

THE PLAYBOOK

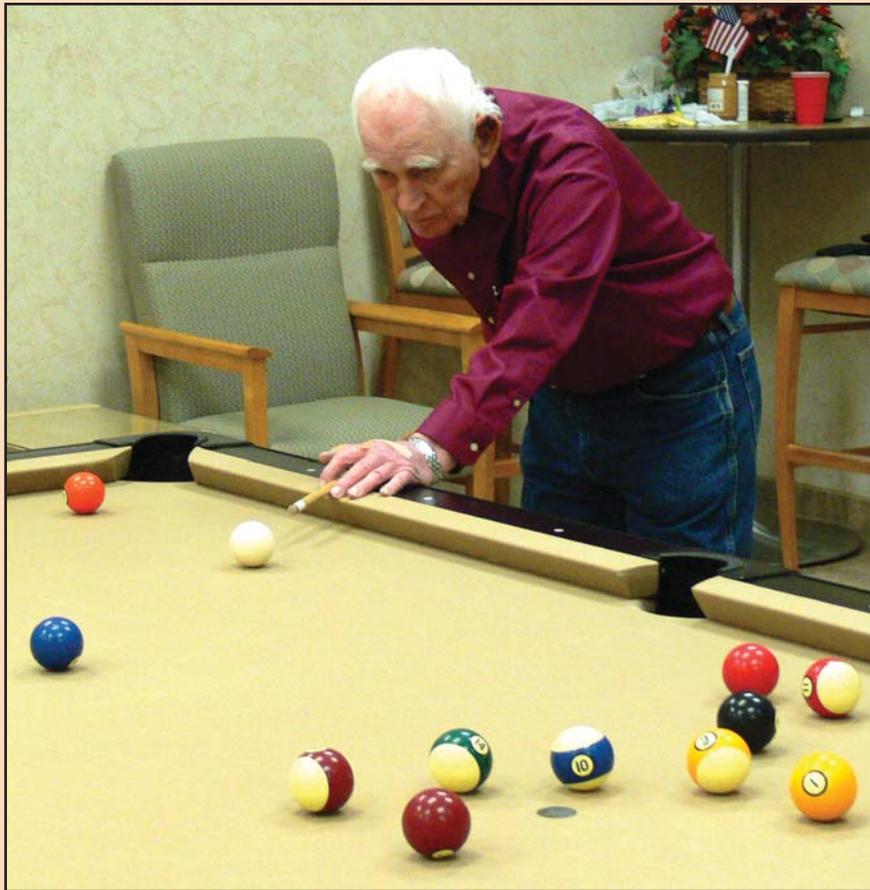


CITY OF EULESS PARKS & COMMUNITY SERVICES



PlayEulless.com

INSIDE: ATHLETICS pg.3 EVENTS pg.4 CLASSES pg.10 AQUATICS pg.15 SENIORS pg.22 RENTALS pg.28



Parks and Community Services
817-685-1429

Eulless Family Life Center
817-685-1666

Eulless Family Life Senior Center
817-685-1671

Athletics
817-685-1838

Facility Rentals
817-685-1649

Softball World
817-267-7867

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Table of Contents

Athletics.....	03
Special Events.....	04
City News.....	06
Historical Preservation.....	08
Eulless Family Life Center.....	09
Preschool.....	10
Youth/Teen.....	12
StarCenter.....	14
Aquatics.....	15
Adult.....	18
Seniors.....	22
Rentals.....	28
Parks.....	30



For additional information regarding all our athletic programs, call the athletic office at 817-685-1838.



Adult 4 on 4 Flag Football

Registration: September 1 - 20

Cost: \$225 per team

Season begins early October, 10 games plus playoffs

Women's Basketball League

Registration: November 1 - December 14

Cost: \$325 per team

Season begins January 5, 8 games plus playoffs

Men's Basketball League

Registration: November 1 - December 14

Cost: \$325 per team

Season begins January 6, 8 games plus playoffs

The Parks at Texas Star Baseball League Spring 2016

Ages 3 - 14

For more information log onto
www.parksattexasstar.com

For additional information regarding our athletic programs, call the athletic office at 817-685-1838.



Softball World

www.SoftballWorld.us

1375 W. Euless Blvd, Euless, TX 76040

(817) 267-7867

cthames@eulesstx.gov

Tournament play is offered every weekend February through December including USSSA State Qualifiers, National Invitationals, State Championships, Nationals and World Tournaments for Men, Women and Coed Slow Pitch softball teams. League Play is offered for both Softball and Kickball.



Special Events

Season of Sounds

Masterworks Series: Concert in the Park
The Leon Hogg Amphitheater,
1951 Bear Creek Parkway

Arts Council Northeast and the City of Euless are thrilled to offer these free concerts for the community. Come out and enjoy fabulous music under the stars. Please bring a chair or blanket, you can even bring a picnic. Popcorn drinks and snow cones available for purchase.



Friday, August 21, 7 - 8 p.m.

Me & My Monkey

Me and My Monkey is a classic Beatles Tribute Band. They are based here locally but have traveled extensively across the US and abroad perfecting a World Class Tribute to the Beatles. Bring the entire family; you won't want to miss this one! www.meandmymonkey.com



Friday, September 25, 7 - 8 p.m.

Les Elgart Tribute Orchestra

The Les Elgart Tribute Orchestra plays the music of the 40's-70's, Miller, Dorsey, Elgart, Sinatra, Contemporary, Country & Western, Polkas, Latin and Waltz, giving everyone something to relate to. Bring the entire family; you won't want to miss this one!

Stars Over Euless

Saturday, September 19, 8:30 - 10 p.m.
Bob Eden Park, 901 W. Mid-Cities Blvd.

Join the Euless Parks and Community Services Department and the staff of the world-renowned Noble Planetarium as we teach area residents about the stars and planets. Planetarium staff will conduct a power-point presentation on different elements in the nighttime sky. Astronomers will bring out powerful telescopes so kids can gaze into outer space and learn about the order and function of stars and planets in the sky. Bring out a blanket for the entire family and enjoy a great evening of educational fun. Refreshments will be available for purchase. Call 817-685-1666 for more information.

Texas Junior Angler Fishing Event

Saturday, October 3, 9 a.m. - noon
Wilshire Park, 315 Sierra Drive

Join us at Wilshire Park for a great day of family fun! The Texas Junior Anglers organization will stock Wilshire pond with 500 pounds of catfish. It's absolutely free, and equipment will be available for all the kids who need it. Great prizes will be given out in various age groups and categories. The tournament is for kids only, but parents may fish after the competition with a fishing license. Refreshments will be available for purchase. Call 817-685-1666 for more information.



Halloween Trunk or Treat Celebration

Saturday, October 31, 4 - 6:30 p.m.
Euless Family Life Center, 300 W. Midway Dr.

Businesses, Churches, Civic groups, and Boy and Girl Scout Troops, are asked to participate with the City of Euless Parks and Community Services Department's Halloween Trunk or Treat Celebration. Other fun activities will include inflatables. Concessions available for purchase. Please call Jerry at 817-685-1449 or e-mail him at jpotteet@euless.tx.gov for additional information.



Ice Fest 2015

Saturday, December 5, 2 p.m.
 Dr Pepper StarCenter, 1400 S. Pipeline Road
 Holiday fun for the whole family! General seating and Santa skate \$3. Reserved seating on the ice and Santa skate \$15. Starring two-time U.S. National Champion Ashley Cain, Russian Junior National Champion Alex Krasnozhon, and National Competitor Benjamin Shou. Plus special guest Santa Claus.
 3 - 4 p.m. Holiday Ice Show
 4 - 5 p.m. Skate with Santa and the Cast



Christmas Parade of Lights 2015

"A Candy Land Christmas"
 Saturday, December 5, 6:30 p.m.
 Parade Route to be announced by August 30.
 Even Santa Claus won't miss this year's spectacular display of moving lights. Organizations of all kinds may enter floats in the best parade in Texas! Let your imagination run wild as you consider this year's theme - A Candy Land Christmas. Parade award winners will be announced on www.eulesstx.gov the next day. For more information or to receive a float application, call Jerry Poteet at 817-685-1449 or visit www.eulesstx.gov. All participants are asked to attend an informational meeting on Monday, November 16 at 7 p.m., at the Euless Family Life Senior Center to discuss safety issues. Come and experience the excitement of the season, and see Euless lit up with beautiful Christmas lights.



Heritage Park Christmas Celebration

Saturday, December 12, 1 - 5 p.m.
 Heritage Park, 201 Cullum Dr.
 Celebrate an old fashioned Christmas at historic Heritage Park. Members of the Euless Historical Preservation Committee will conduct guided tours of the 160+ year old Himes Log House, McCormick Barn and the Fuller House-all decorated for the holiday season. Visit the Euless Heritage Museum and learn about Euless history. You can listen to local choirs sing your Christmas favorites, visit our petting zoo and enjoy great arts and crafts. Kids can visit with Santa Claus and make their own Christmas ornaments. And we'll have free refreshments for everyone! Holiday cheer and Euless history wrapped up in one great afternoon! Call 817-685-1666 for more information.

Heritage Park Choirs

We are asking for five (5) Elementary School Choirs, Church Choirs, or Civic Choirs, to sing for thirty (30) minutes a piece. The time slots that are available include:

- 1:30 - 2:00 p.m.
- 2:10 - 2:40 p.m.
- 2:50 - 3:20 p.m.
- 3:30 - 4:00 p.m.
- 4:10 - 4:40 p.m.

If you are interested in participating, please call Jerry at 817-685-1449, or e-mail him at jpoteet@eulesstx.gov. Do so early because the slots tend to go fast. Please note, choirs need to prepare for a ten minute set-up and tear down, so please be early.



Safely Dispose of Old Medicine

Do you have old medicine taking up space in your cabinets? Has it been there for years because you don't know what to do with it? Unused medication should be disposed of safely. Medication should never be flushed down the drain.

We now have a MedReturn drug collection unit located in the lobby of the police department. Safely dispose of all expired, unwanted or unused medications in the unit. You may drop off prescription and over-the-counter medications anonymously. Intravenous solutions, injectables, and syringes will not be accepted due to potential hazard posed by blood borne pathogens. The MedReturn unit is available from 8 a.m. to 5 p.m. Monday through Friday at the Euless Police Station at 1102 W. Euless Blvd.

Author Adventures at the Library

September 24, 6:30 p.m.

Mary Lib Saleh Euless Public Library

Featuring four local authors that will spin tales about the writing life and sign copies of their books. The author lineup includes:

D. D. Ayres - A veteran author of romance and women's fiction, D.D. Ayres has a new series in the romantic suspense genre - K-9 Rescue series. Publishers Weekly review: "solidly researched K-9 operations are hallmarks of this appealing series and will delight fans of smart dogs, exciting action, and steamy romance." Her new book, the 3rd in the series, will be out September 1. Primal Force.

Addison Fox - She writes paranormal and contemporary romance and romantic suspense for a variety of publishers. Her titles include the "Dangerous in Dallas" series, "Alaskan Nights" and more.

A. Lee Martinez - A. Lee Martinez is the author of nine science fiction / fantasy novels including Gills All Fright Diner, A Nameless Ogre, Too Many Curses, Monster, Helen & Troy's Epic Road Quest, The Automatic Detective. He is often labeled a comic fantasy writer.

Melissa Lenhardt - Melissa Lenhardt is a founder and vice president of the Dallas Sisters in Crime chapter and is on the Board of the DFW Writers Workshop. Her first book with Skyhorse Press - Stillwater - comes out in October. It is a mystery set in the small (fictional) town of Stillwater, Texas. "With a twisting plot, nonstop action and a sexy, complex protagonist you'll root for from page one, Lenhardt brings the town of Stillwater, Texas (pop. 2,436), and all its long-buried secrets, to life. Book 2 comes out in 2016.



Trinity High School GAP Club Pet Fair

September 26, 10 a.m. - 2 p.m.

Trinity High School Parking Lot
500 N. Industrial Blvd.

Join the GAP Club at the Pet Fair. The event will provide low cost vaccinations (10 a.m.-1 p.m.), low cost micro-chipping, professional photos, dog bathing, and nail trimming. The Euless Animal Shelter will have pets available for adoption. For adoptable pets please visit their website at www.trinitygaprescue.org.

The GAP Club is an all-girl service club devoted to the Animal Shelter. These ladies work tirelessly to adopt pets from the animal shelter, which significantly reduces the euthanasia rate. They host fundraisers to pay for vaccinations, spay, neutering, and other medical needs. In addition, the teens foster pets and spend their free time in the shelter to walk, groom, and care for the pets that reside there. Please come out and support this great group.



National Night Out

October 6, 7 p.m.

Turn on your outside lights, lock your doors, and spend the evening outside with 35 million people in more than 11,000 communities. Each year on National Night Out, Euless residents proactively deter crime by organizing a variety of special events within their neighborhoods.

Get your neighborhood involved in National Night Out to promote police/community partnerships, and learn about violence and drug prevention while building neighborhood unity.

Send a message to criminals letting them know your neighborhood is organized, involved, and fighting back. The Euless Police and Fire Departments invite all neighborhoods in Euless to meet in their neighborhood parks and join with the police and the nation to "take a bite out of crime." You can request a visit by representatives of the Fire Department at 817-685-1600 or the Police Department at 817-685-1536.



Public Safety Open Houses

October 3, 10 a.m. - 2 p.m.

Police & Courts, 1102 W. Euless Blvd.

Fire Station #3, 202 S. Main St.

