+	T	6-7pm	4	\$40
310305-02	7/7	EFLC	16+	T	6-7pm	4	\$40
310305-03	8/4	EFLC	16+	T	6-7pm	4	\$40



**TAI CHI ADVANCED**

Tai Chi is proven to restore energy, strength and endurance, develop grace and balance, resulting in relaxation and suppleness. Returning students learn additional moves and continue the study of Yang form introduced in the beginner course. Chi-Kung exercises and two-person drills will be introduced. Instructor: Wendy Love

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310306-01	6/2	EFLC	16+	T	7-8pm	4	\$40
310306-02	7/7	EFLC	16+	T	7-8pm	4	\$40
310306-03	8/4	EFLC	16+	T	7-8pm	4	\$40

**DIGITAL PHOTOGRAPHY**

This class is for a person that wants to know how to use a camera. Not everything on the camera will be taught, but what will be taught will be most useful in everyday pictures. This class is set to secondary to give you the basic techniques that are used by the pro's to shoot good pictures. The class will be taught in a simple way so everyone will understand the camera and the technique in shooting good pictures. Please bring your camera to class and get ready to learn how to be the photographer you have always wanted to be. Instructor: Tim Lane

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310830-01	6/1	EFLC	16+	M	6:30-8:30pm	2	\$50
310830-02	6/6	EFLC	16+	S	9am-12pm	1	\$50
310830-03	7/6	EFLC	16+	M	6:30-8pm	2	\$50
310830-04	7/25	EFLC	16+	S	9am-12pm	1	\$50
310830-05	8/3	EFLC	16+	M	6:30-8pm	2	\$50
310830-06	8/22	EFLC	16+	S	9am-12pm	1	\$50

**LATIN DANCE PARTY (ADULT)**

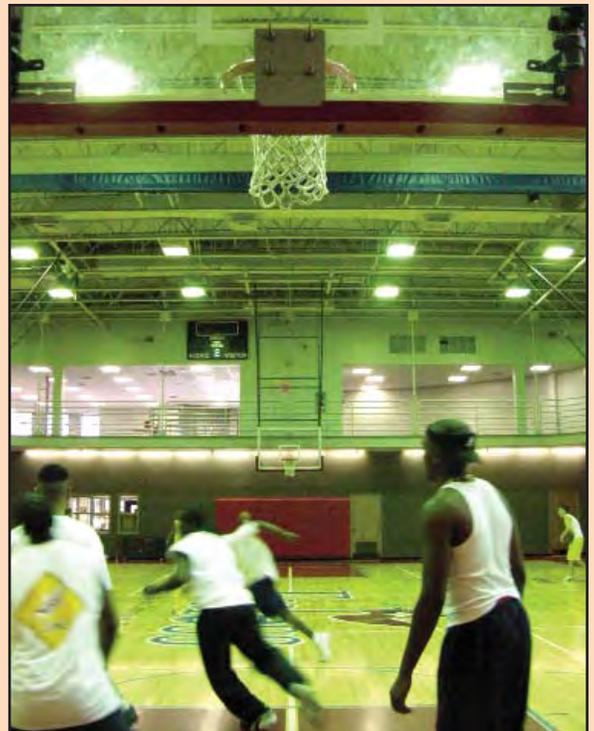
Put some excitement into your life and come join the party! Be an active part of the sizzling Salsa dance craze, instead of just watching everyone else have all the fun! Its soaring popularity means you will have ample opportunity to dance at many venues to keep the party going and to maximize your fun and learning! In this beginner-level course, you will learn basic steps and patterns to the following 4 high-energy Latin party dances: Merengue, Salsa, Cha Cha and Samba. On the final day of class, we will have an actual dance party to practice everything learned in a real-world safe environment! No partner necessary, as we will pair up and rotate to allow everyone equal participation. Please wear lightweight shoes that glide easily. No rubber soles or heels 1.5". A free one-hour private lesson (\$55 value) will be given away during each session (with class size 6 minimum). Instructor: Lisa Smith.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310235-01	6/9	EFLC	17+	T	7:50-9pm	4	\$38
310235-02	7/7	EFLC	17+	T	7:50-9pm	4	\$38
310235-03	8/4	EFLC	17+	T	7:50-9pm	4	\$38

**SUMMER SWING SERIES (ADULT)**

Swing into summer shape with these fun, high energy dances! The versatility of swing allows for dancing just about anywhere, including parties, weddings, country dances, ballroom dances and proms! The genres of music include rock, pop, country, hip hop, blues, jazz, R&B and old school. The benefits of dancing to the mind, body and soul are priceless, and you won't find a more fun way to burn calories! In this beginner-level course, you will learn fundamentals of partner dancing along with basic steps and patterns to the Jitterbug, Hustle (Disco), East Coast Swing and West Coast Swing. No partner necessary, as we will rotate partners to allow everyone equal participation. Please wear lightweight shoes that glide easily. No rubber soles or heels higher than 1.5". A free, one-hour private lesson (\$55 value) will be given away during each session! (with class size 6 minimum). Instructor: Lisa Smith.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310240-01	6/8	EFLC	17+	M/W	6:30-7:30pm	3	\$48
310240-02	7/6	EFLC	17+	M/W	6:30-7:30pm	3	\$48
310240-03	8/3	EFLC	17+	M/W	6:30-7:30pm	3	\$48





