



the PLAYBOOK

FALL 2013



INSIDE: ATHLETICS pg.2 EVENTS pg.2 CLASSES pg.4 AQUATICS pg.9 SENIORS pg.10 RENTALS pg.12 PARKS pg.14

www.PlayEuless.com / "Euless Parks & Community Services" on Facebook

DIRECTORY

Parks and Community Services
817-685-1429

Eules Family Life Center
817-685-1666

Eules Family Senior Center
817-685-1671

Athletics
817-685-1838

Facility Rentals
817-685-1649

Softball World
817-267-7135

Ray McDonald, Director of Parks and Community Services
817-685-1669 / rmcDonald@eulesstx.gov

Randy Smith, Parks Manager
817-685-1653 / rsmith@eulesstx.gov

Suzanne Hendrickson, Recreation Manager
817-685-1662 / shendrickson@eulesstx.gov

Chris Thames, General Manager Parks at Texas Star and Softball World
817-685-1655 / cthames@eulesstx.gov

Diane Eggers, Family Life Senior Center Supervisor
817-685-1670 / deggers@eulesstx.gov

John Douthit, Athletics Supervisor
817-685-1838 / jdouthit@eulesstx.gov

Robbie Rodgers, Family Life Recreation Center Programmer
817-685-1668 / rrodders@eulesstx.gov

Kali Goodfellow, Family Life Recreation and Aquatics Coordinator
817-685-1681 / kgoodfellow@eulesstx.gov

Jerry Poteet, Volunteer and Special Events Coordinator
817-685-1449 / jpoteet@eulesstx.gov

Ofa Faiva-Siale, Special Projects/Rentals Coordinator
817-685-1649 / Ofaiva-Siale@eulesstx.gov

Jeff Towne, Graphic Artist
817-685-1876 / jtowne@eulesstx.gov

Mike McMacken, Athletic Coordinator
817-685-3100 / mmcmacken@eulesstx.gov

Jordan Peterson, Administrative Secretary
817-685-1828 / jpeterson@eulesstx.gov



Adult 4 on 4 Flag Football
Registration: September 1 – 30
Cost: \$225 per team
Season begins October 6, 10 games plus playoffs

Women's Basketball League
Registration : November 1 – December 15
Cost: \$325 per team
Season begins Jan. 5, 8 games plus playoffs

Men's Basketball League
Registration : November 1 – December 15
Cost \$325 per team
Season begins January 6, 8 games plus playoffs

Parks at Texas Star Baseball League – Spring 2014
Ages 3 – 14
For more information log onto www.parksattexasstar.com

For additional information regarding all our athletic programs, call the athletic office at 817-685-1838.

SPECIAL EVENTS

FAMILY OF VOLUNTEERS

The City of Eules celebrates its volunteers. We do so because they give so much to our city, contribute their time and talents, and demonstrate their devotion to our department. By helping with our special events, our volunteers enjoy giving back to their community. They do so with a caring heart, knowing that this is all for the kids and families of our city. If you would like to have a good time, meet new people, and be a part of something fun and exciting, then join our "Family of Volunteers" team.



Volunteers are needed for Texas Junior Anglers, Stars Over Eules, the Eules Fitness Fun Run, the Christmas Parade of Lights and the Heritage Park Christmas Celebration. Call Jerry Poteet at 817-685-1449 or e-mail him at jpoteet@eulesstx.gov

A special **thank you** to these local businesses for making the Eules Playbook available to area residents: **Dr Pepper StarCenter (1400 S. Pipeline), Tipton Insurance (702 W. Eules Blvd.), NYPD Deli (304 S. Industrial), Starbucks (211 N. Main), Microtel Inn (901 Airport Freeway), Eules Wok (1060 N. Main).**

Texas Junior Angler Fishing Event

Saturday, September 21

9 a.m. – noon

Wilshire Park

315 Sierra Drive

We are looking for volunteers to help with our annual Family Fun Fishing Event, which will take place on Saturday, September 21st. We need people to help with our registration area, hand out fishing poles, work concessions, and for those with true fishing talents, we need them to help reattach fishing lines, or repair them when needed. To volunteer, please call Jerry at 817-685-1449 or e-mail him at jpoteet@eulesstx.gov

Stars Over Eules

Saturday, October 5

Bob Eden Park, 901 W. Mid-Cities Blvd.

8:30 - 10 p.m.

Volunteers are needed for our Annual Stars over Eules event, to take place on Saturday, October 5th. Come and be a part of this exciting event, where we look into the galaxy, learn the wonders of our stars and get the privilege to look at the Solar System through special telescopes. We need volunteers to work at our concessions, and to man important behind the scenes areas of this event. To volunteer call Jerry at 817-685-1449 or e-mail him at jpoteet@eulesstx.gov

3 Mile Family Fitness Run

Saturday, October 12

Bob Eden Park, 901 W. Mid-Cities Blvd.

9 a.m. - noon

Volunteers are needed for our annual Family Fitness Run which will take place on Saturday, October 12th from 9 a.m. – Noon. We need volunteers to lead ten exercising areas as they show our guest the importance of trying to keep healthy. We also need volunteers to hand out water and fruit. To volunteer call Jerry at 817-685-1449 or e-mail him at jpoteet@eulesstx.gov

Halloween Trunk or Treat Celebration

Thursday, October 31

5:30 p.m. – 8:30 p.m.