Join the Euless Police and Fire Departments as they both host Open Houses. Take advantage of this rare opportunity to take a tour, climb in and out of police cars and fire trucks and ask questions about the facilities. There will be many activities for children, including bounce houses and safety demonstrations along with members of the Citizen Emergency Response Team, Citizen's Fire and Police Academy Alumni and Citizens on Patrol. Plus, visit with clowns from the S.A.F.E.T.Y. Troop. These events are free and everyone is invited!

Crud Cruiser

October 10, 9 - 11 a.m.

Euless Municipal Complex, 201 N. Ector Dr.

Safely dispose of hazardous waste from your home such as paint, chemicals and oil. Space is limited. The mobile collection unit can accept material from approximately 125 households. If the unit reaches its capacity before you arrive, you may deliver your materials to the Environmental Collection Center in east Fort Worth. You may also bring any small electrical appliance you would like to recycle such as computers, radios, VCRs, stereos, clocks and hair dryers. For a complete list of accepted hazardous and electronic waste, please call 817-685-1410 or visit www.eulesstx.gov/hazmat.

Euless Library Foundation Book Sale

October 9 - 11

Mary Lib Saleh Euless Public Library
201 N. Ector Dr.

Visit the Euless Library Foundation (ELF) Book Sale. Join us for some great deals on previously read books. Proceeds benefit Summer Reading Club.

Friday, October 9

\$5 Entrance Fee

(Free for ELF Members)

2 - 4 p.m.

Saturday, October 10

Free Admission

10 a.m. - 4 p.m.

Sunday, October 11

Free Admission

1 - 3 p.m.

Join our Family of Volunteers Adventure

The City of Euless Parks & Community Services Department is looking for people that love to have fun, find it refreshing to meet new people and that are willing to try new adventures. Each year our department plans and implements several different, but unique family events. In order to produce such outstanding events we need volunteers because without volunteers, our events would not survive. If this sounds appealing to you, then we would love to have you join our Family of Volunteers Program. If you would like to help build a strong community, play an important role in someone's life, and be a part of something exciting, then join our "Family of Volunteers" program. Contact Jerry Poteet at 817-685-1449 or jpoteet@eulesstx.gov.



Historical Preservation

Euless Heritage Museum

201 Cullum Drive / 817-685-1649

Open the 2nd Saturday of every month
from 1 – 5 p.m. (August 8, September 12,
October 10, November 14, December 12)

For information or group tours,
call 817-685-1649
or email

ofaiva-siale@eulesstx.gov



Tours

The tour begins at the Euless Heritage Museum where you will learn about Euless' rich history and continues to the Fuller House, the first brick house in Euless built in 1932 complete with antique furnishings. Then, you will discover daily life as it was in Euless in the 1850's as you tour the Himes Log House, the oldest surviving structure in Euless. You will end at the McCormick Barn which was built with lumber from Camp Bowie after WWI. On the grounds, you will see examples of a water well, farm implements, windmill and outhouse. Group tours are available during off hours, depending on docent availability. Tours are free, but donations are

accepted. Call 817-685-1649 or contact ofaiva-siale@eulesstx.gov for details.



Where is Heritage Park?

How long have you lived in Euless? How much do you know about the City you live in? Did you know that the Fuller House was the first brick house in Euless? Or that the McCormick Barn is made out of lumber hauled by horse and buggy from Camp Bowie in Fort Worth? Have you visited the circa 160+ year old Himes Log House? The Log House was found inside one of the homes located northeast of Euless Junior High on Himes Street. These three buildings were dismantled brick by brick, log by log and lumber by lumber, moved and restored to their original condition at beautiful Heritage Park at 203 Cullum Drive, east of Euless Main and Hwy 10.

Free tours are provided by the Historical Preservation Committee every second Saturday of the month between 1 - 5 p.m. Special tours may be scheduled depending on docent availability. Call 817-685-1649 or email ofaiva-siale@eulesstx.gov for information on tours, volunteer opportunities, donations, etc.



Eules Family Life Center

300 West Midway Dr.

RECREATION CENTER & FITNESS CENTER

(817) 685-1666

Robbie Rodgers
Recreation
Program Coordinator
(817) 685-1668

Kali Goodfellow
Recreation & Aquatics
Coordinator
(817) 685-1681

HOURS OF OPERATION

Monday – Thursday
5:30 a.m. – 9 p.m.
Friday
5:30 a.m. – 8 p.m.
Saturday
8 a.m. – 6 p.m.
Sunday
Noon – 6 p.m.

CHILDCARE

Monday – Friday
5 p.m. – 8 p.m.
Mon./Wed./Fri./Sat.
8 a.m. – 11 a.m.

SENIOR CENTER

(817) 685-1671

Diane Eggers
Senior Center Supervisor
(817) 685-1670
Renee Frizzell
Senior Center Programmer
(817) 685-1871

HOURS OF OPERATION

Mon.–Tues.–Wed.–Fri.
6:30 a.m. - 4 p.m.
Thursday
6:30 a.m. - 9 p.m.
Saturday & Sunday
Closed



HOLIDAY CLOSINGS:

September 7, November 26, November 27 (8 a.m. - 6 p.m.).

Like us on Facebook! "Eules Parks & Community Services"

Visit us at www.PlayEules.com.

Eules Family Life Center Daily Use & Membership Fees

Eules Family Life Recreation Center			Add Indoor Pool (Total Cost)		Fitness Center	Racquetball	Drop-In Day Care 2-hour max visit
12-month membership	Resident	Nres	Resident	Nres	Res \ Nres	Res \ Nres	Res \ Nres
Youth (8-15)	\$10.00	\$25.00	NA	NA	NA	NA	NA
Silver Individual	\$75.00	\$200.00	\$110.00	\$275.00	Included	Included	\$5.00 per day
Silver Family*	\$110.00	\$450.00	\$160.00	\$575.00	Included	Included	\$5.00 per day
Gold Individual	\$125.00	\$250.00	\$160.00	\$325.00	Included	Included	Included
Gold Family*	\$175.00	\$550.00	\$225.00	\$675.00	Included	Included	Included
Eules Family Life Recreation Center			Add Indoor Pool (Total Cost)		Fitness Center	Racquetball	Drop-In Day Care 2-hour
3-month membership	Resident	Nres	Resident	Nres	Res \ Nres	Res \ Nres	Res \ Nres
Silver Individual	\$30.00	\$85.00	\$45.00	\$115.00	Included	Included	\$5.00 per day
Silver Family*	\$45.00	\$185.00	\$65.00	\$240.00	Included	Included	\$5.00 per day
Gold Individual	\$55.00	\$100.00	\$65.00	\$135.00	Included	Included	Included
Gold Family*	\$75.00	\$225.00	\$95.00	\$280.00	Included	Included	Included
Daily Fees Recreation Center			Daily Fees Indoor Pool				
	Resident	Nres	Resident	Nres			
Daily Use Fees	\$5.00	\$10.00	\$10.00	\$15.00			

Eules Family Life Senior Center			Add Indoor Pool (Total Cost)		Fitness Center
Senior (60+)	Resident	Nres	Resident	Nres	Res \ Non-Res
Senior (60+)	\$5.00	\$25.00	\$25.00	\$120.00	\$0 \ \$75

* Families are considered to be up to two adults and four dependent children or Seniors (60+) living in the same household; add \$10 for each additional child or Senior (60+). "Dependent" implies tax dependent or dependent through marriage. Children under 9 must always be accompanied by an adult and do not need a membership card.



TWO'S TIME

Come let your toddler have some fun and meet some new friends in our new class designed just for them! Your toddler will get social interaction while learning songs, playing games, and beginning preschool skills. They will be introduced to colors, shapes, numbers, alphabet, and much more that will help them as they grow. Instructor: Claudia Ramirez

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110004-01	9/1	EFLC	1.5-2.5	T/TH	9-11am	4	\$47
110004-02	9/29	EFLC	1.5-2.5	T/TH	9-11am	4	\$47
110004-03	10/27	EFLC	1.5-2.5	T/TH	9-11am	4	\$47
110004-04	12/1	EFLC	1.5-2.5	T/TH	9-11am	3	\$37

PRESCHOOL DANCE (2-3)

Preschool Dance is great for your little one to learn how to move and dance to the music. We will learn basic beginner tap and ballet moves, have and learn choreography. Heart and Soul Dance is a continuing program. We will have performances throughout the year and a recital at the end. Instructor: Mary Berlingieri

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110200-01	9/2	EFLC	2-3	W	10-10:45am	4	\$62
110200-02	9/30	EFLC	2-3	W	10-10:45am	4	\$62
110200-03	10/28	EFLC	2-3	W	10-10:45am	4	\$62
110200-04	12/2	EFLC	2-3	W	10-10:45am	3	\$47

KIDZ LOVE SOCCER

Mommy/Daddy & Me Soccer

Introduce your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, with Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! No specific equipment is required for the Mommy/Daddy & Me Class. All kids receive a Kidz Love Soccer jersey! This class is held at Bob Eden Park. Instructor: Kidz Love Soccer Staff

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110520-01	9/26	BEP	2-3.5	S	9-9:30am	8	\$91



PRESCHOOL DANCE (3-4)

Preschool Dance is great for your little one to learn how to move and dance to the music. We will learn basic beginner tap and ballet moves, have and learn choreography. Heart and Soul Dance is a continuing program. We will have performances throughout the year and a recital at the end. Instructor: Mary Berlingieri

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110207-01	9/2	EFLC	3-4	W	11-12pm	4	\$67
110207-02	9/30	EFLC	3-4	W	11-12pm	4	\$67
110207-03	10/28	EFLC	3-4	W	11-12pm	4	\$67
110207-04	12/2	EFLC	3-4	W	11-12pm	3	\$51

TOT ICE SKATING INSTRUCTION

Tots will learn the basics of ice skating in a fun environment. Children will practice falling down and getting up, marching across the ice, back wiggles, and stops. Toys, cones and stuffed animals are all used on the ice as teaching tools. Price includes skate rental on class day plus additional four free public skate sessions of choice. Instructors: Qualified Dr Pepper StarCenter Professionals

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111161-01	8/31	DPSC	3-5	M	6:30-7pm	4	\$30
111161-02	9/5	DPSC	3-5	S	1-1:30pm	4	\$30
111161-03	9/28	DPSC	3-5	M	6:30-7pm	4	\$30
111161-04	10/3	DPSC	3-5	S	1-1:30pm	4	\$30
111161-05	10/26	DPSC	3-5	M	6:30-7pm	4	\$30
111161-06	10/31	DPSC	3-5	S	1-1:30pm	4	\$30
111161-07	11/23	DPSC	3-5	M	6:30-7pm	4	\$30
111161-08	11/28	DPSC	3-5	S	1-1:30pm	4	\$30

PRESCHOOL DANCE (4-5)

Preschool Dance is dance class for 4-5 year olds. We start learning how to move to music and begin basic tap, ballet and hip hop moves. It's a great class to make friends, exercise and have fun. Heart and Soul Dance is a continuing program. We will have performances throughout the year and a recital at the end. Instructor: Leah Siek

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110209-01	9/1	EFLC	4-5	T	4:30-5:30pm	4	\$67
110209-02	9/29	EFLC	4-5	T	4:30-5:30pm	4	\$67
110209-03	10/27	EFLC	4-5	T	4:30-5:30pm	4	\$67
110209-04	12/1	EFLC	4-5	T	4:30-5:30pm	3	\$51





KIDS LOVE SOCCER

Tot Soccer

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting, soccer cleats are optional, shorts and a t-shirt are fine. This class is held at Bob Eden Park. All participants receive a Kidz Love Soccer jersey! Instructor: Kidz Love Soccer Staff.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110521-01	9/26	BEP	3.5-5	S	9:45-10:15am	8	\$91

PRESCHOOL DANCE (3-4)

Preschool Dance is great for your little one to learn how to move and dance to the music. We will learn basic beginner tap and ballet moves, have fun and learn choreography. Heart and Soul Dance is a continuing program. We will have performances throughout the year and a recital at the end. Instructor: Kristen Stevens.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110208-01	9/3	EFLC	3-4	TH	4:30-5:30pm	4	\$67
110208-02	10/1	EFLC	3-4	TH	4:30-5:30pm	4	\$67
110208-03	10/29	EFLC	3-4	TH	4:30-5:30pm	4	\$67
110208-04	12/3	EFLC	3-4	TH	4:30-5:30pm	3	\$51

FUN TIME FOR LEARNERS

In this activity based class, your child will learn the benefits of physical activity through art and crafts, music and group activities. Come let your child have a wonderful experience with art, games, and social interaction. Please bring a snack and a lunch to class each day. Instructor: Yolanda Scheimann

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110002-01	8/31	EFLC	3-5	M/W	9am-1pm	4	\$132
110002-02	9/28	EFLC	3-5	M/W	9am-1pm	4	\$132
110002-03	10/26	EFLC	3-5	M/W	9am-1pm	4	\$132
110002-04	11/30	EFLC	3-5	M/W	9am-1pm	3	\$107

TERRIFIC TUESDAYS & THURSDAYS

In this activity based class, your child will learn the benefits of physical activity through arts and crafts, music, and group activities. Come let your child have a wonderful experience with art, games, and social interaction. Please bring a snack and lunch to class. Instructor: Yolanda Scheimann

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110003-01	9/1	EFLC	3-5	T/TH	9am-1pm	4	\$132
110003-02	9/29	EFLC	3-5	T/TH	9am-1pm	4	\$132
110003-03	10/27	EFLC	3-5	T/TH	9am-1pm	4	\$132
110003-04	12/1	EFLC	3-5	T/TH	9am-1pm	3	\$107