**BALLROOM BASICS (ADULT)**

The thrill of partner dancing has become the "new normal" of social dancing for all ages! Ballroom dancing is not just for elegant parties anymore, as most styles transfer quite nicely to the music of country, blues, pop, and Latin. The benefits of the mind, body, and soul are priceless, and you won't find a more fun way to burn calories! In this beginner-level crash course, you will learn fundamentals of ballroom dancing along with basic steps and patterns to a new dance each class. Dances covered are: swing, foxtrot, rumba, cha cha, waltz and tango. No partner necessary as we will pair up and rotate to allow everyone equal participation. Please wear lightweight shoes that glide easily. No rubber soles or high heels. A free one-hour private lesson (\$55 value) will be given away during each session. Instructor: Lisa Smith

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310231-01	6/8	EFLC	17+	M/W	7:45-8:45pm	3	\$48
310231-02	7/6	EFLC	17+	M/W	7:45-8:45pm	3	\$48
310231-03	8/3	EFLC	17+	M/W	7:45-8:45pm	3	\$48

**ADULT TAP**

This class is all about tap dancing, learning tap technique and dancing to the music, learning new rhythms and just having fun. It's great exercise too! Instructor: Leah Siek

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310245-01	6/9	EFLC	18+	T	7-8pm	4	\$62
310245-02	8/4	EFLC	18+	T	7-8pm	4	\$62

**WEDDING DANCE WORKSHOP FOR COUPLES**

This is a "Couples Only" class for those engaged to be married within one month to a year from now. Begin your wedding dance early to ease the stress of last-minute learning, to refine technique and styling and to gain confidence. Only 6 couples maximum per month allowed so that more individualized attention may be received. Claim your spot early! Your fee reflects a price for two, so you need to register only once (as a couple). No singles allowed. We will learn specifics about "your song" including, but not limited to, which dance best suits it and ideal tempo. Although you will focus more on your own specific style, you will also learn the other two dances (which you may be able to use at your reception and definitely at future dances)! This will be flexible based on mutual agreement, whether or not the couples' dance styles vary or if some do not have a song picked out. In the latter instance, all three dances will be included. To maximize learning for your own special day, both parties should participate together in all classes. We will NOT be rotating partners. You will learn everything as a personal couple while making new friends! Please wear lightweight shoes that glide easily. No rubber soles or heels higher than 1.5". A free one-hour private lesson (\$55 value) will be given away during each session (3 couple minimum class size). Instructor: Lisa Smith.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
310301-01	6/9	EFLC	18+	T	6:15-7:45pm	4	\$120
310301-02	7/7	EFLC	18+	T	6:15-7:45pm	4	\$120
310301-03	8/4	EFLC	18+	T	6:15-7:45pm	4	\$120

**ROLL IT, TAKE IT, LEAVE IT, MOVE IT: KNOW YOUR EMPLOYER'S RETIREMENT PLAN OPTIONS**

Suitable for: working investors, job changers, workers facing layoffs and recent retirees. If you recently switched jobs, retired, or are facing unemployment due to a layoff or downsizing, this seminar can help you determine what to do with the assets in your company-sponsored retirement savings plan. We'll help you evaluate your retirement goals and potential investment strategies, and then we'll discuss the pros and cons of your options. This seminar is presented by Michael Scoma with Edward Jones.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311002-01	6/4	EFLC	18+	TH	10-11am	1	FREE
311002-02	8/20	EFLC	18+	TH	10-11am	1	FREE

**FOUNDATIONS OF INVESTING SEMINAR**

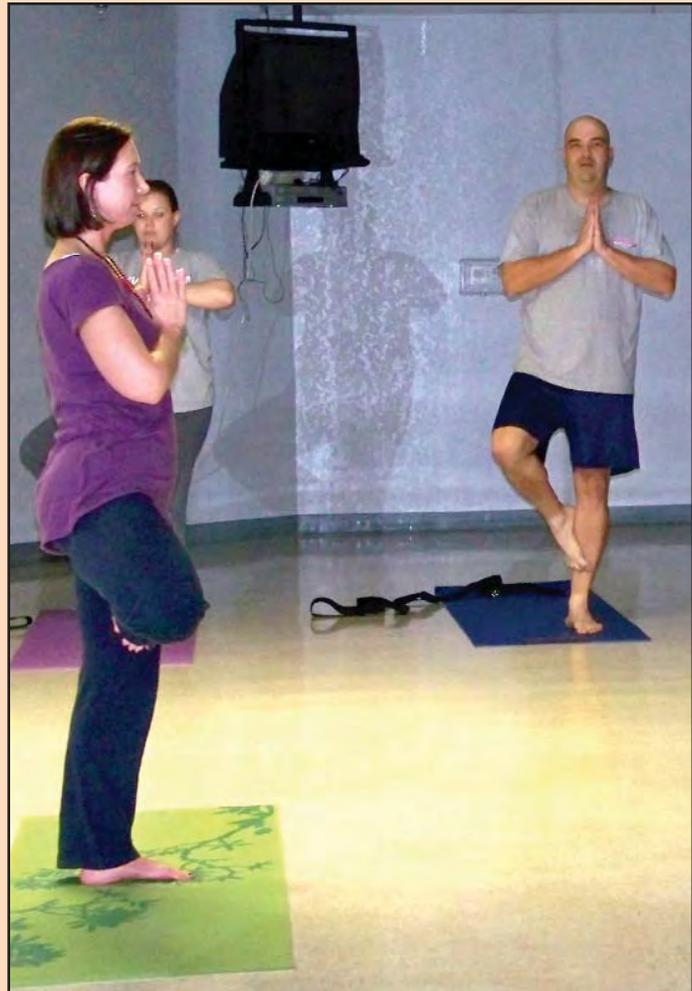
This seminar covers the key features of bonds, stocks and mutual funds as well as the importance of proper asset allocation. This seminar is presented by Michael Scoma of Edward Jones.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311003-01	6/18	EFLC	18+	TH	10-11am	1	FREE