Eules Family Life Center, 300 W. Midway Dr.

Businesses, Churches, Civic groups, and Boy and Girl Scout Troops, are asked to participate with the City of Eules Parks and Community Services Department's Halloween Trunk or Treat Celebration set for Thursday, October 31. Other fun activities will include, inflatables, face painters, arts and crafts, and concessions. Please call Jerry at 817-685-1449 or e-mail him at jpoteet@eulesstx.gov for additional information.

Christmas Parade of Lights

"A Patriotic Christmas"

Saturday, December 7, 6:30 p.m.

Eules Family Life Center, 300 W. Midway Dr.

The Parade begins at 6:30 p.m. at Midway Dr. and Fuller-Wiser Rd. It will travel west on Midway and end at Trinity High School. Celebrate the spirit of Texas at this year's Christmas Parade of Lights. Even Santa Claus won't miss this year's spectacular display of moving lights. Organizations of all kinds may enter floats in the best parade in Texas! Let your imagination run wild as you consider this year's theme – A Patriotic Christmas. Parade award winners will be announced on www.eulesstx.gov the next day. For more information or to receive a float application, call Jerry Poteet at 817-685-1449 or visit www.eulesstx.gov. All participants are asked to attend an informational meeting on Monday, November 18th, at the Eules Family Life Senior Center to discuss safety issues. Call 817-685-1666 for more information. For a parade application go to www.eulesstx.gov. Come and experience the excitement of the season, and see Eules lit up with beautiful Christmas lights. Also, help us celebrate and thank our Service Men and Women for protecting our Freedom.

Ice Fest 2013

Saturday, December 14, 2 p.m.

Dr Pepper Starcenter

1400 S. Pipeline Road

Holiday fun for the whole family! Starring two-time US National Champion Ashley Cain and Junior National Medalist Elena Taylor! Plus special guest Santa Claus...

2:30-3 p.m. Public Skating for all

3-3:30 p.m. Skate with Santa

4-4:45 p.m. Holiday Ice Show

4:45-5:45 p.m. Skate with the Cast



Heritage Park Christmas Celebration

Saturday, December 14, 1 - 5 p.m.

Heritage Park, 201 Cullum Dr.

Celebrate an old fashioned Christmas at historic Heritage Park. Members of the Eules Historical Preservation Committee will conduct guided tours of the 160 year-old Himes Log House, McCormick Barn and the Fuller House—all decorated for the holiday season. Visit our brand new Eules Heritage Museum at the Ruth Millican Center and learn about Eules history. You can listen to local choirs sing your Christmas favorites, visit our petting zoo and enjoy great arts and crafts. Kids can visit with Santa Claus and make their own Christmas ornaments. And we'll have free refreshments for everyone! Holiday cheer and Eules history wrapped up in one great afternoon! Call 817-685-1666 for more information.

Heritage Park Christmas Choirs Needed

We are asking for five (5) Elementary School Choirs, Church Choirs, or Civic Choirs, to sing for thirty (30) minutes a piece. The time slots that are available include:

1:30 – 2:00 p.m. 3:30 – 4:00 p.m.

2:10 – 2:40 p.m. 4:10 – 4:40 p.m.

2:50 – 3:20 p.m.

If you are interested, please call Jerry at 817-685-1449, or e-mail him at jpoteet@eulesstx.gov. Do so early because the slots tend to go fast. Please note, choirs need to prepare for a ten minute set-up and tear down, so please be early.

CHILD & YOUTH ACTIVITIES

MOMMY AND ME GYMNASTICS

Our Mommy and Me program is a parent/child participation class led by a safety-educated instructor. Includes an aerobic musical warm-up designed to teach the children rhythm, balance, coordination, and basic gymnastics terminology. The class uses a tumbling circuit designed to teach basic tumbling skills like front and back rolls, handstands, and cartwheels. Trampolines are used to help with body awareness, leg strengthening, and balance. Children are also introduced to the bars and balance beam using an apparatus circuit. And we never forget about play time with games and fun activities such as parachutes, bubbles, and balls! The class usually ends with stamp time and the bye-bye song. Instructor: Just4Flips

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110181-01	9/7	EFLC	18-30m	S	10-10:45am	4	\$52
110181-02	10/5	EFLC	18-30m	S	10-10:45am	4	\$52
110181-03	11/2	EFLC	18-30m	S	10-10:45am	4	\$52

PRESCHOOL PLAY DATES

Bring your preschooler for fun, games, and social interaction. Meet with other parents and learn about the many programs the Eules Family Life Center offers for families. This program is absolutely free! Call (817) 685-1666 for more information. Instructor: Eules Family Life Center Staff

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110020-01	9/19	EFLC	2+	TH	10-11:30am	1	FREE
110020-02	11/14	EFLC	2+	TH	10-11:30am	1	FREE

TOT ICE SKATING INSTRUCTION

Tots will learn the basics of ice skating in a fun environment. Children will practice falling down and getting up, marching across the ice, back wiggles, and stops. Toys, cones and stuffed animals are all used on the ice as teaching tools. Price includes skate rental on class day plus additional four free public skate sessions of choice. Instructors: Qualified Dr Pepper StarCenter Professionals