FUN FRIDAYS FOR PRESCHOOLERS

On Fridays we will get hands on and do a cooking recipe, arts, crafts, and a science experiment. We will also sing songs, play games, and work on literacy and math activities. Instructor: Claudia Ramirez

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110010-01	9/4	EFLC	3-5	F	9a-1p	4	\$67
110010-02	10/2	EFLC	3-5	F	9a-1p	4	\$67
110010-03	10/30	EFLC	3-5	F	9a-1p	4	\$67
110010-04	12/4	EFLC	3-5	F	9a-1p	3	\$57

PRETTY PRINCESS TEA PARTY

Come have some princess fun... If your little girl loves to play dress up, paint nails, and be treated like a princess this class is just for her. We will make crafts, play games, do make-overs, and have tea party. Each week we will do different activities and participants will have something beautiful to take home with them. Instructor: Claudia Rameriz

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111160-01	9/5	EFLC	3-7	S	10-11am	4	\$42
111160-02	10/3	EFLC	3-7	S	10-11am	4	\$42
111160-03	10/31	EFLC	3-7	S	10-11am	4	\$42
111160-04	12/5	EFLC	3-7	S	10-11am	3	\$32

PRESCHOOL TUMBLING

Tumbling is a great class for your little one. They will learn basic tumbling moves and will get great exercise. Your child will begin learning flexibility and balance. Heart and Soul Dance is a continuing program and will have performances throughout the year and recital at the end.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110020-01	9/3	EFLC	3-5	TH	3:30-4:30pm	4	\$67
110020-02	10/1	EFLC	3-5	TH	3:30-4:30pm	4	\$67
110020-03	10/29	EFLC	3-5	TH	3:30-4:30PM	4	\$67
110020-04	12/3	EFLC	3-5	TH	3:30-4:30pm	3	\$51

TAP, BALLET, JAZZ (5-6)

This class is an hour of fun! Your child will learn tap, ballet, and jazz. We will begin with basic techniques and combinations. It is a great class to make friends and have fun! Heart and Soul Dance is a continuing program. We will have performances throughout the year and a recital at the end.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110210-01	9/3	EFLC	4.5-6	TH	6-7pm	4	\$67
110210-02	10/1	EFLC	4.5-6	TH	6-7pm	4	\$67
110210-03	10/29	EFLC	4.5-6	TH	6-7pm	4	\$67
110210-04	12/3	EFLC	4.5-6	TH	6-7pm	3	\$51





KIDZ LOVE SOCCER

SOCCER 1: TECHNIQUES & TEAMWORK

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting, soccer cleats are optional, shorts and a t-shirt are fine. All participants receive a Kidz Love Soccer jersey! This class will be held at Bob Eden Park. Instructor: Kidz Love Soccer Staff.

Table with 8 columns: CLASS#, BEG, LOC, AGE, DAY, TIME, #WKS, \$

INTERMEDIATE TAP/JAZZ

Dancing is wonderful exercise and great for balance, strength and flexibility! In this class your child will learn beginner to intermediate level steps, technique and choreography. Heart and Soul dance is a continuing program. We will have performances throughout the year and a recital at the end. Instructor: Leah Siek

Table with 8 columns: CLASS#, BEG, LOC, AGE, DAY, TIME, #WKS, \$

BALLET I & II

Ballet I & II is a combined class for students who are at beginner to intermediate dance level. Your child will learn ballet positions, ballet technique, terminology and choreography. This class is great for balance, strength and flexibility. Ballet is the core for all dance! Heart and Soul Dance is a continuing program. We will have dance performances throughout the year and a recital at the end! Instructor: Sue Hurst.

Table with 8 columns: CLASS#, BEG, LOC, AGE, DAY, TIME, #WKS, \$

TAP, BALLET, JAZZ

This combination class is full of fun! Your child will learn tap, rhythms and technique. In ballet we will learn all the positions and beginning technique and jazz we will focus on balance, strength and flexibility. Heart and Soul Dance is a continuing program, with performances throughout the year and a recital at the end. Instructor: Leah Siek

Table with 8 columns: CLASS#, BEG, LOC, AGE, DAY, TIME, #WKS, \$

TAEKWONDO-DO TIGERKUBS

An age appropriate introduction to martial arts, our Tigerkubs program is designed to teach your child the very basic fundamentals of Taekwondo-Do. Our classes are disciplined, yet informal, with an emphasis on developing strength, aerobic stamina, balance, coordination, and flexibility. This program can help to enhance focus and concentration, build character, discipline and self-esteem. Activities are designed to make it exciting without a competitive atmosphere. No class the Saturday after Thanksgiving. Instructor: Camille Dockter

Table with 8 columns: CLASS#, BEG, LOC, AGE, DAY, TIME, #WKS, \$

YOU CAN PAINT FOR YOUTH

Amaze yourself, family, and friends with the beautiful oil painting you can complete in one fun and easy lesson taught by professional artist, Robert Garden and Susan Garden. You will learn color mixing and perspective as you master time saving short cuts, which will help you paint like a pro. All art supplies provided. Wear an old T-shirt and bring paper towels. Class themes: "Crashing Waves of Hawaii", "Adirondack Chair on the Beach Sunset", "Desert Sunset in Sedona", "Moonlight Snow Scene on Black Canvas" Instructor: Robert Garden Art Enterprises

Table with 8 columns: CLASS#, BEG, LOC, AGE, DAY, TIME, #WKS, \$

ICE SKATING- SKATE LIKE A 'STAR'

Learn the basics of ice skating. Skaters will learn basic forward and backward skating, swizzles, one-foot glides, and stops. Crossovers will be introduced. Skate rental included in the class. Price includes 30 minutes of instruction and free public skating and following class, plus four additional free public skate sessions of choice. Instructors: Qualified Dr Pepper StarCenter Professionals

Table with 8 columns: CLASS#, BEG, LOC, AGE, DAY, TIME, #WKS, \$

KIDZ LOVE SOCCER SOCCER 2 SKILLZ & SCRIMMAGES

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing, and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular game. Shin guards are required after the first meeting, soccer cleats are optional, shorts and a t-shirt are fine. All participants receive a Kidz Love Soccer jersey. This class is held at Bob Eden Park. Instructor: Kidz Lover Soccer Staff.

Table with 8 columns: CLASS#, BEG, LOC, AGE, DAY, TIME, #WKS, \$

TAEKWON-DO BEGINNERS

(Ages 9-13) (White Belt - Green Stripe)

This children specific program explores the entire range of techniques for training in the Taekwondo-Do Jungshin Program. It is designed to instill the physical and character benefits of martial arts while motivating children to achieve success. New students registering for this class must be at least 9 years of age or have completed at least one session of Tigerkubs program and been approved by the instructor before registering. All classes meet at the Euleless Family Life Senior Center. No class the Saturday after Thanksgiving Instructor: Camille Dockter

Table with 8 columns: CLASS#, BEG, LOC, AGE, DAY, TIME, #WKS, \$



**TAEKWON-DO ADVANCED
(Green Belt - Black Belt)**

This children specific intermediate/advanced program allows students that have attained a green belt through the Taekwon-Do Jungshin program to progress into more advanced and intricate skill development reaching their first black belt and beyond. Must have instructor approval to register. Monday class meets at the Eules Family Life Center and the Thursday class meets at the Simmons Center. No class Labor Day or Thanksgiving Day. Instructor: Camille Dockter

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110132-01	9/10	EFLC	8-12	M/TH	6-7:15pm	6.5	\$63
110132-01	11/2	EFLC	8-12	M/TH	6-7:15pm	5.5	\$54

GIRLS ON THE RUN

This program uses the power of running to prepare girls for a lifetime of self-respect and healthy living. Through interactive activities such as running and playing games, girls will tackle tough issues such as peer pressure and body image, while learning about making healthy decisions and performing community services. This is an on-going, 10-week program. At the end of this program, the girls will compete in 5-K event together. Partial financial-need scholarships may be available. Instructor: Girls on the Run No payment will be taken at the Eules Family Life Center. Please complete your registration by logging onto www.gotrdfw.org, click on the Class Locations link at the top and select the Euless class listed in the Tarrant County Classes. For scholarship applications, please click on the link in the first paragraph on the Class Locations page.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110540-01	9/14	EFLC	8-14	T/TH	5:30-7pm	10	\$150

TAP/JAZZ

Dancing is a great form of exercise. Tap will teach different rhythms and combinations technique and choreography. In jazz you will learn balance, strength, flexibility and techniques. Heart and Soul Dance is a continuing program. We will have performances throughout the year and a recital at the end. Instructor: Leah Siek.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110232-01	9/3	EFLC	9-12	TH	6:30-8pm	4	\$77
110232-02	10/1	EFLC	9-12	TH	6:30-8pm	4	\$77
110232-03	10/29	EFLC	9-12	TH	6:30-8pm	4	\$77
110232-04	12/3	EFLC	9-12	TH	6:30-8pm	3	\$58

CITY OF EULESS WINTER BREAK CAMP

Come spend the holiday's with the City of Euless. We will have an exciting week playing games, doing arts and crafts, and making new friends. The camp will go on super cool field trips everyday (Main Event, Skating, Tornado Terry's and many more). The camp will meet at the Dr Pepper StarCenter. Please bring a lunch, two snacks and a water bottle to camp each day.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111111-01	12/21	DPSC	6-12	M-W	7:30am-6pm	1	\$60
111111-02	12/28	DPSC	6-12	M-W	7:30am-6pm	1	\$60

INTRO TO GUITAR WITH MARK JAX

Introduction to basic chords and guitar tasks for acoustic and electric guitars. Students will learn fingering techniques as well as basic chord combination in a humorous and nurturing environment. No class 9/7 Instructor: Mark Jax.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110705-01	8/31	EFLC	9+	M	6-7:30pm	4	\$82
110705-02	10/5	EFLC	9+	M	6-7:30pm	4	\$82
110705-03	11/2	EFLC	9+	M	6-7:30pm	4	\$82
110705-04	11/30	EFLC	9+	M	6-7:30pm	3	\$72



INTERMEDIATE HIP HOP

Intermediate Hip Hop is a great way to learn the basics of rhythm movements. Your child will learn beginner and intermediate hip hop steps. Heart and Soul Dance is a continuing program. We will have performances throughout the year and a recital at the end. Instructor: Shelbe Probasco.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110216-01	9/1	EFLC	9-12	T	6-7pm	4	\$67
110216-02	9/29	EFLC	9-12	T	6-7pm	4	\$67
110216-03	10/27	EFLC	9-12	T	6-7pm	4	\$67
110216-04	12/1	EFLC	9-12	T	6-7pm	4	\$51

ADVANCED HIP HOP

The Advanced Hip Hop is a great class to increase your hip hop skills. We will focus more on flexibility and advanced choreography. Heart and Soul Dance is a continuing program. We will have performances throughout the year and a recital at the end. Instructor: Shelbe Probasco.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110217-01	9/1	EFLC	13-17	T	7-8pm	4	\$67
110217-02	9/29	EFLC	13-17	T	7-8pm	4	\$67
110217-03	10/27	EFLC	13-17	T	7-8pm	4	\$67
110217-04	12/1	EFLC	13-17	T	7-8pm	3	\$51

INTERMEDIATE/ADVANCED BALLET 30 MINUTE POINTE

Ballet is the core of dance. This class will focus on intermediate to advanced ballet technique and choreography. The last thirty minutes will be for pointe students. Must have instructors approval. (Prices will change if only an hour class). Heart and Soul Dance is a continuing program and will have performances throughout the year including a recital at the end. Instructor: Sue Hurst.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110235-01	9/3	EFLC	13-17	TH	6:30-8pm	4	\$77
110235-02	10/1	EFLC	13-17	TH	6:30-8pm	4	\$77
110325-03	10/29	EFLC	13-17	TH	6:30-8pm	4	\$77
110325-04	12/3	EFLC	13-17	TH	6:30-8pm	3	\$58



Dr Pepper StarCenter
1400 S. Pipeline Road
Euless, TX 76040 / 817-267-4233
www.stars.nhl.com



**Dr Pepper
StarCenter Birthday Party
Packages Available**

Birthday Party Packages - \$125

- Birthday child is free
- Admission and skate rental for 10 skaters
- The choice of table skirting (from variety of colors)
- 2 liters / pitchers of Dr Pepper Product
- Downloadable Invites

Upgrades

- Paper Products - \$15.00 (for 10 people)
- Party Hostess - \$25.00
- Private Skating Instructor - \$50.00
- Broomball Referee - \$35.00
- Additional Party Guest - \$5 per Guest
- Party Room Rental only - \$50.00 per hour
- Includes tables & chairs
- Pizzas - \$10.00 each
- Additional Liter or Pitcher of Beverage - \$3.00

Broomball Events

- \$425.00/hour for private ice rental
- Allowed to customize party from above list of upgrades

*For more information, visit
stars.nhl.com/club/page.hrm?id=99691





WATER AEROBICS PAYMENT OPTIONS

We have four incredible payment options for you to choose from. Choose to participate in a variety of classes or stick with just one.

DROP IN, TRY A CLASS, ONLY \$10
Non-refundable; not available to use as credit toward punch/membership

SENIORS - \$30 per month, unlimited classes (aquatic membership required) Best option for members

Non-senior - \$45 per month, unlimited classes (aquatic membership required)

5 class package, \$40 (\$8 per class)

10 classes, 70 (\$7 per class)

20 classes, 120 (\$6 per class)

(Membership NOT required)

NON-refundable, NON-replaceable

NOTE: You can be a non-aquatic member and still sign up for the individual class for \$5 per class, but you must pay for the remainder of the month/class session for that pricing.