**RULES OF THE ROAD SEMINAR**

This seminar explores how you can move toward your financial goals with Edward Jones' 10 Rules of the Road Investing. These rules will help you learn the fundamental concepts of investing and potential strategies to help build your wealth. This seminar is presented by Michael Scoma, Financial Advisor with Edward Jones.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
311004-01	8/6	EFLC	18+	TH	10-11am	1	FREE





## Eules Family Life Senior Center

300 West Midway Drive, Eules, Texas 76039

817-685-1671

Diane Eggers, Senior Center Supervisor, 817-685-1670

Renee Garrett, Senior Center Activity Programmer, 817-685-1871

Monday, Tuesday, Wednesday, Friday (6:30 a.m. - 4 p.m.)

Thursday (6:30 a.m. - 9 p.m.)

### SENIOR CENTER CLOSED

May 25 and July 3

\*All activities offered through the Eules Family Life Senior Center require a membership to participate. Hesitation on enrolling for programs and activities could result in missing out on some FabEules opportunities. Help us prevent program and activity cancellation by registering early.

ANNUAL MEMBERSHIP	Eules Residents		Non-Residents		
	Senior Center, Rec Center, Fitness Center	Add Natatorium (Total Cost)	Senior Center Only	Add Fitness Center (Total Cost)	Add Natatorium (Total Cost)
Senior (age 60+)	\$5	\$25	\$25	\$75	\$120

### HEALTH AND WELLNESS

#### Chair Training

Don't feel like standing.... Come sit with us! This class will help to gain strength, increase your endurance and yes you can sit!

Monday, 9:15 a.m., Tuesday, 2:15 p.m., FREE

#### Core & Stretch

Want to increase your flexibility and range of motion and have fun? Then this class is for you.

Monday and Wednesday, 10:30 a.m., FREE

#### Simple Somatics

Taking the movement patterns learned from the Beginning Somatics series we will practice and relieve muscular tensions together! **You MUST have taken the Beginning Somatics Series to participate in this class.** Beginning Somatics will be returning in the Fall. Please watch for dates and times in the Fall Playbook.

Mondays, 11:30 a.m., FREE

#### Afternoon Yoga

Better than an afternoon nap! Basic and gentle yoga postures on the mat, followed by a time of deep relaxation and renewal.

Monday, 1 p.m., FREE

#### Hot Hula

Inspired by the dances of the Pacific Islands - Hot Hula fitness® incorporates easy to perform dance movements set to the sounds of traditional Polynesian drum beats fused with funky reggae

music. Hot Hula fitness® is a fun, new and exciting dance workout. It provides a "total body workout". Hot Hula fitness® isolates your larger muscle groups, increasing strength and definition to your core with specific emphasis on the abs, gluts, quads and arms.

**NO CLASS IN JUNE.**

Monday, 2:15 p.m., FREE

#### Aerobic Strength

This class will help you increase your overall strength and increase your cardiovascular endurance with fun aerobic dance followed up by light weight training. Come see what everyone has been talking about!

Tuesday and Friday, 9:15 a.m.

#### Tai Chi - Yang Style Tai Chi 49 Form

If you are looking for a way to exercise both the mind and the body this class is for you!! This Tai Chi form is very gentle and slow moving, yet it helps to improve your balance, increase your flexibility, strengthen your muscles, reduces stress and helps a variety of other health conditions. And we have FUN!!! Come join us!!

Tuesday, 10:30 a.m., FREE

#### Zumba

Want to Party while exercising? This Latin inspired fitness dance class incorporates Latin and international music. The cardio-based dance movements are easy to follow steps that include body sculpting, which targets areas such as legs, arms, core and abdominals and improves cardio function. **Tuesday and Thursday, 10:30 a.m., Thursday, 6 p.m., FREE**



### Gentle Yoga

Gentle Yoga presents an introduction to basic yoga poses. The class emphasizes stretching, coordination of breath with movement and attention to alignment. The class is designed to create breath awareness, enhance balance and increase flexibility. Gentle Yoga is for people new to yoga or those who are experiencing joint sensitivity, overall stiffness due to lack of activity, or other physical limitations.

**Tuesday and Thursday, 11:30 a.m., FREE**

### T.L.C. (Therapeutic. Lively. Chair.) YOGA

With the use and support of chairs, this Yoga Class is designed to help build strength, improve flexibility and balance in a very gentle way. If you prefer to do some of your practice on the mat that is always an option.

**Wednesday, 9 a.m., FREE**

### Yang Style Tai Chi 16 Form

This Tai Chi 16 form is easy to learn and understand because it is short with only 16 moves to perform. Yang Style is even, gentle and slow moving to provide increased balance, improved flexibility with stress reduction. If you are looking for a Tai Chi form that is easy to learn, this is it.

**Wednesday, 11:30 a.m., Thursday, 5 p.m., FREE**

### Zumba Toning

This class blends body-sculpting techniques and specific Zumba moves to build, strengthen and tone.

**Wednesday, 1 p.m., FREE**

### Senior Abs

Get your abs back in shape. This class will help build your abs to be strong and help you look better than ever.

**Thursday, 9:15 a.m., FREE**

### Quiet Yoga

This class will focus on the joints and spine helping to improve flexibility and range of motion. Quiet Yoga is based on the principles of Yin Yoga and is designed to balance out the more muscular types of exercise. This practice is done on the mat mostly in seated or reclined poses.