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111161-01	9/7	DPSC	3-4	S	11:15-11:45am	2	\$30
111161-02	10/5	DPSC	3-4	S	11:15-11:45am	2	\$30
111161-03	11/9	DPSC	3-4	S	11:15-11:45am	2	\$30
111161-04	12/7	DPSC	3-4	S	11:15-11:45am	2	\$30



FUN TIME FOR LEARNERS

In this activity based class, your child will learn the benefits of physical activity through art and crafts, music and group activities. Come let your child have a wonderful experience with art, games, and social interaction. Please bring a snack and a lunch to class each day. No Class Oct 14. Instructor: Yolanda Scheimann

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110002-01	9/4	EFLC	3-5	M/W	9am-1pm	4	\$127
110002-02	9/30	EFLC	3-5	M/W	9am-1pm	4	\$127
110002-03	10/28	EFLC	3-5	M/W	9am-1pm	4	\$127
110002-04	12/2	EFLC	3-5	M/W	9am-1pm	3	\$102

TERRIFIC TUESDAY'S & THURSDAY'S

In this activity based class, your child will learn the benefits of physical activity through arts and crafts, music, and group activities. Come let your child have a wonderful experience with art, games, and social interaction. Please bring a snack and lunch to class. Instructor: Yolanda Scheimann

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110003-01	9/3	EFLC	3-5	T/TH	9am-1pm	4	\$127
110003-02	10/1	EFLC	3-5	T/TH	9am-1pm	4	\$127
110003-03	10/29	EFLC	3-5	T/TH	9am-1pm	4	\$127
110003-04	12/3	EFLC	3-5	T/TH	9am-1pm	3	\$102

FUN FRIDAYS FOR PRESCHOOLERS

On Fridays we will get hands on and do a cooking recipe, arts, crafts, and a science experiment. We will also sing songs, play games, and work on literacy and math activities. Instructor: Claudia Ramirez

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110010-01	9/6	EFLC	3-5	F	9a-1p	4	\$62
110010-02	10/4	EFLC	3-5	F	9a-1p	4	\$62
110010-03	11/1	EFLC	3-5	F	9a-1p	4	\$62
110010-04	12/6	EFLC	3-5	F	9a-1p	3	\$52

JUST 4 FLIPS GYMNASTICS PRE-K

Just 4 Flips Mobile Gymnastics is the place to be for all boys and girls looking to "flip-start" their introduction to fitness. Each class includes stretching, gymnastics terminology, and drills using gymnastics equipment: bars, beams, springboards, trampolines, barrel mats, parachutes, and much more! Innovative themes and age-appropriate lesson plans help discover all that gymnastics has to offer. Our program emphasizes proper technique and terminology and ends with a Mini-Olympic Exhibition the last class day where students get to show off their skills for all the family to watch. Instructor: Just4Flips

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110210-01	9/7	EFLC	3-5	S	11-11:45am	4	\$52
110210-02	9/9	EFLC	3-5	M	5-5:45pm	4	\$52
110210-03	10/5	EFLC	3-5	S	11-11:45am	4	\$52
110210-04	10/7	EFLC	3-5	M	5-5:45pm	4	\$52
110210-05	11/2	EFLC	3-5	S	11-11:45am	4	\$52
110210-06	11/4	EFLC	3-5	M	5-5:45pm	4	\$52
110210-07	12/2	EFLC	3-5	M	5-5:45pm	3	\$40

PRINCE & PRINCESS CAMP

Come have prince and some princess fun... If your child loves to play dress up, like to pretend, and be treated like royalty this class is just for them. We will make crafts, play games, learn to dance, and have a snack. Each week we will do different activities and participants will have something beautiful to take home with them. Instructor: Michelle Burger

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110001-01	9/10	EFLC	3-6	T/TH	9-10am	4	\$55
110001-02	10/8	EFLC	3-6	T/TH	9-10am	4	\$55
110001-03	11/12	EFLC	3-6	T/TH	9-10am	4	\$55



JUST 4 FLIPS CHEERLEADING

If your child is interested in becoming a cheerleader, this class is the perfect opportunity to learn all that cheerleading has to offer! Boys and girl are welcome to join. Our classes are taught by instructors trained as All-Star Cheerleaders, and we incorporate the fundamentals of cheering, arm-movements, jumps, and a variety of tumbling. Parents and friends are invited to our PEP RALLY the last class day to showcase all of our new skills. Instructor: Just4Flips

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110215-01	9/9	EFLC	3-7	M	7-7:45pm	4	\$52
110215-02	10/7	EFLC	3-7	M	7-7:45pm	4	\$52
110215-03	11/4	EFLC	3-7	M	7-7:45pm	4	\$52
110215-04	12/2	EFLC	3-7	M	7-7:45pm	3	\$40

MORNING ZUMBATOMIC

Kid friendly Zumba routines with all the music kids love. Kids will learn how to take turns, increase focus and self- confidence, as well as enhance coordination. Instructor: Kathryn Packard