Special Water Aerobic Notes:

***No Water Aerobics classes Thanksgiving week (November 21-29) *No Water Aerobics classes Christmas Week (December 19-27)**

ARTHRITIC AEROBICS

Start your day with the therapeutic benefits of water. This class is a slower paced class designed to assist in improving and maintaining range of motion to ultimately improve the quality of life. This class will get you warmed up and stretched out for whatever your day has in store for you.

CLASS#	BEG	DAY	TIME
120700-01	9/2	M/W/F	8-8:45am
120700-02	10/2	M/W/F	8-8:45am
120700-03	11/2	M/W/F	8-8:45am
120700-04	12/2	M/W/F	8-8:45am

WATER TONING

Did you know that water is 800 times denser than air? This means you will get a better work out with smaller risk of injury than if you were exercising on land! Water Toning embraces water density and uses it to get the most out of exercising and doing it in a soothing environment! Strengthening your core will help you feel stronger and get health. Water Toning embraces the healing benefits of the water; this class is a work out for the body and mind.

CLASS#	BEG	DAY	TIME
120702-01	9/1	T/TH	8-8:45am
120702-02	10/1	T/TH	8-8:45am
120702-03	11/3	T/TH	8-8:45am
120702-04	12/1	T/TH	8-8:45am

AQUA AGILITY

Stamina, strength, and endurance; this is a fast moving, high energy, and upbeat class that will give you a great workout and is designed to increase your overall flexibility.

CLASS#	BEG	DAY	TIME
120712-01	9/2	M/W/F	9:35-10:25am
120712-02	10/2	M/W/F	9:35-10:25am
120712-03	11/3	M/W/F	9:35-10:25am
120712-04	12/2	M/W/F	9:35-10:25am

CARDIO BY AQUA

A strong cardiovascular system is vital for a healthy life and is a key ingredient to any fitness routine. This upbeat class will give you a great workout and help to improve your cardiovascular system. This course has a little of everything in it, be prepared for cross training with a focus on endurance and interval training.

CLASS#	BEG	DAY	TIME
120714-01	9/1	T/Th	8:50-9:35am
120714-02	10/1	T/Th	8:50-9:35am
120714-03	11/3	T/Th	8:50-9:35am
120714-04	12/1	T/Th	8:50-9:35am

HYDRO-RESISTANCE

Resistance training has been around for decades, but Hydro-Resistance is the new fun way to work out. Come use the resistance of the water for a fun and exciting exercise. Designed to increase overall strength and endurance, this class teaches you how to use your own body weight to get excellent results while having a good time.

CLASS#	BEG	DAY	TIME
120701-01	9/1	T/Th	9:40-10:35am
120701-02	10/6	T/Th	9:40-10:35am
120701-03	11/3	T/Th	9:40-10:35am
120701-04	12/1	T/Th	9:40-10:35am

AQUA FITNESS

This prime time energized class is excellent for those who want a high intensity, full body workout. This class does it all; toning arms, waist trimming, thigh burning, and even whole body stretching. Get your body moving and use the natural resistance in the water to give you a head to toe work out.

CLASS#	BEG	DAY	TIME
120706-01	9/1	T/TH	5-5:45pm
120706-02	10/1	T/TH	5-5:45pm
120706-03	11/3	T/TH	5-5:45pm
120706-04	12/1	T/TH	5-5:45pm

SPLASH ZUMBA

Dance your way into shape and have a splashing good time while doing it! This unique and fun class is sure to get you moving and grooving into shape with its easy to learn dance moves. You will leave feeling energized, and soon you'll have danced yourself into shape.

CLASS#	BEG	DAY	TIME
120707-01	9/1	T	6-7pm
120707-02	10/6	T	6-7pm
120707-03	11/3	T	6-7pm
120707-04	12/1	T	6-7pm

AQUA CROSS TRAINING

This isn't your Grandmothers water aerobics class! This class is geared towards your 9 to 5 workers looking to have some fun and burn real calories after that long hard day at work. To get the most out of your training, our Aqua Cross Training class combines multiple workouts to stimulate all muscle groups and not just one.

CLASS#	BEG	DAY	TIME
120703-01	9/3	Th	6-7pm
120703-02	10/6	Th	6-7pm
120703-03	11/5	Th	6-7pm
120703-04	12/3	Th	6-7pm

TABATA 101

Want to add Tabata into your work out but need to build your strength first? Or maybe you're intimidated by the "cross fit" style workouts. Tabata 101 is excellent for learning the official Tabata moves and still providing the amazing workout that you can get from high interval training. Tabata is designed for people looking to improve flexibility, increases stamina, build muscle, and lose weight.

CLASS#	BEG	DAY	TIME
120110-01	9/5	Sat	9-9:45am
120110-02	10/3	Sat	9-9:45am
120110-03	11/7	Sat	9-9:45am
120110-04	12/5	Sat	9-9:45am

POWER TABATA

This Intense workout uses interval training to bring you to a full body workout. All skills can be modified by the instructor but this class is designed for those looking to improve flexibility, increase stamina, build muscle, and lose weight. Make sure you bring your water bottle as you will be working up a serious sweat in this class!

CLASS#	BEG	DAY	TIME
120711-01	9/5	Sat	9:50-10:20am
120711-02	10/3	Sat	9:50-10:20am
120711-03	11/7	Sat	9:50-10:20am
120711-04	12/5	Sat	9:50-10:20am



Swim Lessons

SWIM LESSON HINTS:

* A session consists of eight 30 minute Lessons. Lessons take place at the Natatorium and are Monday & Wednesday nights.

* Swim lesson spots fill quickly. Please remember to register early so you will not be disappointed. If your class is full, please allow us to put you on the wait list. We will contact you as soon as possible if a spot becomes available.

* In the event that a class is canceled, every effort will be made to notify you by telephone. At the time of registration be sure to update all your information and make sure it is accurate.

* Children not potty trained must wear a water diaper.

* In case of inclement weather, we will hold a Safety Class under the pavilion or in the Rec center.

* If you sign up for the wrong level, every effort will be made to try to make the correction, however; if the correct level is full and there is no available space a full refund will be given. To ensure this does not happen, speak with an aquatic team member prior to registering for a class.

** NOVEMBER IS A SHOT SESSION with 6 classes rather than 8. The price reflects the change in classes.

*** NO LTS CLASSES IN THE MONTH OF DECEMBER.

AQUA FIT KIDS

Ready for fun? Want to get stronger and move like a ninja? Tired of the same old stuff? This unique, aquatic program is just for kids between the ages of 6-17. In this class we will be jumping, lifting, twisting, and even learn some cool new dance moves - all in the water! We will learn about some healthy food, how to stretch, and talk about ways to build a mighty body. Worried about your level of ability - don't be - come join us - we got this! Water feels great and you will be amazed at what you can do!

CLASS#	BEG	AGE	DAY	TIME	#WKS	\$
120501-01	9/4	6-17	F	5:00-6:00pm	4	\$55
120501-02	10/2	6-17	F	5:00-6:00pm	4	\$55
120501-03	11/6	6-17	F	5:00-6:00pm	4	\$55

WATER TOTS (Age 1-3 years)

Basic water safety rules, submerging mouth-nose and eyes, opening eyes underwater and picking up submerged object, swimming on front and back using arm and leg actions with instructors support, exhaling underwater, floating on front and back, moving comfortably through the water and entering and exiting the water independently. Great for beginners between the ages of 1-3.

CLASS#	BEG	AGE	DAY	TIME	#WKS	\$
120000-01	9/2	1-3	MW	5:30-6:00pm	4	\$55
120000-02	9/2	1-3	MW	6:10-6:40pm	4	\$55
120000-03	10/5	1-3	MW	5:30-6:00pm	4	\$55
120000-04	10/5	1-3	MW	6:10-6:40pm	4	\$55
120000-05	11/5	1-3	MW	5:30-6:00pm	3	\$42
120000-06	11/5	1-3	MW	6:10-6:40pm	2	\$42

PARENT & TOT

Water Introduction is the very first step in swim lessons; this class focuses on getting comfortable in the water through fun and games. A parent or guardian over the age of 18 must be in the water at all times.

CLASS#	BEG	AGE	DAY	TIME	#WKS	\$
120007-01	9/2	6mo-2	MW	6:10-6:40pm	4	\$55
120007-02	10/5	6mo-2	MW	6:10-6:40pm	4	\$55
120007-03	11/5	6mo-2	MW	6:10-6:40pm	3	\$42

LEVEL 1: Introduction to Water Skills

Great for beginners over the age of 4! Basic water safety rules, submerging mouth-nose and eyes, opening eyes underwater and picking up submerged object, swimming on front and back using arm and leg actions with instructors support, exhaling underwater, floating on front and back, moving comfortably through the water, and entering and exiting the water independently.

CLASS#	BEG	AGE	DAY	TIME	#WKS	\$
120001-01	9/2	4+	MW	5:30-6:00pm	4	\$55
120001-02	9/2	4+	MW	6:10-6:40pm	4	\$55
120001-03	10/5	4+	MW	5:30-6:00pm	4	\$55
120001-04	10/5	4+	MW	6:10-6:40pm	4	\$55
120001-05	11/5	4+	MW	5:30-6:00pm	3	\$42
120001-06	11/5	4+	MW	6:10-6:40pm	3	\$42

LEVEL 2 Fundamental Aquatic Skills

Give students success with fundamental skills, submerging entire head, front and back glide without support, and recover from a vertical position. Bobbing in water, jellyfish float, swimming using combined stroke on front and back unsupported.

Prerequisite: Participants entering this course must have a Level 1 certificate or must be able to demonstrate all the completion requirements in Level 1.

CLASS#	BEG	AGE	DAY	TIME	#WKS	\$
120002-01	9/2	4+	MW	5:30-6:00pm	4	\$55
120002-02	9/2	4+	MW	6:10p-6:40pm	4	\$55
120002-03	10/5	4+	MW	5:30-6:00pm	4	\$55
120002-04	10/5	4+	MW	6:10p-6:40pm	4	\$55
120002-05	11/5	4+	MW	5:30-6:00pm	3	\$42
120002-06	11/5	4+	MW	6:10p-6:40pm	3	\$42





NATATORIUM HOURS

August – December

See page 9 for membership and daily fee information. For additional information, please call 817-685-1666

Monday – Friday	8 a.m. – 8:30 p.m. (Open Swim: 11:40 a.m. – 5 p.m.)
Saturday	9 a.m. – 3 p.m. (Open Swim: 10:30 a.m. – 3 p.m.)
Sunday	Noon – 3 p.m. (Open Swim: Noon – 3 p.m.)

RENTALS

The Natatorium is also available for rentals for parties. The rental includes use of the party room and the pool.

Open Swim Party Rental (up to 12 swimmers)

Resident: \$100 Non-resident: \$250

Includes admission for up to 12 swimmers and 2-hour rental of party room. This rental can be done during any open swim time from Monday – Sunday.

Private Party Rental (up to 40 swimmers)

Resident: \$175 Non-resident: \$425

Includes admission for up to 40 swimmers and 2-hour rental of party room. Times available: Saturday or Sunday, 3:30 - 5:30 p.m.

A \$250 deposit is required for rental. Party room capacity is 40 and seats 20 comfortably. Renter may bring in cake and drinks. All rental fees are due at time of reservation. The rental may be made a maximum of 60 days in advance and a minimum of 2-weeks' notice. Due to lifeguard staffing requirements no additional guests may be added to the party. To make a reservation, please call 817-685-1649 or e-mail Mary at ofaiva-siale@eulesstx.gov. Rental forms are available at <http://www.eulesstx.gov/pacs/rental/AquaticFacilities.htm#natatorium>

LEVEL 3 Stroke Development

The objective of Level 3 is to build on skills they already know such as freestyle and back crawl but focus on swimming technique such as rhythmic breathing, propelling kick, and proper pull. In level 3 you will learn elementary backstroke, scissors kick, dolphin kick and build on the fundamentals of treading water.

Prerequisite: Participants entering this course must have a Level 2 certificate or must be able to demonstrate all the completion requirements in Level 2.

CLASS#	BEG	AGE	DAY	TIME	#WKS	\$
120003-01	9/2	5+	MW	5:30-6:00pm	4	\$55
120003-02	9/2	5+	MW	6:10p-6:40pm	4	\$55
120003-03	10/5	5+	MW	5:30-6:00pm	4	\$55
120003-04	10/5	5+	MW	6:10p-6:40pm	4	\$55
120003-05	11/5	5+	MW	5:30-6:00pm	3	\$42
120003-06	11/5	5+	MW	6:10p-6:40pm	3	\$42

LEVEL 4 - Strokes and Turns

Level 4 focuses on stroke refinement and proficiency. Swimmers will build on strokes they already know such as freestyle, backstroke, breaststroke, scissor kick, and dolphin kick. In level 4 you will learn the arms for sidestroke and butterfly, starts and turns, and how to maintain streamline at faster speeds. This course will build endurance that is necessary to be able to swim efficiently while maintaining a streamline position.

Prerequisite: Participants entering this course must have a Level 3 certificate or must be able to demonstrate all the completion requirements in Level 3.

CLASS#	BEG	AGE	DAY	TIME	#WKS	\$
120004-01	9/2	5+	MW	5:30-6:00pm	4	\$55
120004-02	10/5	5+	MW	5:30-6:00pm	4	\$55
120004-03	11/5	5+	MW	5:30-6:00pm	3	\$42



Swim Lessons



SWIM TEAM PREP

This class helps to bridge the gap between the swimming lesson environment and swim team world. This class will focus on the four competitive strokes, starts, turns and finishes all while providing a coach in the water to ensure proper technique is being learned. Swim Team Prep will correct swimmers form and work to increase endurance while teaching common swim team drills to make the transition to swim team as seamless as possible.