**Friday, 10:15 a.m., FREE**

### Pickleball

Pickle ball is a modified tennis game that is fun, great exercise and addictive. Play with an oversized table tennis paddle while hitting a hard plastic tennis-sized ball with tennis-like strokes on a badminton-sized court. If you like to play tennis, paddle ball or badminton, you will love to play this game. Equipment is provided. **Meets Tuesday, Thursday and Friday from 10 am-noon, Euless Family Life Center Gym. January through May.**



### TRIPS

#### Downtown Decatur Tour

Join us as we travel to Decatur, Texas, home to the Wise County Courthouse, Sweetie Pie's Ribeyes and shopping on the square. We will tour the courthouse, have lunch at Sweet Pie's Ribeyes and shop til we drop before heading home.

**Monday, June, 22, 9 a.m. - 3 p.m., Fee: \$5 plus lunch money**

#### JFK Trolley Tour

Go back to November 22, 1963 as if you were there. As the day unfolded, was it as simple as a lone gunman or was it something more? We will travel the Presidential Motorcade route and the time-line of Lee Harvey Oswald, and you might discover facts that you NEVER knew before!

**Friday, July 24, 9:30 a.m. - 3 p.m., Fee: \$21**

#### Southfork Ranch

Who shot JR Ewing? Join us as we tour the famous Southfork Ranch where the hit series Dallas was filmed. Because of the ranch's high profile on television, the beautiful white mansion, the pool, the barns and surroundings quickly became a tourist mecca.

**Monday, August 24, 10 a.m. - 1 p.m., Fee: \$15**

#### Dining Out Club

Do you have a restaurant you love to dine out at but don't like dining out by yourself? Join us on the 3rd Monday of each month. This is a friendly, casual, nominal cost evening where you can dine and enjoy old and new friends. Things tend to get going around 5 p.m. at a local restaurant. Everyone provides their own transportation. Please call 817-685-1671 to make your reservation and find out where we are going each month.

**3rd Monday, 5 p.m., Fee: Dinner cost varies**

#### Mystery Lunch

Join us on this fun day out, which includes a sumptuous lunch and plenty of head scratching. Come solve the mystery as we travel to different restaurants in the DFW area. Registration is required.

**3rd Wednesday, 12:30 p.m., Fee: Lunch cost varies**

**SPECIAL INTERESTS**

**Monday**

**Introduction to Tap Dancing**

Want to dance like Fred Astaire? This introductory class will focus on the fundamental foot work and techniques of tap dancing and rhythm. Join Michelle Burger for some tapping good time. Check with instructor when purchasing tap shoes.

**Monday and Wednesday, 8 a.m., Fee: FREE**

**Line Dancing**

Boot Scootin Boogie, this class is for everyone who loves to line dance. You will learn the basics, pattern combinations and much more. This is great way to meet new friends. See you soon.

**Mondays and Wednesdays, 12:15 p.m., Fee: FREE**

**Genealogy**

Are you stuck up your family tree? This group is for those just beginning or wanting more for their genealogy quest. If you are stuck on the ground under your tree, or are stuck somewhere in your family tree, this group will help get you up the tree or unstuck! We're here to help each other swing from branch to branch. Come join us and get busy discovering your rich family history and heritage!

**Mondays, 12:30 - 2:30 p.m., Fee: FREE**

**Tuesday**

**"Hey, Whatcha Reading?" Book Club**

Love to read? Have a favorite author? Remember that special book you read and still treasure? Join the "Hey, whatcha reading?" book club and tell us all about it. Bring a pen and start a new TBR list (To Be Read) as we share what's new, what's good and what's not worth the time! Whether it's hardback, paperback or E-book, we want to know about it.

**2nd Tuesday, 10 - 11 a.m., Fee: FREE**



**iPad, Kindle and Tablet - Books, Books and more Books**

Did you know you can get books, books and more books on your iPad, Kindle or Tablet? The Euless Public Library will be at the center to talk about how you can enjoy books on your electronic device. Join the library staff as they talk about electronic resources. Please bring your electronic device to get started!

**Tuesday, June 9, 11 a.m., Fee: FREE**

**Vacation Photography**

Most of us wouldn't dream of traveling or even taking a day trip, without bringing a camera along. Yet all too often, we find that our photos fall short of our expectations. By understanding some basic photographic principles and best practices, you can develop and refine your photographer's eye so that you break free from the traps most travelers fall prey to and produce pictures that reach their full potential. Become a travel photographer; learn to take the best travel photos. Learn proper exposure on your camera. Please bring your camera the first day of class.

**Tuesdays, May 5 to June 2, 1 - 2:30 p.m., Fee: \$10**

**"Twist on a Classic"**

This class will allow your taste buds to taste things you may have never thought went together. Menu: Brie and Chicken Nachos with warm melted brie cheese, sweet and spicy cranberries, topped with diced bell peppers, tomatoes and cilantro, Chipotle Chicken tacos with Creamy Avocado Slaw, Vanilla Panna Cotta and homemade cinnamon crisps. Come let your taste buds take a journey to a whole new culinary world. You be able to taste and enjoy everything we make and also receive a recipe card.

**Tuesday, May 26, 10:15-11:30 a.m., Fee: \$3**



### Medicare Q & A

Do you have questions about your Dental, Vision, Memorial Funds, Cancer Plans and Critical Illness plans? **Please stop by on Tuesday, April 21, May 19, June 23, July 21 or August 25 from 9 - 11 a.m.** Just show up and ask your question.