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110355-01	9/3	EFLC	4-7	T/TH	9-10am	4	\$50
110355-02	10/1	EFLC	4-7	T/TH	9-10am	4	\$50
110355-03	11/5	EFLC	4-7	T/TH	9-10am	4	\$50
110355-04	12/3	EFLC	4-7	T/TH	9-10a	3	\$38

TAEKWONDO-DO TIGERKUBS

An age appropriate introduction to martial arts, our Tigerkubs program is designed to teach your child the very basic fundamentals of Taekwondo-Do. Our classes are disciplined, yet informal, with an emphasis on developing strength, aerobic stamina, balance, coordination, and flexibility. This program can help to enhance focus and concentration, build character, discipline and self-esteem. Activities are designed to make it exciting without a competitive atmosphere. This class meet at the Simmons Center. No class the Saturday after Thanksgiving. Instructor: Camille Dockter

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110130-01	9/14	SIM	5-8	S	9-9:45am	7	\$28
110130-02	11/9	SIM	5-8	S	9-9:45am	6	\$28

YOUNG REMBRANDTS ELEMENTARY DRAWING

Back-to-school is in full swing at Young Rembrandts, as we present drawing lessons that encompass a fascinating world of color, pattern, and design. Students will strengthen their marker rendering skills as they draw a detailed gumball machine. A drawing of a sandwich will make them hunger for more art. We'll travel back in time to the age of the pharaohs as we illustrate a decorative, Egyptian headdress. An illustration celebrating the fall season will introduce our colorists to warm and cool colors. Organic forms and inorganic forms will also be explored in our lessons. For example, our detailed drawing of a dragonfly will celebrate one of nature's most curious insects. An illustration of a popular automobile will entertain the more technical-minded student, and a marker rendering of a nutcracker will remind us of the holiday season. All this and more await your child in a Young Rembrandts classroom! Sign up today!

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110000-01	9/5	EFLC	5-12	TH	6-7pm	4	\$48
110000-02	10/3	EFLC	5-12	TH	6-7pm	4	\$48
110000-03	10/31	EFLC	5-12	TH	6-7pm	4	\$48

YOU CAN PAINT FOR YOUTH

Amaze yourself, family, and friends with the beautiful oil painting you can complete in one fun and easy lesson taught by professional artist, Robert Garden and Susan Garden. You will learn color mixing and perspective as you master time saving short cuts, which will help you paint like a pro. All art supplies provided. Wear an old T-shirt and bring paper towels. Class themes: " Mt Fuji with Cherry Blossoms", " Amish Autumn with Covered Bridge", " Lighting Storm on Padre Island", " Moonlight Snow Scene" Instructor: Robert Garden Art Enterprises

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110815-01	9/26	EFLC	5-13	TH	4-5:30pm	1	\$22
110815-02	10/17	EFLC	5-13	TH	4-5:30pm	1	\$22
110815-03	11/14	EFLC	5-13	TH	4-5:30pm	1	\$22
110815-04	12/19	EFLC	5-13	TH	4-5:30pm	1	\$22

ICE SKATING- SKATE LIKE A 'STAR'

Learn the basics of ice skating. Skaters will learn basic forward and backward skating, swizzles, one-foot glides, and stops. Crossovers will be introduced. Skate rental included in the class. Price includes 30 minutes of instruction and free public skating and following class, plus four additional free public skate sessions of choice. Instructors: Qualified Dr Pepper StarCenter Professionals

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111162-01	9/10	DPSC	5-13	T	6:45-7:15pm	2	\$30
111162-02	9/7	DPSC	5-13	S	11:15-11:45am	2	\$30
111162-03	10/1	DPSC	5-13	T	6:45-7:15pm	2	\$30
111162-04	10/5	DPSC	5-13	S	11:15-11:45am	2	\$30
111162-05	11/5	DPSC	5-13	T	6:45-7:15pm	2	\$30
111162-06	11/9	DPSC	5-13	S	11:15-11:45am	2	\$30
111162-07	12/3	DPSC	5-13	T	6:45-7:15pm	2	\$30
111162-08	12/7	DPSC	5-13	S	11:15-11:45am	2	\$30

JUST 4 FLIPS GYMNASTICS

If your child is interested in becoming a gymnast, this class is the perfect opportunity to learn all that gymnastics has to offer! Boys and girl are welcome to join. We incorporate the fundamentals of gymnastics , tumbling, beams, and a variety of techniques. Instructor: Just 4 Flips

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110220-01	9/9	EFLC	6-9	M	6-6:45pm	4	\$52
110220-02	10/7	EFLC	6-9	M	6-6:45pm	4	\$52
110220-03	11/4	EFLC	6-9	M	6-6:45pm	4	\$52
110220-04	12/2	EFLC	6-9	M	6-6:45pm	3	\$40

CLASSES



ZUMBATIC

A rockin' high energy fitness party packed with kid-friendly choreographed Latin and hip-hop routines. This class promotes coordination, focus, self-confidence while exercising. Come join the fun! Instructor: Beverly Hill

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110316-01	9/9	EFLC	7-12	M/W	7-8PM	3	\$32
110316-02	10/7	EFLC	7-12	M/W	7-8PM	3	\$32
110316-03	11/4	EFLC	7-12	M/W	7-8PM	3	\$32
110316-04	12/2	EFLC	7-12	M/W	7-8PM	2	\$22