Prerequisite: Participants in this course must have a Level 4 certificate or must be able to demonstrate all the completion requirements in Level 4.

CLASS#	BEG	AGE	DAY	TIME	#WKS	\$
120500-01	9/2	5+	MW	6:50-7:20pm	4	\$65
120500-02	10/5	5+	MW	6:50-7:20pm	4	\$65
120500-01	11/5	5+	MW	6:50-7:20pm	4	\$65

GUARD START

Guard start is a course that focuses on the lifeguarding course pretest only. This is not a lifeguard Certification course. This course will work on the 300yd swim, the 2 min. treading, and the Brick test. The instructors for this class will fully explain the pretest and give important hints on techniques to pass the pretest. This class will fix your swimming; treading, and get you training with the brick in a safe and controlled environment.

CLASS#	BEG	AGE	DAY	TIME	#WKS	\$
120020-01	9/2	14	MW	6:50-7:20pm	4	\$55
120020-02	10/5	14	MW	6:50-7:20pm	4	\$55
120020-03	11/5	14	MW	6:50-7:20pm	4	\$55

ADULT

Whether you're a first-time swimmer or are looking to improve your existing skill set, we offer Adult lessons for all stages of swimming ability. We teach beginners who won't get their face wet all the way up to triathlete looking to cut time and increase their stroke efficiency. Our trained instructors will guide you through a personalized program and help you to achieve your swimming goals!

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
120008-01	9/2	Nat	15+	MW	6:50-7:20pm	4	\$55
120008-02	10/5	Nat	15+	MW	6:50-7:20pm	4	\$55
120008-03	11/5	Nat	15+	MW	6:50-7:20pm	4	\$55





**TAEKWON-DO ADULT
(White Belt through Black Belt)**

This program is an adult-based comprehensive training system that is designed to prepare all levels of adult students to achieve their fullest potential, from the white belt to the first degree black belt (and beyond). Along with the numerous physical benefits shall be the development of the student's confidence, character, and integrity. Tuesday class meets at the Eules Family Life Center and the Thursday class meets at the Simmons Center. No class 11/27 Thanksgiving Day Instructor: Camille Dockter

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110134-01	9/8	EFLC	13+	T/TH	7:30-9pm	7	\$81
110134-02	11/3	EFLC	13+	T/TH	7:30-9pm	6	\$64

HAPKIDO

Hapkido, the art of coordinated power, is a comprehensive Korean self-defense system involving joint locks, pressure points, throws, kicks and strikes. Hapkido, a "soft" martial art, seeks to gain advantage over an opponent through techniques, avoiding the use of strength against strength. This class is designed for beginner through black belt and beyond. No class 9/7. Instructors: Chad Ellred

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110133-01	8/31	SIM	13+	M	7:30-9pm	4	\$25
110133-02	10/5	SIM	13+	M	7:30-9pm	4	\$25
110133-03	11/2	SIM	13+	M	7:30-9pm	4	\$25
110133-04	11/30	SIM	13+	M	7:30-9pm	3	\$20

ZUMBA & ZUMBA TONING

Zumba is Latin cardio in a party setting. The Latin and international rhythms make you move and you don't even know you are working out. Come and have some fun while working out with the Zumba family. It's not a dance-based class so no worries you don't need to have rhythm to fill the workout effectiveness. No class 9/7. Instructors: Letty Mota and Gracie Torres

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110300-01	8/31	EFLC	13+	M/W	7-8pm	4	\$42
110300-02	9/28	EFLC	13+	M/W	7-8pm	4	\$42
110300-03	10/21	EFLC	13+	M/W	7-8pm	4	\$42
110300-04	11/30	EFLC	13+	M/W	7-8pm	3	\$32



MODERN WESTERN SQUARE DANCE

Modern Western Square Dance has been designated as the Folk Dance of Texas and the National Folk Dance. This is not what you did in public school. The dance music used today will surprise and please you. Don't worry, if you have two left feet, if you can walk, then you can enjoy this activity. It is not Allemande Left and Do Sa Do, it is a fun evening with lively music and chance to forget about the day for two hours. Instructor: Barry Hendricks

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110340-01	9/10	EFLC	13+	TH	7-9pm	13	\$42

GET FIT BOOT CAMP PM

Get Fit Boot Camp is designed to get you in shape fast and motivate you to lose weight. This class will build stamina, muscle, strength and overall fitness. Instructor: Jeremy Wickwire

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110610-01	9/4	EFLC	13+	F/S	5:15-6pm	4	\$70
110610-02	10/2	EFLC	13+	F/S	5:15-6pm	4	\$70
110610-03	10/30	EFLC	13+	F/S	5:15-6pm	4	\$70
110610-04	12/4	EFLC	13+	F/S	5:15-6pm	3	\$60

MIXED MARTIAL ARTS

Jiu-Jitsu concentrates on dominating your opponent on the ground by using angles, leverage, and superior body positioning to control an opponent's body movement. This style allows for a smaller person to defeat a much larger attacker. We recommend this style for men and women looking for a great workout and realistic self-defense. Instructor: Jeremy Wickwire

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110140-01	9/8	EFLC	14+	M/W	7-8:45pm	4	\$80
110140-02	10/6	EFLC	14+	M/W	7-8:45pm	4	\$80
110140-03	11/3	EFLC	14+	M/W	7-8:45pm	4	\$80
110140-04	12/1	EFLC	14+	M/W	7-8:45pm	3	\$70



ADULT ICE SKATING

For adult skaters with little or no experience. Skaters will learn basic forward and backward skating, snowplow stops, swizzles, backward wiggles and one-foot glides. Forward crossovers will be introduced. Skate rental included in the class, plus four free public skate sessions. Instructors: Qualified Dr Pepper StarCenter Professionals

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111165-01	8/31	DPSC	13+	M	7-7:30pm	4	\$30
111165-02	9/5	DPSC	13+	S	1:30-2pm	4	\$30
111165-03	9/28	DPSC	13+	M	7-7:30pm	4	\$30
111165-04	10/3	DPSC	13+	S	1:30-2pm	4	\$30
111165-05	10/26	DPSC	13+	M	7:15-7:45pm	4	\$30
111165-06	10/31	DPSC	13+	S	1:30-2pm	4	\$30
111165-07	11/23	DPSC	13+	M	7:15-7:45pm	4	\$30
111165-08	11/28	DPSC	13+	S	1:30-2pm	4	\$30

YOU CAN OIL PAINT ADULT AND TEEN

Never held a paintbrush and can't draw a straight line? This is the program for you whether you're a beginner or experienced artist! Discover the fun and ease of oil painting step-by-step with the patient and expert guidance of Robert & Susan Garden, professional artists with over 30 years of experience whose specialty is teaching students to complete a beautiful painting in one lesson. You'll be proud to frame and hang your masterpiece at the end of class. Learn perspective, color mixing, time saving brush strokes and composition. All supplies are provided; oil paints, palette, brushes, canvas, easel and detailed lesson plan. Wear an old T-shirt and bring paper towels to class. Themes include: "Crashing Waves of Hawaii", "Adirondack Chair on the Beach at Sunset", "Desert Sunset in Sedona", "Moonlight Snow Scene on Black Canvas".

Instructor: Robert Garden Art Enterprises

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110810-01	9/10	EFLC	14+	TH	6-9pm	1	\$37
110810-02	10/15	EFLC	14+	TH	6-9pm	1	\$37
110810-03	11/19	EFLC	14+	TH	6-9pm	1	\$37
110810-04	12/17	EFLC	14+	TH	6-9pm	1	\$37

HOT HULA FITNESS

HOT HULA fitness® is a fun, new and exciting dance workout. It provides a "total body workout" in 60 minutes broken down into segments including warm-up and cool-down so you can do a shorter workout depending on your time and fitness level. HOT HULA fitness® isolates your larger muscle groups, increasing strength and definition to your core with specific emphasis on the abs, glutes, quads and arms. Inspired by the dances of the Pacific Islands. HOT HULA fitness® incorporates easy to perform dance movements set to the sounds of traditional Polynesian drum beats fused with funky reggae music, resulting in a modern, hip fitness workout. All ages and fitness levels will enjoy HOT HULA fitness®. No equipment required, barefoot works best. Bring water and a towel. No class 9/7. Instructor: Ema Colon

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110330-01	8/31	EFLC	15+	M/W	8-9pm	6	\$62
110330-02	10/12	EFLC	15+	M/W	8-9pm	6	\$62
110330-03	11/23	EFLC	15+	M/W	8-9pm	4	\$50

KICKBOXING BOOT CAMP

Kickboxing Boot Camp will use bags, gloves, jump ropes and much more to increase your cardio and strength. This program can help you get in shape for summer time. Bring gloves, towel and water. Instructor: Beverly Hill

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110316-01	9/14	EFLC	16+	M/W	7-8pm	3	\$32
110316-02	10/12	EFLC	16+	M/W	7-8pm	3	\$32
110316-03	11/2	EFLC	16+	M/W	7-8pm	3	\$32
110316-04	11/30	EFLC	16+	M/W	7-8pm	3	\$32

PILATES FITNESS

Pilates conditions the whole body. You will gain flexibility, strength, and body toning using all kinds of different exercises. This will help you enjoy daily activities and sports. Please bring a mat and towel. Instructor: Beverly Hill

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110320-01	9/14	EFLC	16+	M/W	6-7pm	3	\$32
110320-02	10/12	EFLC	16+	M/W	6-7pm	3	\$32
110320-03	11/2	EFLC	16+	M/W	6-7pm	3	\$32
110320-04	11/30	EFLC	16+	M/W	6-7pm	3	\$32

YOGA

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110325-01	9/14	EFLC	16+	M/W	5-6pm	3	\$32
110325-02	10/12	EFLC	16+	M/W	5-6pm	3	\$32
110325-03	11/2	EFLC	16+	M/W	5-6pm	3	\$32
110325-04	11/30	EFLC	16+	M/W	5-6pm	3	\$32

SPIN AND SWEAT

Want to crank up your workout, burn more calories, and fat? Come join us for a great workout and a great time. Get ready to work hard and sweat like crazy! Instructor: Angela Pond

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110343-01	9/2	EFLC	16+	W	6-6:45pm	4	\$26
110343-02	9/30	EFLC	16+	W	6-6:45pm	4	\$26
110343-03	10/28	EFLC	16+	W	6-6:45pm	3	\$20
110343-04	12/2	EFLC	16+	W	6-6:45pm	3	\$20

TAI CHI BEGINNERS

Tai Chi Chuan combines aerobic activity, circulation, breathing and stretching techniques to help all fitness levels find internal balance while doing a weight bearing, low-impact workout. Wear loose clothing and flat shoes. This class repeats monthly. Instructor: Wendy Love

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110305-01	9/1	EFLC	16+	T	6-7pm	4	\$40
110305-02	9/29	EFLC	16+	T	6-7pm	4	\$40
110305-03	10/27	EFLC	16+	T	6-7pm	4	\$40
110305-04	11/24	EFLC	16+	T	6-7pm	4	\$40



TAI CHI ADVANCED

Tai Chi is proven to restore energy, strength and endurance, develop grace and balance, resulting in relaxation and suppleness. Returning students learn additional moves and continue the study of Yang form introduced in the beginner course. Chi-Kung exercises and two-person drills will be introduced. Instructor: Wendy Love

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110306-01	9/1	EFLC	16+	T	7-8pm	4	\$40
110306-02	9/29	EFLC	16+	T	7-8pm	4	\$40
110306-03	10/27	EFLC	16+	T	7-8pm	4	\$40
110306-04	11/24	EFLC	16+	T	7-8pm	4	\$40

DIGITAL PHOTOGRAPHY

This class is for a person that wants to know how to use a camera. Not everything on the camera will be taught, but what will be taught will be most useful in everyday pictures. This class is set to secondary to give you the basic techniques that are used by the pro's to shoot good pictures. The class will be taught in a simple way so everyone will understand the camera and the technique in shooting good pictures. Please bring your camera to class and get ready to learn how to be the photographer you have always wanted to be.

Instructor: Tim Lane

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110830-01	9/14	EFLC	16+	M	6:30-8pm	2	\$50
110830-02	10/5	EFLC	16+	M	6:30-8pm	2	\$50
110830-03	10/19	EFLC	16+	M	6:30-8pm	2	\$50
110830-04	11/9	EFLC	16+	M	6:30-8pm	2	\$50
110830-05	11/30	EFLC	16+	M	6:30-8pm	2	\$50

ADULT TAP

Tap is wonderful exercise, great fun and for all levels. You will learn all different kinds of choreography and will get lots of exercise. Come join the fun and learn different rhythms and choreography.

Instructor: Leah Siek

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110245-01	9/1	EFLC	18+	T	7-8pm	4	\$62
110245-02	9/29	EFLC	18+	T	7-8pm	4	\$62
110245-03	10/27	EFLC	18+	T	7-8pm	4	\$62
110245-04	12/1	EFLC	18+	T	7-8pm	3	\$47



FOUNDATIONS OF INVESTING SEMINAR

This seminar covers the key features of bonds, stocks and mutual funds as well as the importance of proper asset allocation. This seminar is presented by Michael Scoma of Edward Jones.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111003-01	9/24	EFLC	18+	TH	10-11am	1	FREE
111003-02	10/29	EFLC	18+	TH	10-11am	1	FREE
111003-03	12/3	EFLC	18+	TH	10-11am	1	FREE

RULES OF THE ROAD SEMINAR

This seminar explores how you can move toward your financial goals with Edward Jones' 10 Rules of the Road Investing. These rules will help you learn the fundamental concepts of investing and potential strategies to help build your wealth. This seminar is presented by Michael Scoma, Financial Advisor with Edward Jones.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111004-01	9/10	EFLC	18+	TH	10-11am	1	FREE
111004-02	10/8	EFLC	18+	TH	10-11am	1	FREE
111004-03	11/12	EFLC	18+	TH	10-11am	1	FREE

EULESS \$5 GROUP WORKOUT

Join a fun group that loves music and a great workout. The session is filled with plyometrics, calisthenics, stretching and abdominal exercises that will have your body and mind performing at its best. Post workout drinks and bars available for FREE! Every Saturday at 9:30 sponsored by changelfe.com.