### "One Main Ingredient- Many Different Meals"

This class will show you how to take something as simple as chicken and turning it into several different delicious meals. We will be taking roasted chicken and adding a simple sauce to transform bland poultry into a magnificent main ingredient. Menu: Stuffed buffalo chicken potatoes and a cheesy buffalo chicken Panini. You be able to taste and enjoy everything we make and also receive a recipe card.

**Tuesday, June 23, 10:15-11:30 a.m., Fee: \$3.**

### "Cooking for One or Two"

Sometimes it can be hard to cook for one or two people. Don't let that scare you out of the kitchen. This class will show you how simple it is to cook a delicious meal for yourself. Menu: Pan Seared Salmon with a sauté Vegetable Melody, Turkey Burger and Dark Chocolate Cake with Chocolate Ganache and fresh berries. You be able to taste and enjoy everything we make and also receive a recipe card.

**Tuesday, July 9, 10:15-11:30 a.m., Fee: \$3**

### Wednesday

#### Learn the Basics of What Essential Oils are All About

In this class we will discuss what exactly essential oils are, where they come from, the different schools of thought, and how to use them.

**Wednesday, May 13, 10 - 11:30 a.m., Fee: FREE**

#### Basic Spanish for Travelers - Part II

Continue learning and conversing in Basic Spanish for Travelers Part II. If you took the first class or if you have some knowledge of the Spanish language, come join us! **Wednesdays, June 3-24, 10:30 a.m. - 12:30 p.m., Fee: \$10**

#### AARP Driver Safety

This course cannot be used to dismiss a ticket. Payment is made at time of class and checks are payable to AARP. Please call 817-685-1671 to register.

**Wednesday, June 10, 9 a.m. - 1 p.m., Fee: \$15**  
AARP member, \$20 AARP non member



### Every Day Oils

An introduction to the oils presented in the Young Living premium kit which are the most versatile oils, some of their common uses, and multiple benefits we get from them. This is seen by many as the continuation of the Basic class as we touch of some specific oils. **Wednesday, June 10, 10 - 11:30 a.m., Fee: FREE**

### The Toxic-Free Home - Part I

Having an annual cleaning event is great way to introduce a new approach to keeping your home not only clean, but also free of hazardous material and products that in the long-run can hurt our family. We will be discussing natural ways to keep your home clean and safe, including providing you with easy recipes to take home to try.

**Wednesday, July 8, 10 - 11:30 a.m., Fee: FREE**

### The Toxic-Free Home - Part II

This is the continuation of The Toxic-Free Home training with additional ways to keeping your home clean and free of hazardous material and products. We will also be discussing natural ways to keep your home clean and safe when pets are in the home.

**Wednesday, August 12, 10 - 11:30 a.m., Fee: FREE**

**Thursday**

**Protect Your Back**

Attendees to this presentation will learn how aspects of sitting and standing postures, spine anatomy, and the arrangement of one's desk and work station all affect your back. In addition, learn some simple stretches and exercises to improve the health of your neck and low back. Kammi Barnard, a physical therapist with Baylor Institute for rehabilitation, will provide this presentation.

**Thursday, June 11, 11:30 a.m. - 12:30 p.m., Fee: FREE**

**Computer and Internet Basics**

This class is an introductory course covering computer and basic internet skills. Basic laptop computer components will be covered as well as exploration of the internet. BYOL - Please, "Bring your own laptop!"

**Thursdays, July 9-30, 4 - 5 p.m., Fee: \$3**

**Thursday Night Games**

Do you have a domino, card or board game you love but can't get enough players together? Want to try new games you might not have played before? You've come to the right place. Every Thursday night we are open for game night. This is a friendly, casual, no-cost event where you can try out new games or enjoy old favorites. Things tend to get going around 5 p.m. but feel free to drop in anytime throughout the evening.

**Thursday Evening, 5 - 9 p.m., Fee: FREE**



**LUNCH AND LEARN**

The Lunch and Learn workshops are designed to be useful and informative. It is the individual's responsibility to make informed decisions regarding these workshops. Please call or stop by to make a reservation. Reservations are limited.

**2nd Monday, 11:30 a.m. - 1 p.m., Fee: FREE**

**Parkwood - May 11**

Consider downsizing? This lunch and learn is for you. Carol Anne Crossan, Senior Move Manager and Kim King, Parkwood Community Relation Manager will help you better understand downsizing, "right-sizing" and space planning for those that want to possibly downsize.

**Texas Service Life - June 8**

Texas Service Life Insurance Company is family owned and based out of Austin, Texas. We partner with independently owned funeral homes to assist them in offering preneed funeral insurance policies to families they serve. Join Gene Waldrum as he will educate us on how to make these difficult decisions and be able to freeze the cost.

**Social Security - Presented by Carl Steelman, United Financial - July 13**

You will learn when to apply, how to receive maximum benefits and how to pay fewer taxes on social security. Learn how to have a lifetime pension for you and your spouse. Wills, Trusts, and Probate: What you need to know. Investments: How much of your retirement should be in the market and are there other safe investments.

**Spine Team Texas - August 10**

Back to life! Spine Team Texas will provide a complimentary educational seminar on "Pain Generators Associated with Neck and Back Pain." Eric J. Coliado, MD, a physical medicine and rehabilitation physician, will discuss various spine conditions and conservative options available to treat them.



## **ARTS AND CRAFTS**

### **Scrapbook Page - Mother's Day**

Together we will create a set of two scrapbook pages with the theme of "Mothers' Day". Space is limited to 7 students. Supply fee is paid at time of class.