YOUNG SPARTANS BOOT CAMP

Fitness is for all ages! This boot camp is designed for kids ages 8-12, consist of engaging age appropriate fitness games and activities to encourage kids to make healthy choices. Confidence is built by challenging themselves while improving social skills through teamwork drills. Instructor: Richard Garner

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110510-01	9/4	EFLC	8-12	W	6-7pm	4	\$22
110510-02	10/2	EFLC	8-12	W	6-7pm	4	\$22
110510-03	10/30	EFLC	8-12	W	6-7pm	4	\$22
110510-04	11/27	EFLC	8-12	W	6-7pm	4	\$22

TAEKWONDO-DO BEGINNERS

(Ages 9-13) (White Belt - Green Stripe)

This children specific program explores the entire range of techniques for training in the Taekwondo-Do Jungshin Program. It is designed to instill the physical and character benefits of martial arts while motivating children to achieve success. New students registering for this class must be at least 9 years of age or have completed at least one session of Tigerkubs program and been approved by the instructor before registering. Tuesday class meets at the Eules Family Life Center and Saturday class meets at the Simmons Center. No class the Saturday after Thanksgiving Instructor: Camille Dockter

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110131-01	9/10	EFLC	8-12	T	6-7:15pm	7	\$68
		EFLC		S	10-11:15am		
110131-02	11/5	EFLC	8-12	T	6-7:15pm	6	\$54
		EFLC		S	10-11:15a		

TAEKWONDO-DO ADVANCED

(Green Belt - Black Belt)

This children specific intermediate/advanced program allows students that have attained a green belt through the Taekwon-Do Jungshin program to progress into more advanced and intricate skill development reaching their first black belt and beyond. Must have instructor approval to register. Monday class meets at the Eules Family Life Center and the Thursday class meets at the Simmons Center. No class 11/22 Thanksgiving Instructor: Camille Dockter

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110132-01	9/9	EFLC	8-12	M/TH	6-7:15pm	7	\$68
110132-01	11/4	EFLC	8-12	M/TH	6-7:15pm	6	\$54

CITY OF EULESS WINTER BREAK CAMP

Come spend the holiday's with the City of Eules. We will have an exciting week playing games, doing arts and crafts, and making new friends. The camp will go on super cool field trips everyday (Main Event, Skating, Tornado Terry's and many more). Please bring a lunch, two snacks and a water bottle to camp each day.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111111-01	12/23	EFLC	6-12	M, TH-F	7:30am-6pm	1	\$60
111111-02	12/30	EFLC	6-12	M, TH-F	7:30am-6pm	1	\$60

ADULT/TEEN ACTIVITIES

TAEKWON-DO ADULT (White Belt through Black Belt)

This program is an adult-based comprehensive training system that is designed to prepare all levels of adult students to achieve their fullest potential, from the white belt to the first degree black belt (and beyond). Along with the numerous physical benefits shall be the development of the student's confidence, character, and integrity. Tuesday class meets at the Eules Family Life Center and the Thursday class meets at the Simmons Center. No class 11/28 Thanksgiving Day Instructor: Camille Dockter

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110134-01	9/10	EFLC	13+	T/TH	7:30-9pm	7	\$81
110134-02	11/5	EFLC	13+	T/TH	7:30-9pm	6	\$64

BOOT CAMP CARDIO

Every class has a different format including strength training for heart, arms, legs, and abdominal area. Instructor: Debbie Day

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110315-01	9/9	EFLC	13+	M/TH	6-6:45pm	3	FREE
110315-02	9/30	EFLC	13+	M/TH	6-6:45pm	4	\$37
110315-03	10/28	EFLC	13+	M/TH	6-6:45pm	4	\$37
110315-04	12/2	EFLC	13+	M/TH	6-6:45pm	3	\$27

HAPKIDO

Hapkido, the art of coordinated power, is a comprehensive Korean self-defense system involving joint locks, pressure points, throws, kicks, and strikes. Hapkido, a "soft" martial art, seeks to gain advantage over an opponent through techniques, avoiding the use of strength against strength. This class is designed for beginner through black belt and beyond. Instructors: Chad Ellred

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110133-01	9/9	EFLC	13+	M	7:30-9pm	4	\$25
110133-02	10/7	EFLC	13+	M	7:30-9pm	4	\$25
110133-03	11/4	EFLC	13+	M	7:30-9pm	4	\$25
110133-04	12/2	EFLC	13+	M	7:30-9pm	3	\$20



ZUMBA

Come join the "Party" and ditch the "Workout"!! You don't have to know how to dance. Zumba is a fusion of Latin and International music that creates a dynamic, exciting, and effective fitness workout. Sign up early as spaces fill up quickly No class the week of Thanksgiving Nov 19-23. Instructor Kellie Grant - Zumba Certified

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110300-01	9/9	EFLC	13+	M/W	7-8pm	3	\$32
110300-02	10/7	EFLC	13+	M/W	7-8pm	4	\$42
110300-03	11/4	EFLC	13+	M/W	7-8pm	3	\$32
110300-04	12/2	EFLC	13+	M/W	7-8pm	3	\$32