ADULT BALLET

Ballet is a great class for flexibility, core strength, balance and technique. This is a great class for adults to continue learning as well as getting a great core. Instructor: Sue Hurst.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110240-01	9/3	EFLC	18+	TH	8-9pm	4	\$62
110240-02	10/1	EFLC	18+	TH	8-9pm	4	\$62
110240-03	10/29	EFLC	18+	TH	8-9pm	4	\$62
110240-04	12/3	EFLC	18+	TH	8-9pm	3	\$47



Eules Family Life Senior Center

300 West Midway Drive, Eules, Texas 76039
817-685-1671

Diane Eggers, Senior Center Supervisor, 817-685-1670
Renee Frizzell, Senior Center Activity Programmer, 817-685-1871
Monday, Tuesday, Wednesday, Friday (6:30 a.m. - 4 p.m.)
Thursday (6:30 a.m. - 9 p.m.)

ANNUAL MEMBERSHIP	Eules Residents		Non-Residents		
	Senior Center, Rec Center, Fitness Center	Add Natatorium (Total Cost)	Senior Center Only	Add Fitness Center (Total Cost)	Add Natatorium (Total Cost)
Senior (age 60+)	\$5	\$25	\$25	\$75	\$120

NEW! Class registration will begin on Monday, August 3rd at 7:30 a.m.

SENIOR CENTER CLOSED

September 7	Labor Day
November 17	No classes after noon (12:00 pm)
November 18	North Main Bar-B-Que Luncheon
November 26	Thanksgiving Holiday
November 27	Thanksgiving Holiday
December 10	Closed at 4:00 pm for City event

*All activities offered through the Eules Family Life Senior Center require a membership to participate. Hesitation on enrolling for programs and activities could result in missing out on some FabEules opportunities. Help us prevent program and activity cancellation by registering early. Reservations are limited.

HEALTH AND WELLNESS

CORE & STRETCH

Have better posture and reduce back pain, increase strength and improve flexibility. Instructor: Christian Smalls, Sr.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140301-09	9/2	EFLSC	60+	MW	10:30-11:30am	5	FREE
140301-10	10/5	EFLSC	60+	MW	10:30-11:30am	4	FREE
140301-11	11/2	EFLSC	60+	MW	10:30-11:30am	5	FREE
140301-12	12/2	EFLSC	60+	MW	10:30-11:30am	5	FREE

BEGINNING SOMATICS SERIES

Regardless of age, muscles can become tight and inflexible causing chronic muscular pain and generalized fatigue. In this six week series, you will learn SIMPLE movements that when done regularly can bring a PAIN FREE and more coordinated way of moving. This class is based on the book 'Move without Pain' by Martha Peterson. It is recommended you purchase the book to help guide you through the classes. Instructor: Lisa Womack.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140302-01	9/1	EFLSC	60+	T	2-3pm	6	FREE

SIMPLE SOMATICS

Taking the movement patterns learned from the Beginning Somatics Series we will practice and relieve muscular tensions together! You MUST have taken the Beginning Somatics Series to participate in this class. Prerequisite Beginning Somatics Series. Instructor: Lisa Womack.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140303-09	9/7	ELFSC	60+	M	11:30am-12:30pm	4	FREE
140303-10	10/5	ELFSC	60+	M	11:30am-12:30pm	4	FREE
140303-11	11/2	ELFSC	60+	M	11:30am-12:30pm	5	FREE
140303-12	12/7	ELFSC	60+	M	11:30am-12:30pm	4	FREE

AFTERNOON YOGA

Better than an afternoon nap! Basic and gentle yoga postures on the mat, followed by a time of deep relaxation and renewal.

Instructor: Lisa Womack.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140304-09	9/7	EFLSC	60+	M	1-2pm	4	FREE
140304-10	10/5	EFLSC	60+	M	1-2pm	4	FREE
140304-11	11/2	EFLSC	60+	M	1-2pm	5	FREE
140304-12	12/7	EFLSC	60+	M	1-2pm	4	FREE

AEROBIC STRENGTH

Get your body moving! This class will take you through a full-body workout with absolutely no weights. You will strengthen your heart, lungs and increase your balance to the sounds of inspiring upbeat music! Come see what everyone has been talking about!

Instructor: Christian Smalls, Sr.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140305-09	9/1	EFLSC	60+	TF	9:15-10:15am	5	FREE
140305-10	10/2	EFLSC	60+	TF	9:15-10:15am	4	FREE
140305-11	11/3	EFLSC	60+	TF	9:15-10:15am	4	FREE
140305-12	12/1	EFLSC	60+	TF	9:15-10:15am	5	FREE

TAI CHI - 49 FORM

If you are looking for a way to exercise both the mind and the body this class is for you!! This Tai Chi form is very gentle and slow moving, yet it helps to improve your balance, increase your flexibility, strengthen your muscles, reduce stress and helps a variety of other health conditions. And we have FUN!!! Come join us!!

Instructor: Annette Briggs.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140306-09	9/1	EFLSC	60+	T	10:30-11:30am	4	FREE
140306-10	10/6	EFLSC	60+	T	10:30-11:30am	4	FREE
140306-11	11/3	EFLSC	60+	T	10:30-11:30am	4	FREE
140306-12	12/1	EFLSC	60+	T	10:30-11:30am	4	FREE

MORNING ZUMBA

Want to Party while exercising? This Latin inspired fitness dance class incorporates Latin and international music. The cardio-based dance movements are easy to follow steps that include body sculpting, which targets areas such as legs, arms, core, abdominals and improves cardio function. Instructor: Angela Cisneros.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140307-09	9/1	EFLSC	60+	TTH	10:30-11:30am	5	FREE
140307-10	10/1	EFLSC	60+	TTH	10:30-11:30am	5	FREE
140307-11	11/3	EFLSC	60+	TTH	10:30-11:30am	5	FREE
140307-12	12/1	EFLSC	60+	TTH	10:30-11:30am	5	FREE



GENTLE YOGA

Gentle Yoga presents an introduction to basic yoga poses. The class emphasizes stretching, coordination of breath with movement and attention to alignment. The class is designed to create breath awareness, enhance balance and increase flexibility. Gentle Yoga is for people new to yoga or those who are experiencing joint sensitivity, overall stiffness due to lack of activity, or other physical limitations. Instructor: Debbie Melchiorre.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140309-09	9/1	EFLSC	60+	TTH	11:30am-12:30pm	4	FREE
140309-10	10/1	EFLSC	60+	TTH	11:30am-12:30pm	4	FREE
140309-11	11/3	EFLSC	60+	TTH	11:30am-12:30pm	4	FREE
140309-12	12/1	EFLSC	60+	TTH	11:30am-12:30pm	4	FREE

T.L.C. (THERAPEUTIC. LIVELY. CHAIR.) YOGA

With the use and support of chairs, this Yoga Class is designed to help build strength, improve flexibility and balance in a very gentle way. If you prefer to do some of your practice on the mat that is always an option. Instructor: Debbie Melchiorre.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140310-09	9/2	EFLSC	60+	W	9-10am	5	FREE
140310-10	10/7	EFLSC	60+	W	9-10am	4	FREE
140310-11	11/4	EFLSC	60+	W	9-10am	4	FREE
140310-12	12/2	EFLSC	60+	W	9-10am	5	FREE

TAI CHI 16 FORM

This Tai Chi 16 form is easy to learn and understand because it is short with only 16 moves to perform. Yang Style is even, gentle and slow moving to provide increased balance, improved flexibility with stress reduction. If you are looking for a Tai Chi form that is easy to learn, this is it. Instructor: Lowell Johnson.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140311-09	9/2	EFLSC	60+	W	11:30am-12:30pm	5	FREE
140311-10	10/7	EFLSC	60+	W	11:30am-12:30pm	4	FREE
140311-11	11/4	EFLSC	60+	W	11:30am-12:30pm	4	FREE
140311-12	12/2	EFLSC	60+	W	11:30am-12:30pm	5	FREE
140312-09	9/3	EFLSC	60+	TH	5-6pm	4	FREE
140312-10	10/1	EFLSC	60+	TH	5-6pm	5	FREE
140312-11	11/5	EFLSC	60+	TH	5-6pm	4	FREE
140312-12	12/3	EFLSC	60+	TH	5-6pm	5	FREE

PICKLEBALL

Pickle ball is a modified tennis game that is fun, great exercise and addictive. Play with an oversized table tennis paddle while hitting a hard plastic tennis-sized ball with tennis-like strokes on a badminton-sized court. If you like to play tennis, paddle ball or badminton, you will love to play this game. Equipment is provided. Meets Tuesday, Thursday and Friday from 10 a.m. - Noon.

SENIOR ABS

Get your abs back in shape. This beginner class you will strengthen your core, upper and lower abdominal muscles.

Instructor: Christian Smalls, Sr.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140313-09	9/3	EFLSC	60+	TH	9:15-10:15am	4	FREE
140313-10	10/1	EFLSC	60+	TH	9:15-10:15am	5	FREE
140313-11	11/5	EFLSC	60+	TH	9:15-10:15am	4	FREE
140313-12	12/3	EFLSC	60+	TH	9:15-10:15am	5	FREE

EVENING ZUMBA

Want to Party while exercising? This Latin inspired fitness dance class incorporates Latin and international music. The cardio-based dance movements are easy to follow steps that include body sculpting, which targets areas such as legs, arms, abdominals and improved cardio function. Instructor: Monica Chavez

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140308-09	9/3	EFLSC	60+	TH	6-7pm	4	FREE
140308-10	10/1	EFLSC	60+	TH	6-7pm	5	FREE
140308-11	11/5	EFLSC	60+	TH	6-7pm	4	FREE
140308-12	12/3	EFLSC	60+	TH	6-7pm	5	FREE

QUIET YOGA

This class will focus on the joints and spine helping to improve flexibility and range of motion. Quiet Yoga is based on the principles of Yin Yoga and is designed to balance out the more muscular types of exercise. This practice is done on the mat mostly in seated or reclined poses. Instructor: Lisa Womack

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140314-09	9/4	EFLSC	60+	F	10:15-11:15am	4	FREE
140314-09	10/2	EFLSC	60+	F	10:15-11:15am	4	FREE
140314-09	11/6	EFLSC	60+	F	10:15-11:15am	4	FREE
140314-09	12/4	EFLSC	60+	F	10:15-11:15am	4	FREE



TRIPS

NEBRASKA FURNITURE MART OF TEXAS

Want to say you walked through 22 football fields? Nebraska Furniture Mart of Texas is a one-of-a-kind retail experience, and one of the largest furniture stores in Texas and the best part is it's all under one roof. We will stop for lunch (bring lunch money).

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140200-01	9/16	EFLSC	60+	W	9:30am-3pm	1	\$5

CANTON TRADE DAYS

What started more than a century ago as a flea market has become home to some of the most exciting, cutting-edge home furnishings, antiques and collectibles that can be found anywhere. Make plans to join us and enjoy a shopping experience like none other. Bring lunch money.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140201-01	10/2	EFLSC	60+	F	7am-5pm	1	\$5

GRAND PRAIRIE PREMIUM OUTLETS

Start your holiday shopping before all the holiday rush. Join us for a day of "shop til ya drop." Bring lunch money.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140202-01	11/11	EFLSC	60+	W	9:30am - 3pm	1	\$5

DEERFIELD HOME OWNERS ASSOCIATION - PLANO

This magical experience of light will take us in a horse drawn wagon. Dress warm, bring your blankets and Holiday cheer. Space is limited to 12.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140203-01	12/1	EFLSC	60+	T	5-9pm	1	\$23

CHRISTMAS IN DOWNTOWN GRAPEVINE - GRAPEVINE

Celebrate the magic of Christmas in Grapevine, the Christmas Capital of Texas! Grapevine is the perfect place to create wonderful Christmas memories, as you see Grapevine sparkle with millions of lights, enormous decorations, animated characters and a whole lot more! Dress warm and wear your walking shoes.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140203-02	12/8	EFLSC	60+	T	5:30-9pm	1	\$5

VITRUVIAN PARK - ADDISON

Vitruvian Lights in Addison is a spectacular holiday light display throughout Vitruvian Park. Walk and wind through the 12-acre park, with millions of sparkling LED lights that are wrapped around more than 200 glittering trees, creating a magical holiday wonderland. Dress warm and wear your walking shoes.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140203-03	12/15	EFLSC	60+	T	5:30-9pm	1	\$5

DINING OUT CLUB

Do you have a restaurant you love to dine out at but don't like dining out by yourself? Join us on the 3rd Monday of each month. This is a friendly, casual, nominal cost evening where you can dine and enjoy old and new friends. Things tend to get going around 5 pm at a local restaurant. Everyone provides their own transportation. Please call 817- 685-1671 to make your reservation and find out where we are going each month. *Dinner cost varies.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140205-09	9/21	TBA	60+	M	5-7pm	1	*
140205-10	10/19	TBA	60+	M	5-7pm	1	*
140205-11	11/16	TBA	60+	M	5-7pm	1	*
140205-12	12/21	TBA	60+	M	5-7pm	1	*