**Friday, April 24, 1:30 - 3:30 p.m., Fee: \$5 plus \$10 supply fee**

### **Uniquely You - Photo Album**

Learn to make an album from scratch, then decorate it as you choose, then just add your photos and give as a beautiful gift or keep it for yourself. Space is limited to 7 students. Supply fee is paid at time of class.

**Friday, May 22, 1:30 - 3:30 p.m., Fee: \$5 plus \$15 supply fee**

### **Weave me Alone Basket Class - Flower Basket**

We're absolutely delighted to have Brenda McKinnon from Bedford, Texas. She will be offering The Flower Basket - pick Blue for your Texas Bluebonnets basket or Yellow for your Arkansas Jonquils and if you decide to be different and pick another color you name the flower. Finished size is 6.5" x 6" Height 10".

**Thursday, June 25, 1 - 5 p.m., Fee: \$10 plus \$20 supplies**

### **Scrapbook Page - Independence Day**

Together we will create a set of two scrapbook pages with the theme of "Independence Day". Space is limited to 4 students. Supply fee is paid at time of class. **Friday June 26, 1:30 - 3:30 p.m., Fee: \$5 plus \$10 supply fee**

### **Easel Picture Frame with 3-D Roses**

Together we will create a sweet Easel Picture Frame. You will learn to make 3-D roses that you can use to decorate. If time permits we will make a Greeting Card using the Book Card style. Space is limited to 5 students. Supply fee is paid at time of class.

**Friday, July 24, 1:30 - 3:30 p.m., Fee: \$5 plus \$10 supply fee**

### **Scrapbook Page - Friends**

Together we will create a set of two scrapbook pages with the theme of Friends. Space is limited to 4 students. Supply fee is paid at time of class.

**Friday, August 28, 1:30 - 3:30 p.m., Fee: \$5 plus \$10 supply fee**

### **Scrapbook Layouts - Faster, Simple, Easier**

Class attendees will make at least a two-page layout each month, incorporating various Close To My Heart products, while learning different techniques. Various themes will be incorporated each month to include: Birthday/Celebration, Father's Day, 4th of July/Summer, and Back to School. (Photos can be added to the layouts later although samples of upcoming layouts will be showcased each month if attendees would like to bring photos to the next class.). Attendees are to provide their own adhesive (acid-free and appropriate for photos) and scissors. Class fee is per month.

**Thursday, May 21, June 18, July 23, August 20, 6:00 - 8:30 p.m., Fee: \$5 per month, plus \$10 kit fee will include all scrapbook products necessary to complete the project per month**

### **Seniors Can Paint with Oils - Robert Garden School of Art**

Even if you've never held a paint brush or can't draw a straight line you will be amazed at the beautiful oil painting you can create in one fun and inspiring lesson. Beginners learn basics of color mixing, brushstrokes and perspective while completing a detailed landscape or seascape. All art supplies, canvas, paints brushes easel and detailed lesson plan are provided. Please bring paper towels and wear old clothes.

**Select Fridays, 1:30 - 4 p.m., Fee: \$35/class**

**April 17, Sun Touching Water with Palm Trees,**

**May 15, North Light of Alaska on Black Canvas**

**June 19, "Spring Trees on a Country Rd."**

**July 17, "Georgia O'Keefe's Poppy"**

**Aug. 14, "Yellowstone River"**

### **SENIOR CENTER REFUND POLICY**

Refunds are not given for programs, special events and trips. A refund will be given if the spot can be filled. If a program, special event or trip etc. is cancelled by the senior center staff, a full refund will be issued to the participant.

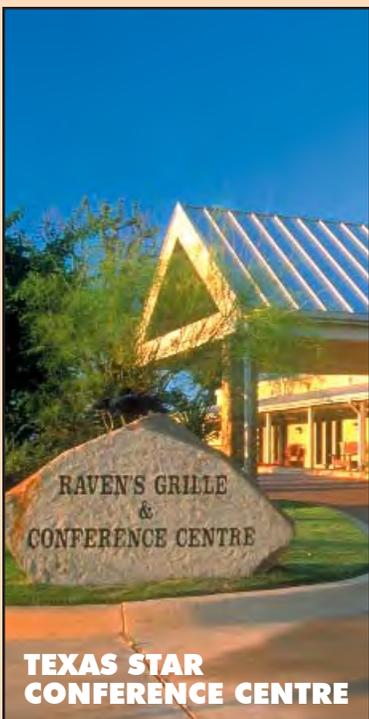
**INDOOR FACILITY RENTAL INFORMATION**



**ACTIVITY ROOM #5**



**ACTIVITY ROOM #2**



**TEXAS STAR CONFERENCE CENTRE**

**Euless Family Life Center, 300 W. Midway Dr. 817-685-1649**

Note: Reservations required, a minimum of 7 days in advance, a maximum 60 days in advance.

Amenities: Tables and chairs are included in the rental fee.

**MEETING ROOMS**

Resident:	\$30/hr	
Non-resident:	\$60/hr	
Deposit:	Without food or drink	\$50
	With food or drink	\$250
	<b>Occupancy Load</b>	<b>Seated Occupancy</b>
Activity Room #1	40	24
Activity Room #2	10	10
Activity Room #5	90	50

**GYMNASIUM\*** (capacity = 250)

After hours rental only - Friday, 8 - 11 p.m.; Saturday, 6 - 11 p.m.; Sunday, 6 - 9 p.m.