GET FIT BOOT CAMP (TUES - FRI)

Get Fit Boot is designed to get you in shape fast and motivate you to lose weight. We will incorporate aerobics, core work, and TRX training. This class will build stamina, muscle strength, and overall fitness. Come sweat and have a blast in the new class! Instructor: Jeremy Wickwire

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110310-01	8/27	EFLC	13+	T-F	5:30-6:15pm	5	\$82
110310-02	10/8	EFLC	13+	T-F	5:30-6:15pm	5	\$82
110310-03	11/19	EFLC	13+	T-F	5:30-6:15pm	5	\$82

MORNING ZUMBA

Zumba is a Latin inspired dance class that will have you smiling and laughing to a slimmer more shapely you. No dance experience required. Instructor: Kathryn Packard

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110400-01	9/9	EFLC	13+	MWF	6-7am	3	\$38
110400-02	9/30	EFLC	13+	MWF	6-7am	4	\$50
110400-03	10/28	EFLC	13+	MWF	6-7am	4	\$50
110400-04	12/2	EFLC	13+	MWF	6-7am	3	\$38

GET FIT BOOT CAMP M/W/F

Get Fit Boot is designed to get you in shape fast and motivate you to lose weight. We will incorporate aerobics, core work, and TRX training. This class will build stamina, muscle strength, and overall fitness. Come sweat and have a blast in this new class! This class meets Mon/Wed/Fri the Friday class is from 7:00-7:45pm Instructor: Jeremy Wickwire

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110572-01	8/26	EFLC	13+	M/W/F	8-8:45pm	5	\$62
110572-02	10/7	EFLC	13+	M/W/F	8-8:45pm	5	\$62
110572-03	11/18	EFLC	13+	M/W/F	8-8:45pm	5	\$62

GET FIT BOOT CAMP OUTDOOR

Get Fit Boot is designed to get you in shape fast and motivate you to lose weight. This class will build stamina, muscle strength, and overall fitness. We will meet outside and use different elements to achieve our goals. Come sweat and have a blast in this new class! This class meets Mon/Wed. Instructor: Jeremy Wickwire

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110610-01	8/26	EFLC	13+	M/W	6:45-7:30p	5	\$42
110610-02	10/7	EFLC	13+	M/W	6:45-7:30p	5	\$42
110610-03	11/18	EFLC	13+	M/W	6:45-7:30p	5	\$42

ADULT ICE SKATING

For adult skaters with little or no experience. Skaters will learn basic forward and backward skating, snowplow stops, swizzles, backward wiggles and one-foot glides. Forward crossovers will be introduced. Skate rental included in the class, plus four free public skate sessions. Instructors: Qualified Dr Pepper StarCenter Professionals

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111165-01	9/10	DPSC	14+	T	6:45-7:15pm	2	\$30
111165-02	10/1	DPSC	14+	T	6:45-7:15pm	2	\$30
111165-03	11/5	DPSC	14+	T	6:45-7:15pm	2	\$30
11165-04	12/3	DPSC	14+	T	6:45-7:15pm	2	\$30



YOU CAN OIL PAINT ADULT AND TEEN

Never held a paintbrush and can't draw a straight line? This is the program for you whether you're a beginner or experienced artist! Discover the fun and ease of oil painting step-by-step with the patient and expert guidance of Robert & Susan Garden, professional artists with over 30 years of experience whose specialty is teaching students to complete a beautiful painting in one lesson. You'll be proud to frame and hang your masterpiece at the end of class. Learn perspective, color mixing, time saving brush strokes and composition. All supplies are provided; oil paints, palette, brushes, canvas, easel and detailed lesson plan. Wear an old T-shirt and bring paper towels to class. Themes include: "Mt Fuji with Cherry Blossoms", "Amish Autumn with covered Bridge", "Lightening Storm on Padre Island", "Moonlight Smowscene". Instructor: Robert Garden Art Enterprises

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110810-01	9/26	EFLC	14+	TH	6-9pm	1	\$37
110810-02	10/17	EFLC	14+	TH	6-9pm	1	\$37
110810-03	11/14	EFLC	14+	TH	6-9pm	1	\$37
110810-04	12/19	EFLC	14+	TH	6-9pm	1	\$37

POWER YOGA

Open to all levels of yoga students looking to deepen their yoga practice. Power yoga is a vigorous, fitness-based approach to Vinyasa style yoga. Focus will be on strength, core stability, and breath work. Instructor: Beth Pizzuto

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110571-01	9/7	EFLC	15+	S	8:30-9:30am	4	\$42
110571-02	10/5	EFLC	15+	S	8:30-9:30am	4	\$42
110571-03	11/2	EFLC	15+	S	8:30-9:30am	4	\$42
110571-04	11/30	EFLC	15+	S	8:30-9:30am	4	\$42

BOOTCAMP

Ready to kick it up a notch? Then come join Eules Family Life Center Bootcamp. Whether you've been exercising and want a challenge, or you have just decided to start working out-this is the class for you. Bootcamp is a high energy, butt kicking, all level, constantly evolving workout that will burn calories, drop excess weight, and uncover the "new" you! \$42 for two days or come three days for \$62. No class the week of Thanksgiving Nov 19-23. Instructor: Behka Hartmann - Certified Fitness Instructor