MYSTERY LUNCH

Join us on this fun day out, includes a scrumptious lunch and plenty of head scratching. Come solve the mystery as we travel to different restaurants in the DFW area each month. Registration is required. * Lunch cost varies.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
1040204-09	9/16	EFLSC	60+	W	12:30-3:30pm	1	*
1040204-10	10/21	EFLSC	60+	W	12:30-3:30pm	1	*
1040204-12	12/16	EFLSC	60+	W	12:30-3:30pm	1	*



SPECIAL INTERESTS

GENEALOGY (NEW TIME)

Are you stuck up your family tree? This group is for those just beginning or wanting more for their genealogy quest. If you are stuck on the ground under your tree, or are stuck somewhere in your family tree, this group will help get you up the tree or unstuck! We're here to help each other swing from branch to branch. Come join us and get busy discovering your rich family history and heritage! Volunteer: Ted Poli

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140700-09	9/7	EFLSC	60+	M	1-2:30pm	4	FREE
140700-10	10/5	EFLSC	60+	M	1-2:30pm	4	FREE
140700-11	11/2	EFLSC	60+	M	1-2:30pm	5	FREE
140700-12	12/7	EFLSC	60+	M	1-2:30pm	4	FREE



"HEY, WHATCHA READING?" BOOK CLUB

Love to read? Have a favorite author? Remember that special book you read and still treasure? Join the "Hey, whatcha reading?" book club and tell us all about it. Bring a pen and start a new TBR list (To Be Read) as we share what's new, what's good and what's not worth the time! Whether it's hardback, paperback or E-book, we want to know about it. Volunteer: Margret Burris.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140701-09	9/8	EFLSC	60+	T	10-11am	1	FREE
140701-10	10/13	EFLSC	60+	T	10-11am	1	FREE
140701-11	11/10	EFLSC	60+	T	10-11am	1	FREE
140701-12	12/8	EFLSC	60+	T	10-11am	1	FREE

SENIOR MOMENTS OR SOMETHING MORE?

James L. West Alzheimer's Center, Jamie Cobb, Director of Community Education will present Senior Moments or Something More. Misplacing keys and forgetting names happens to everyone, but do you wonder if it is more than a senior moment? A person develops Alzheimer's disease every 67 seconds. In 2050, someone will develop the disease every 33 seconds. With this staggering projection, James L. West Alzheimer's Center is raising awareness of this growing disease and answering the questions that all generations are asking. This program will cover: A better understanding of Alzheimer's disease and dementia, the importance of a proper and early diagnosis, the difference between normal and abnormal aging and ways that have been clinically shown to help reduce your risk. Instructor: Jamie Cobb.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140702-01	10/6	EFLSC	60+	T	10-11:30am	1	FREE

iPAD, KINDLE & TABLET - Books, Books & more Books

Did you know you can get books, books and more books on your iPad, Kindle or Tablet? The Euless Public Library will be at the center to talk about how you can enjoy books on your electronic device. Join the library staff as they talk about electronic resources. If you have an electronic device bring it with you or if you do not have an electronic device just come see what all the talk is about. Instructor: Library Staff

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140703-01	10/13	EFLSC	60+	T	11am - Noon	1	FREE

LINE DANCING

Boot Scootin Boogie, this class is for everyone who loves to line dance. You will learn the basics, pattern combinations and much more. This is great way to meet new friends. See you soon. Instructor: Michelle Burger.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140705-09	9/9	EFLSC	60+	W	2-3pm	4	FREE
140705-10	10/7	EFLSC	60+	W	2-3pm	4	FREE
140705-11	11/4	EFLSC	60+	W	2-3pm	3	FREE

CHATEAU ON WILDBRIAR LAKE TOUR

Come join us for a Tour and Lunch on our beautiful Veranda (weather permitting) over-looking our Salt Water pool, Wooded Walking paths and serene view of Wildbriar lake. The Chateau is a very unique Independent Senior Living Community, nestled on 8 acres here in the middle of the Metroplex with easy access to Hwy 183 and George Bush 161 Toll way. Instructor: Chateau on Wildbriar Lake Tour Staff.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140706-01	9/23	EFLSC	60+	W	11am-1:15 pm	1	FREE

AARP DRIVER SAFETY

This course cannot be used to dismiss a ticket. Payment is made at time of class and checks are payable to AARP. Please call 817-685-1671 to register. *\$15 AARP member, \$20 AARP non member. Instructor: AARP Certified Instructor

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140707-01	10/14	EFLSC	18+	W	9 am-1 pm	1	*



JAMES L. WEST ALZHEIMER'S CENTER PRESENTS WORKING WITH THE DOCTORS PROGRAM

This presentation with help to empower people with the best ways to manage their health by learning how to work with the healthcare system, how to find the right doctor(s), and how to effectively communicate with your healthcare team. Presenter: Jamie Cobb

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140708-01	10/28	EFLSC	60+	W	10-11:30am	1	FREE

CARTER EYE CENTER

Carter Eye Centers mobile Vision Van will be offering a free vision and cataract screening. This is not a diagnosis; the screening is an evaluation to determine if you could possibly have a vision problem or the start of cataracts. No appointment is required.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140712-09	9/10	EFLSC	60+	TH	10 am-1 pm	1	FREE



TEXAS A&M AGRILIFE EXTENSION SERVICE PRESENTS COOKING WELL WITH DIABETES

In this class you will learn how to select and prepare foods in a way that will better manage blood glucose levels, learn to prepare food with better fat for good taste and to focus on reducing sodium and increasing fiber all while you are maintaining a healthier lifestyle as a diabetic. Instructor: Texas A&M Agrilife Extension Service Staff

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140709-02	9/10	EFLSC	60+	TH	2:30-3:30pm	3	FREE

MEDICARE: WHAT YOU NEED TO KNOW

We will go over common questions about Medicare, what your Medicare options are and where to find additional information about plans, prescription, extra help and much more. At the end of the program, there will be a question and answer session. Everyone is welcome!

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140710-03	9/24	EFLSC	60+	TH	9-11am	1	FREE
140710-04	9/24	EFLSC	60+	TH	6-8pm	1	FREE

BASIC SPANISH FOR TRAVELERS PART III

Continue learning and conversing in Basic Spanish for Travelers Part III. If you took the first two classes or if you have some knowledge of the Spanish language, come join us! Instructor: Lala Williams

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140711-01	10/8	EFLSC	60+	TH	1:30-3:30pm	6	\$12

BUNCO

BUNCO is a fast-moving, uncomplicated game of dice, luck, and prizes. If you like plain, old-fashioned fun, you should consider joining this wild group! *Payment is due at time of event.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140600-09	9/11	EFLSC	60+	F	9 am	1	*
140600-10	10/09	EFLSC	60+	F	9 am	1	*
140600-11	11/13	EFLSC	60+	F	9 am	1	*

THURSDAY NIGHT GAMES

Do you have a domino, card or board game you love but can't get enough players together? Want to try new games you might not have played before? You've come to the right place. Every Thursday night we are open for game night. This is a friendly, casual, no-cost event where you can try out new games or enjoy old favorites. Things tend to get going around 5 pm but feel free to drop in anytime throughout the evening. Thursday Evening, 5 - 9 pm, Fee: FREE

LUNCH AND LEARN

The Lunch and Learn workshops are designed to be useful and informative. It is the individual's responsibility to make informed decisions regarding these workshops. Please call or stop by to make a reservation. Reservations are limited.

James L West Alzheimer Center presents Sharpen Your Memory and Keep It Strong!

Do you have a hard time remembering names or where you put your keys? Our lifestyle habits contribute to our ability to remember, concentrate and make sense out of things. Join us as we learn and practice positive lifestyle habits, tricks and techniques that boost your memory and improve attention.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140500-09	9/14	EFLSC	60+	M	11:30am-1pm	1	FREE

ABBOTT LAB - Understanding Rheumatoid Arthritis

RA answers: Join us to learn how to better understand Rheumatoid Arthritis. We will be providing disease awareness information surrounding Rheumatoid Arthritis. The physician will also discuss the differences in Osteoarthritis and Rheumatoid Arthritis

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140500-10	10/12	EFLSC	60+	M	11:30am-1pm	1	FREE

Suzi McAlpine - Understanding the A B C D's of Medicare

Let's get through the Medicare Maze!! Understand the A B C D's of Medicare, what it does and does not cover, and the different Medicare Plan options you have, like Medicare Supplements, Medicare Advantage plans and Medicare Rx plans.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140500-11	11/9	EFLSC	60+	M	11:30am-1pm	1	FREE

ADVICE TO SENIORS AND THEIR ADULT CHILDREN

Please join us for an open discussion to get answers to these questions about senior living and care. What are the key "gotchas" seniors need to understand how to avoid? Live independently and in their own home for as long as possible, what services are available to help, when to begin thinking about alternative living arrangements, what are the signs, what are your options, cost, how to pay for, benefits of making a change in living and care arrangements and much more.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140500-12	12/14	EFLSC	60+	M	11:30am-1pm	1	FREE

ARTS AND CRAFTS

SENIORS CAN PAINT WITH OILS - ROBERT GARDEN SCHOOL OF ART

Even if you've never held a paint brush or can't draw a straight line you will be amazed at the beautiful oil painting you can create in one fun and inspiring lesson. Beginners learn basics of color/mixing, brushstrokes and perspective while completing a detailed landscape or seascape. All art supplies, canvas, paints brushes easel and detailed lesson plan are provided. Please bring paper towels and wear old clothes.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140100-10	10/16	EFLSC	60+	F	1:30-4pm	1	\$35
Italian Villa with Staircase							
140100-11	11/20	EFLSC	60+	F	1:30-4pm	1	\$35
Blue Heron at Sunset							
140100-12	12/4	EFLSC	60+	F	1:30-4pm	1	\$35
Moonlight Snow Scene on Black Canvas							



SPECIAL EVENTS

SPOOKY KOOKY HALLOWEEN PARTY

When tombs creak open, worms creep out and witches take flight we will gather for spooky kooky frightful party. Come join this frightful party, if you dare...We will have a spook kooky fest along with a costume contest.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
14400-10	10/30	EFLSC	60+	F	Noon-1:30pm	1	\$5

THANKSGIVING POTLUCK

We are throwing a potluck party this Thanksgiving. ELFCS will provide the turkey and ham and you provide the rest. Be thankful and please provide enough to serve 10-12 people. *\$5 without a dish.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
14401-11	11/6	EFLSC	60+	F	Noon-1:30pm	1	*

NORTH MAIN BAR-B-QUE ANNUAL HOLIDAY LUNCHEON

sponsored by North Main Bar-B-Que.
Wednesday, November 18

11:00 a.m. - doors open, 11:30 a.m. - lunch served
TICKETS are required for entry.

Reservations are NOT accepted by phone.

Registration Deadline is Wednesday, November 11

Reservations:

Euless Family Life Senior Center Resident Members (current EFLSC membership required.)

Begin taking reservation: 9/1 at 7:30 a.m.

Euless Family Life Senior Center Non-Resident Members (current EFLSC membership required.)

Begin taking reservation: 10/1 at 7:30 a.m.

Non-Members (60- plus Euless Resident). Proof of residency (current water bill and current TX DL is required.)

Begin taking reservation: 10/15 at 7:30 a.m.

Event #: 140402-11

We have a limited number of tickets available. This event will sell out. Don't delay, get your tickets early!

SANTA CLAUS COOKIE EXCHANGE

Come join us for the most delicious party of the year! A holiday cookie exchange! Please bring two dozen homemade baked goods (please no store bought cookies) to exchange. *2 dozen cookies.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140403-12	12/9	EFLSC	60+	W	10:30-11:30am	1	*

CHRISTMAS POTLUCK

We are throwing a potluck party this Holiday Season. ELFCS will provide meatloaf and you provide the rest. Please provide enough to serve 10-12 people. *\$5 without a dish.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140404-12	12/18	EFLSC	60+	F	Noon	1	*

NEW YEARS EVE PARTY

Let's ring in the New Year at the EFLSC. We will be serving black eyed peas, chicken soup, corn bread and non-alcoholic beverages to toast in the New Year!

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
140405-12	12/31	EFLSC	60+	TH	Noon	1	\$5

SENIOR CENTER REFUND POLICY

Refunds are not given for programs, special events and trips. A refund will be given if the spot can be filled. If a program, special event or trip etc. is cancelled by the senior center staff, a full refund will be issued to the participant.





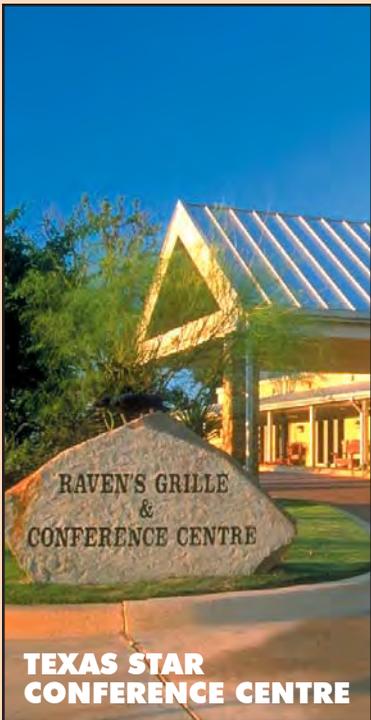
Rentals



ACTIVITY ROOM #5



ACTIVITY ROOM #2



TEXAS STAR CONFERENCE CENTRE

Reservation Staff is available to assist with reservations Monday - Friday, 8 a.m. - 5 p.m.
817-685-1649 / www.eulesstx.gov/pacs/rentals / ofaiva-siale@eulesstx.gov

INDOOR FACILITY RENTAL INFORMATION

Euless Family Life Center, 300 W. Midway Dr.