Resident:	\$45/hr (minimum 2-hour rental) + \$20 per hour building attendant fee
Non-resident:	\$90/hr (minimum 2-hour rental) + \$20 per hour building attendant fee
Deposit:	\$50

Note: Sport Court activities are the only activities allowed in the gym. There is no food or drink allowed in the gym.

**Simmons Center, 508 Simmons Dr. 817-685-1649**

Note: Reservations required a minimum of 2 weeks in advance. Maximum 60 days in advance.

Occupancy Load: 60

Amenities: Full kitchen with refrigerator/freezer, oven, stove, microwave, ice machine, J.A. Carr Park and gazebo.

Tables & Chairs available: 60 chairs, 15 - 6 ft. tables, 10 - 3 ft. card tables

Resident:	3-hour minimum	\$100	Each additional hour	\$35 per hour
Nonresident:	3-hour minimum	\$200	Each additional hour	\$70 per hour
Deposit:		\$50 (without food or drink)		\$250 (with food or drink)

**TEXAS STAR CONFERENCE CENTRE 817-685-1845**

A 7,000 square foot conference centre and 4,000 square foot pavilion with full services, amenities and on-site catering. [www.TexasStarGolf.com](http://www.TexasStarGolf.com)



**PARKS AT TEXAS STAR PAVILION**

## OUTDOOR FACILITY RENTAL INFORMATION

817-685-1649 / ofaiva-siale@eulesstx.gov

NOTE: Reservations required, a minimum 7 days in advance and a maximum of 60 days in advance.

Area	Resident	Non-Resident	Deposit
Pavilion	\$50	\$100	\$250
Amphitheater	\$150	\$300	\$250
Gazebo	\$25	\$50	\$250

Available time blocks for pavilions, amphitheater and gazebo:

5 a.m. – 9 a.m. / 9:30 a.m. – 1:30 p.m. / 2 p.m. – 6 p.m. / 6:30 p.m. – 10:30 p.m.

### PAVILIONS

**Aquatic Park Pavilion** 300 W. Midway Dr. (available October – April) Capacity = 50  
**Amenities:** Picnic tables, large serving counter, minimum electricity, permanent restrooms.

**Bear’s Den Pavilion** 1951 Bear Creek Pkwy. (east side of Parkway) Capacity = 200  
**Amenities:** Playground, picnic tables, grilling areas, walking / jogging trail, minimum electricity, restrooms.

**Bob Eden Park Pavilion** 901 W. Mid-Cities Blvd. Capacity = 250  
**Amenities:** Playground, picnic tables, grilling areas, 3 regulation-size sand volleyball courts, softball practice field (for rental), tennis courts, walking / jogging trail, permanent restroom, minimum electricity.

**Parks at Texas Star Pavilion** 1501 South Pipeline Rd. Capacity = 100  
**Amenities:** Playground, picnic tables, grilling area, batting cages, walking / jogging area, minimum electricity, permanent restrooms.

**Leon Hogg Pavilion** 1951 Bear Creek Pkwy. (west side of Parkway) Capacity = 250  
**Amenities:** Picnic tables, benches, grilling areas, walking / jogging trail, serving stand, minimum electricity, restrooms.

### LEON HOGG AMPHITHEATER

**Amphitheater Stage, & Pavilion / 1951 Bear Creek Pkwy. (west side of Bear Creek Pkwy.)**  
 Capacity = 1,500

**Amenities:** Picnic tables, benches, serving stand, grilling area, two additional smaller pavilions, walking / jogging trail, minimum electricity, restrooms.

### GAZEBOS

**J.A. Carr Park Gazebo** 508 Simmons Dr. Capacity = 50

**McCormick Park Gazebo** 2190 Joyce Court Capacity = 50

**The Preserve at McCormick Park Gazebo** 2005 Fuller-Wiser Rd. Capacity = 50

### PRACTICE FIELD

NOTE: Reservations require a minimum 2-day (48-hour) notice and cannot be made more than 2-weeks prior to the rental. To see full field rental policies, please visit [www.eulesstx.gov/pacs](http://www.eulesstx.gov/pacs). Field preparation is not included. Fields may be closed at times for scheduled maintenance or special events.

Fees per hour	Resident No Lights	Resident With Lights	Non-Resident No Lights	Non-Resident With Lights
Field	\$10	\$18	\$20	\$28

**Bob Eden Park Field** 901 W. Mid-Cities Blvd.  
**Available:** 8 a.m. - 10 p.m.



TEXAS TRAIL PAVILION



J.A. CARR PARK GAZEBO



BOB EDEN FIELD

# Parks

## Blessing Branch Park

408 E. Denton Dr. **Size:** 3 acres  
**Facilities:** Picnic and playground area.

## Bob Eden Park

901 W. Mid-Cities Blvd. **Size:** 47 acres  
**Facilities:** One flag football/soccer field, one lighted baseball/ softball field, playground, picnic areas, 1.9 mile walking and jogging track with warm up stations, pavilion, two lighted tennis courts, three lighted regulation-size sand volleyball courts and restrooms. (Trail connects to McCormick Park & Trailwood Park.)

## Heritage Park

201 Cullum Dr. **Size:** 4 acres  
**Facilities:** Eulesse Museum, Historic Fuller House, Himes Log House, McCormick Barn, playground, picnic areas, 1/4 mile walking trail.

## J. A. Carr Park

508 Simmons Dr. **Size:** 5 acres  
**Facilities:** Half-mile walking and jogging trail, picnic areas, sand volleyball court, playground, gazebo and garden, shaded areas, restrooms, Simmons Center.