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110350-01	9/3	EFLC	16+	T/TH/F	5:45-6:45am	4	\$42/\$62
110350-02	10/1	EFLC	16+	T/TH/F	5:45-6:45am	4	\$42/\$62
110350-03	10/29	EFLC	16+	T/TH/F	5:45-6:45am	4	\$42/\$62
110350-04	12/3	EFLC	16+	T/TH/F	5:45-6:45am	3	\$32/\$52

CLASSES

HATHA YOGA

Hatha Yoga is an ancient discipline that uses breath, physical postures, mental focus, and relaxation to firm the body, calm the breath, soothe the mind, and refresh the outlook. Make a change in your life with yoga. Experience new increased strength, flexibility, balance, and weight loss. Yoga changes lives! Please bring your own sticky mat and beach towel. No class 9/10 or 9/12. Instructor: Jessica Copeland

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110330-01	8/27	EFLC	16+	T/TH	7-8pm	3	\$42
110330-02	10/8	EFLC	16+	T/TH	7-8pm	3	\$42
110330-03	10/5	EFLC	16+	T/TH	7-8pm	3	\$42
110330-04	12/3	EFLC	16+	T/TH	7-8pm	3	\$42

URBAN BOOT CAMP

Urban Boot Camp is a fun and challenging military inspired outdoor workout using basic movements and high intensity. You will be encouraged to push yourself in an environment that builds your strength and endurance. The best tool for consistency is accountability, so bring a workout buddy, a mat, a set of appropriate dumbbells, and water! Monday and Wednesday class meets 5:30-6:30am and the Saturday class meets 7:30-8:30am No Class the week of Thanksgiving Nov 19-24. Instructor: Richard Garner

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110340-01	9/4	SIM	16+	M/W/S	5:30-6:30am	4	\$57
110340-02	9/30	SIM	16+	M/W/S	5:30-6:30am	4	\$62
110340-03	10/28	SIM	16+	M/W/S	5:30-6:30am	4	\$62
110340-04	11/25	SIM	16+	M/W/S	5:30-6:30am	4	\$57

PILATES FITNESS

Pilates conditions the whole body. You will gain flexibility, strength, and body toning using all kinds of different exercises. This will help you enjoy daily activities and sports. Please bring a mat and towel. Instructor: Beverly Hill

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110320-01	9/9	EFLC	16+	M/W	6-7pm	3	\$32
110320-02	10/7	EFLC	16+	M/W	6-7pm	3	\$32
110320-03	11/4	EFLC	16+	M/W	6-7pm	3	\$32
110320-04	12/2	EFLC	16+	M/W	6-7pm	2	\$22

ZUMBA TONING

Zumba Toning combines fun dance cardio moves of Zumba with targeted sculpting exercises. Get a total body workout in just one class. Please bring a towel. Instructor: Beverly Hill

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110325-01	9/9	EFLC	16+	M/W	5-6pm	3	\$32
110325-02	10/7	EFLC	16+	M/W	5-6pm	3	\$32
110325-03	11/4	EFLC	16+	M/W	5-6pm	3	\$32
110325-04	12/2	EFLC	16+	M/W	5-6pm	3	\$32

TAI CHI BEGINNERS

Tai Chi Chuan combines aerobic activity, circulation, breathing, and stretching techniques to help all fitness levels find internal balance while doing a weight bearing, low-impact workout. Wear loose clothing and flat shoes. This class repeats monthly. Instructor: Wendy Love

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110305-01	9/3	EFLC	18+	T	6-7pm	4	\$40
110305-02	10/1	EFLC	18+	T	6-7pm	4	\$40
110305-03	10/29	EFLC	18+	T	6-7pm	4	\$40
110305-04	11/26	EFLC	18+	T	6-7pm	4	\$40



TAI CHI ADVANCED

Tai Chi is proven to restore energy, strength and endurance, develop grace and balance, resulting in relaxation and suppleness. Returning students learn additional moves and continue the study of Yang form introduced in the beginner course. Chi-Kung exercises and two-person drills will be introduced. Instructor: Wendy Love

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110306-01	9/3	EFLC	16+	T	7-8pm	4	\$40
110306-02	10/1	EFLC	16+	T	7-8pm	4	\$40
110306-03	10/29	EFLC	16+	T	7-8pm	4	\$40
110306-04	11/26	EFLC	16+	T	7-8pm	4	\$40

THE FUN WAY TO PUBLIC SPEAKING

More people fear public speaking than fear death. This six-week class is set up to help people enjoy public speaking, understand stage fright, and have opportunities to speak before the group. This class will also teach the areas that help in public speaking, as well as critiques of their speeches to keep them improving. Each student will receive a free 40-page workbook. Instructor: Carol Reed

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110710-01	9/10	EFLC	18+	T	7-8:30pm	6	\$37

YOU AND NUMEROLOGY

Using Numerology to confirm things you know about yourself and learn new information. This fun class gives students a way to understand themselves, what they will have to learn to be successful in life, and what obstacles they face in order to learn. Students will receive free number meanings for each of the 10 life areas covered. Instructor: Carol Reed