Note: Reservations required, a minimum of 7 business days in advance, a maximum 60 days in advance. After hours rentals require a minimum of 14 business days in advance, a maximum of 60 days in advance.

Amenities: Tables and chairs are included in the rental fee.

After hours rental available (See pg. 9 for hours of operation): Friday, 8 - 11 p.m.; Saturday, 6 - 11 p.m.; Sunday, 6 - 9 p.m.

MEETING ROOMS

Resident:	\$30/hr (For after hours add \$20/hr-building attendant fee)
Non-resident:	\$60/hr (For after hours add \$20/hr-building attendant fee)
Deposit:	Without food or drink \$50
	With food or drink \$250

	Occupancy Load	Seated Occupancy
Activity Room #1	40	24
Activity Room #2	10	10
Activity Room #5	60	40

GYMNASIUM* (capacity = 250)

Only available after hours: Friday, 8 - 11 p.m.; Saturday, 6-11 p.m.; Sunday, 6-9 p.m.

Resident:	\$45/hr (minimum 2-hour rental) + \$20 per hour building attendant fee
Non-resident:	\$90/hr (minimum 2-hour rental) + \$20 per hour building attendant fee
Deposit:	\$50

Note: Sport Court activities are the only activities allowed in the gym. There is no food or drink allowed in the gym.

Simmons Center, 508 Simmons Dr.

Note: Reservations required a minimum of 14 business days in advance. A maximum of 60 days in advance.

Occupancy Load: 60

Amenities: Full kitchen with refrigerator/freezer, oven, stove, microwave, ice machine, J.A. Carr Park and gazebo.

Tables & Chairs available: 60 chairs, 15 - 6 ft. tables, 10 - 3 ft. card tables

Resident:	3-hour minimum	\$100	Each additional hour	\$35 per hour
Nonresident:	3-hour minimum	\$200	Each additional hour	\$70 per hour
Deposit:	\$50 (without food or drink)		\$250 (with food or drink)	

TEXAS STAR CONFERENCE CENTRE

817-685-1845

A 7,000 square foot conference centre and 4,000 square foot pavilion with full services, amenities and on-site catering. www.TexasStarGolf.com



PARKS AT TEXAS STAR PAVILION



Reservation Staff is available to assist with reservations Monday-Friday, 8 a.m. - 5 p.m.
817-685-1649 / www.eulesstx.gov/pacs/rentals / ofaiva-siale@eulesstx.gov

OUTDOOR FACILITY RENTAL INFORMATION

NOTE: Reservations required, a minimum of 7 business days in advance and a maximum of 60 days in advance.

Area	Resident	Non-Resident	Deposit
Pavilion	\$50	\$100	\$250
Amphitheater	\$150	\$300	\$250
Gazebo	\$25	\$50	\$250

Available time blocks for pavilions, amphitheater and gazebo:

5 a.m. – 9 a.m. / 9:30 a.m. – 1:30 p.m. / 2 p.m. – 6 p.m. / 6:30 p.m. – 10:30 p.m.

PAVILIONS

Aquatic Park Pavilion 300 W. Midway Dr. (available October – April) Capacity = 50

Amenities: Picnic tables, large serving counter, minimum electricity, permanent restrooms.

Bear’s Den Pavilion 1951 Bear Creek Pkwy. (east side of Parkway) Capacity = 200

Amenities: Playground, picnic tables, grilling areas, walking / jogging trail, minimum electricity, restrooms.

Bob Eden Park Pavilion 901 W. Mid-Cities Blvd. Capacity = 250

Amenities: Playground, picnic tables, grilling areas, 3 regulation-size sand volleyball courts, softball practice field (for rental), tennis courts, walking / jogging trail, permanent restroom, minimum electricity.

Parks at Texas Star Pavilion 1501 South Pipeline Rd. Capacity = 200

Amenities: Playground, picnic tables, grilling area, batting cages, walking / jogging area, minimum electricity, permanent restrooms.

Leon Hogg Pavilion 1951 Bear Creek Pkwy. (west side of Parkway) Capacity = 250

Amenities: Picnic tables, benches, grilling areas, walking / jogging trail, serving stand, minimum electricity, restrooms.

LEON HOGG AMPHITHEATER

Amphitheater Stage, & Pavilion / 1951 Bear Creek Pkwy. (west side of Bear Creek Pkwy.)
 Capacity = 1,500

Amenities: Picnic tables, benches, serving stand, grilling area, two additional smaller pavilions, walking / jogging trail, minimum electricity, restrooms.

GAZEBOS

J.A. Carr Park Gazebo 508 Simmons Dr. Capacity = 50

McCormick Park Gazebo 2190 Joyce Court Capacity = 50

The Preserve at McCormick Park Gazebo 2005 Fuller-Wiser Rd. Capacity = 50

PRACTICE FIELD

NOTE: Reservations require a minimum 2-day (48-hour) notice and cannot be made more than 2-weeks prior to the rental. To see full field rental policies, please visit www.eulesstx.gov/pacs. Field preparation is not included. Fields may be closed at times for scheduled maintenance or special events.

Fees per hour	Resident	Resident	Non-Resident	Non-Resident
	No Lights	With Lights	No Lights	With Lights
Field	\$10	\$18	\$20	\$28

Bob Eden Park Field 901 W. Mid-Cities Blvd.
 Available: 8 a.m. - 10 p.m.



TEXAS TRAIL PAVILION



J.A. CARR PARK GAZEBO



BOB EDEN FIELD



Parks

Blessing Branch Park

408 E. Denton Dr. **Size:** 3 acres
Facilities: Picnic and playground area.

Bob Eden Park

901 W. Mid-Cities Blvd. **Size:** 47 acres
Facilities: One flag football/soccer field, one lighted baseball/ softball field, playground, picnic areas, 1.9 mile walking and jogging track with warm up stations, pavilion, two lighted tennis courts, three lighted regulation-size sand volleyball courts and restrooms. (Trail connects to McCormick Park & Trailwood Park.)

Heritage Park

201 Cullum Dr. **Size:** 4 acres
Facilities: Eules Museum, Historic Fuller House, Himes Log House, McCormick Barn, playground, picnic areas, 1/4 mile walking trail.

J. A. Carr Park

508 Simmons Dr. **Size:** 5 acres
Facilities: Half-mile walking and jogging trail, picnic areas, sand volleyball court, playground, gazebo and garden, shaded areas, restrooms, Simmons Center.

Kiddie Carr Park

800 Pauline St. **Size:** 4 acres
Facilities: Picnic areas, shade trees, and outdoor basketball courts.

Lakewood Tennis Courts

1600 Donley Dr.
Facilities: Two lighted tennis courts.

McCormick Park

2190 Joyce Court **Size:** 12 acres
Facilities: 1/3 mile bike and hiking trail, picnic areas, restrooms, gazebo and playground. (Trail connects to Bob Eden Park and the Preserve at McCormick Park.)

Midway Park

615 N. Main St. **Size:** 22 acres
Facilities: Two lighted youth baseball/softball fields, playgrounds, picnic areas, Natatorium, Eules Family Life Aquatic Park, shaded area, Eules Family Life Center, Eules Family Life Senior Center.

The Parks at Texas Star

(www.ParksAtTexasStar.com)
1501 S. Pipeline Rd. **Size:** 120 acres
Facilities: Picnic areas, five baseball/softball fields, one championship-size soccer field, six youth soccer fields, three T-ball fields, Dr Pepper Star Center, batting cages, two concession stands, pavilion, concrete walking trail, playground, exercise area, restrooms.

The Preserve at McCormick Park

2005 Fuller-Wiser Road **Size:** 27 acres
Facilities: Concrete walking trails, playground, gazebo, picnic areas, Historic Tree Grove, outdoor classroom, bird watching area, species trail, 2 ponds, fishing pier, restrooms, boardwalk. (Trail connects to McCormick Park and Villages of Bear Creek Park.)

Reflection Park

1251 Fuller-Wiser Rd. **Size:** one-half acre
Facilities: Bench seating.

Softball World at Texas Star

(www.SoftballWorld.us)
1375 W. Eules Blvd. **Size:** 16 acres
Facilities: Four lighted softball fields, concession stand, pro shop, playground.

South Eules Park

600 S. Main St. **Size:** 5 acres
Facilities: Picnic areas, playground, South Eules Park Splash Pad, Old North Main Iron Bridge, outdoor basketball court.

Trailwood Park

500 Trailwood Drive **Size:** 11 acres
Facilities: Playground, picnic stations and trails. (Connects to Bob Eden Park.)

Villages of Bear Creek Park

1951 Bear Creek Parkway **Size:** 40 acres
Facilities: 3 acre dog park, seven soccer fields, picnic areas, three-mile nature walking/jogging trail with plant and tree identification signs throughout, city in-ground tree farm, playground, ground-seating amphitheater, two pavilions, one practice softball field, three large parking areas, restrooms. (Trail connects to The Preserve at McCormick Park.)

West Park

600 Westpark Way **Size:** 21 acres
Facilities: Two youth lighted baseball/softball fields that can be converted to a soccer field, picnic areas, one youth softball field, nature area, playground and restrooms.

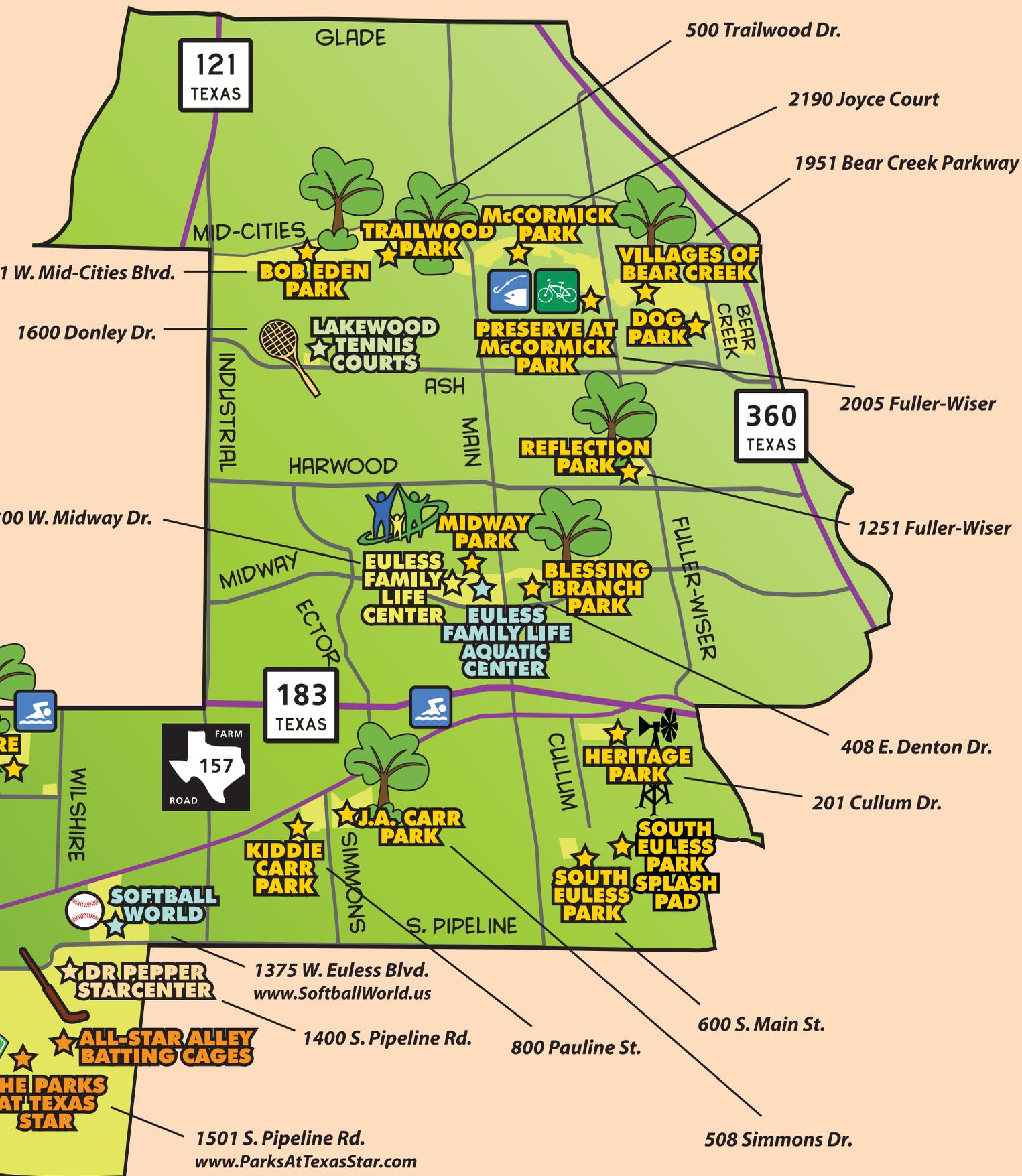
Wilshire Park

315 Sierra Dr. **Size:** 4 acres
Facilities: Swimming pool, picnic areas, playground, shaded areas, pond, 1/4 mile concrete walking trail, fishing pier, and restrooms.



Eules Parks & Community Services
1314-B Royal Parkway

1400 Texas Star Parkway
www.TexasStarGolf.com



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