## Kiddie Carr Park

800 Pauline St. **Size:** 4 acres  
**Facilities:** Picnic areas, shade trees, and outdoor basketball courts.

## Lakewood Tennis Courts

1600 Donley Dr.  
**Facilities:** Two lighted tennis courts.

## McCormick Park

2190 Joyce Court **Size:** 12 acres  
**Facilities:** 1/3 mile bike and hiking trail, picnic areas, restrooms, gazebo and playground. (Trail connects to Bob Eden Park and the Preserve at McCormick Park.)

## Midway Park

615 N. Main St. **Size:** 22 acres  
**Facilities:** Two lighted youth baseball/softball fields, playgrounds, picnic areas, Natatorium, Eulesse Family Life Aquatic Park, shaded area, Eulesse Family Life Center, Eulesse Family Life Senior Center.

## The Parks at Texas Star

([www.ParksAtTexasStar.com](http://www.ParksAtTexasStar.com))  
 1501 S. Pipeline Rd. **Size:** 120 acres  
**Facilities:** Picnic areas, five baseball/softball fields, one championship-size soccer field, six youth soccer fields, three T-ball fields, Dr Pepper Star Center, batting cages, two concession stands, pavilion, concrete walking trail, playground, exercise area, restrooms.

## The Preserve at McCormick Park

2005 Fuller-Wiser Road **Size:** 27 acres  
**Facilities:** Concrete walking trails, playground, gazebo, picnic areas, Historic Tree Grove, outdoor classroom, bird watching area, species trail, 2 ponds, fishing pier, restrooms, boardwalk. (Trail connects to McCormick Park and Villages of Bear Creek Park.)

## Reflection Park

1251 Fuller-Wiser Rd. **Size:** one-half acre  
**Facilities:** Bench seating.

## Softball World at Texas Star

([www.SoftballWorld.us](http://www.SoftballWorld.us))  
 1375 W. Eulesse Blvd. **Size:** 16 acres  
**Facilities:** Four lighted softball fields, concession stand, pro shop, playground.

## South Eulesse Park

600 S. Main St. **Size:** 5 acres  
**Facilities:** Picnic areas, playground, South Eulesse Park Splash Pad, Old North Main Iron Bridge, outdoor basketball court.

## Trailwood Park

500 Trailwood Drive **Size:** 11 acres  
**Facilities:** Playground, picnic stations and trails. (Connects to Bob Eden Park.)

## Villages of Bear Creek Park

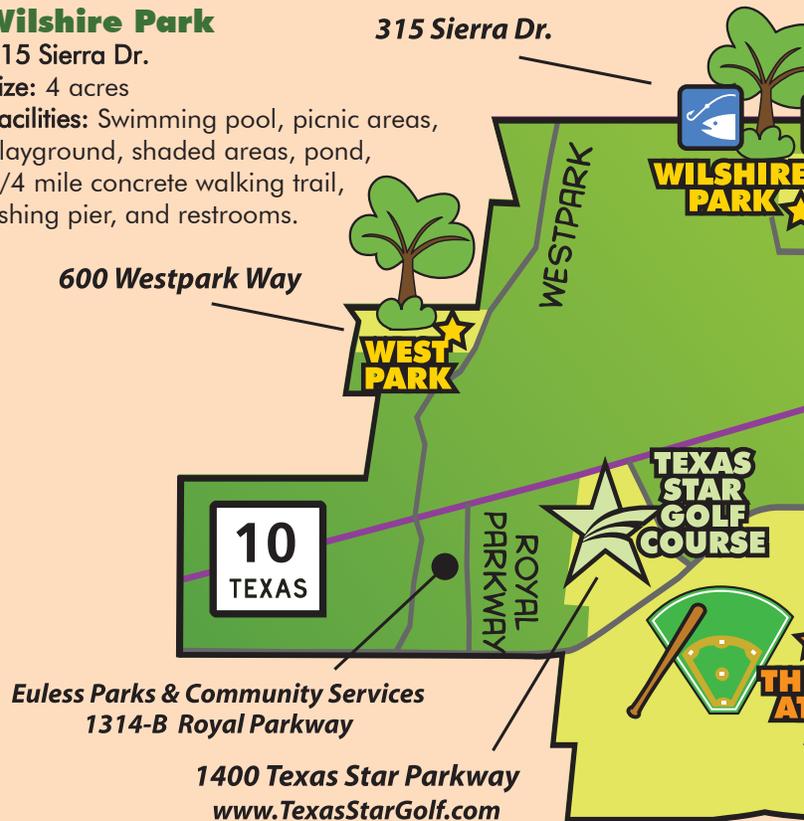
1951 Bear Creek Parkway **Size:** 40 acres  
**Facilities:** 3 acre dog park, seven soccer fields, picnic areas, three-mile nature walking/jogging trail with plant and tree identification signs throughout, city in-ground tree farm, playground, ground-seating amphitheater, two pavilions, one practice softball field, three large parking areas, restrooms. (Trail connects to The Preserve at McCormick Park.)

## West Park

600 Westpark Way **Size:** 21 acres  
**Facilities:** Two youth lighted baseball/softball fields that can be converted to a soccer field, picnic areas, one youth softball field, nature area, playground and restrooms.

## Wilshire Park

315 Sierra Dr. **Size:** 4 acres  
**Facilities:** Swimming pool, picnic areas, playground, shaded areas, pond, 1/4 mile concrete walking trail, fishing pier, and restrooms.





POSTAL CUSTOMER



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**SEASONS OF SOUNDS FREE CONCERT SERIES / PG. 4**



**WATER AEROBICS / PG. 19**



**ARBOR DAZE RETURNS! / PG. 3**