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
110705-01	9/9	EFLC	18+	M	7-8pm	3	\$27
110705-02	10/14	EFLC	18+	M	7-8pm	3	\$27

ROLL IT, TAKE IT, LEAVE IT, MOVE IT: KNOW YOUR EMPLOYER RETIREMENT PLAN OPTIONS

Suitable for: working investors, job changers, workers facing layoffs and recent retirees. If you recently switched jobs, retired, or are facing unemployment due to a layoff or downsizing, this seminar can help you determine what to do with the assets in your company-sponsored retirement savings plan. We'll help you evaluate your retirement goals and potential investment strategies, and then we'll discuss the pros and cons of your options. This seminar is taught by Michael Scoma with Edward Jones.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111002-01	9/26	EFLC	18+	TH	10-11am	1	FREE
111002-02	10/31	EFLC	18+	TH	10-11am	1	FREE
111002-03	12/05	EFLC	18+	TH	10-11am	1	FREE

SOCIAL SECURITY: YOUR QUESTIONS ANSWERED

This presentation discusses how social security fits into your retirement income plan, when you should start taking benefits and tax considerations. Instructor: Michael Scoma with Edward Jones.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
111004-01	9/10	EFLC	18+	T	10-11am	1	FREE
111004-02	10/08	EFLC	18+	T	10-11am	1	FREE
111004-03	11/12	EFLC	18+	T	10-11am	1	FREE
111004-04	12/17	EFLC	18+	T	10-11am	1	FREE

AMERICAN RED CROSS SWIM LESSONS

American Red Cross instructors teach aquatic and safety skills in a logical progression. For your convenience, you may register online at www.eulesstx.gov or in person at the Eules Family Life Center. Swim lessons are for ages four and up; Water Tots is for children age 1 through 4. All classes held at Harris HEB Rehab Center at 251 Westpark Way Eules 76040. For more information, call 817-685-1666. Instr: Different Strokes Swim School

LEVEL 1: Introduction to Water Skills

Purpose: Help students feel comfortable in the water.

- *Basic water safety rules
- *Submerging mouth, nose and eyes
- *Opening eyes underwater and picking up submerged object
- *Supported swimming on front and back using arm and leg actions
- *Recognizing a swimmer in distress and getting help
- *Exhaling underwater
- *Floating on front and back with support

LEVEL 2: Fundamental Aquatic Skills

Purpose: Give students success with fundamental skills.

- *Submerging entire head
- *Front and back glide without support
- *Recognizing a swimmer in distress and getting help
- *Bobbing in water
- *Jellyfish float
- *Swimming using combined stroke on front and back for five feet

LEVEL 3: Stroke Development

Purpose: Build on the skills in level 2 by providing additional guided practice and increasing distance.

- *Reaching assist
- *Submerging and retrieving an object
- *Front and back glide two body lengths
- *Front and back crawl two body lengths
- *Front crawl using combined arm and leg motion for 15 yards
- *Back crawl using combined arm and leg motion for 10 yards
- *Kneeling or standing dive (shallow dive progression)
- *Rotary breathing in horizontal position
- *Survival float, back float
- *Treading water using arm and leg motions

LEVEL 4: Strokes and Turns and

Level 5: Stroke Proficiency

All key elements for the competitive swimmer. Our coaches will break down the basics for you and work with you in endurance, stroke refinement and proficiency. All level 4 and above will benefit from this unique class

H₂OPE PROGRAM

H₂OPE is a community outreach aquatic fitness program for children with special needs. H₂OPE provides an alternative recreational activity to help meet physical, cognitive, and psychosocial needs with no cost to the caregiver. Class meets on Saturdays. For more information, call 817-649-SWIM.



Coming Later This Year: The All-New Natatorium at the Eules Family Life Center

LEVEL 1

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
120001-04	9/3	HEB	4+	T/TH	6:30-7pm	3	\$85
120001-05	9/3	HEB	4+	T/TH	7-7:30pm	3	\$85
120001-06	9/3	HEB	4+	T/TH	7:30-8pm	3	\$85
120001-07	10/1	HEB	4+	T/TH	6:30-7pm	3	\$85
120001-08	10/1	HEB	4+	T/TH	7-7:30pm	3	\$85
120001-09	10/1	HEB	4+	T/TH	7:30-8pm	3	\$85

LEVEL 2

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
120002-04	9/3	HEB	4+	T/TH	6:30-7pm	3	\$85
120002-05	9/3	HEB	4+	T/TH	7-7:30pm	3	\$85
120002-06	9/3	HEB	4+	T/TH	7:30-8pm	3	\$85
120002-07	10/1	HEB	4+	T/TH	6:30-7pm	3	\$85
120002-08	10/1	HEB	4+	T/TH	7-7:30pm	3	\$85
120002-09	10/1	HEB	4+	T/TH	7:30-8pm	3	\$85

LEVEL 3

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
120003-03	9/3	HEB	4+	T/TH	7-7:30pm	3	\$85
120003-04	9/3	HEB	4+	T/TH	7:30-8pm	3	\$85
120003-05	10/1	HEB	4+	T/TH	7-7:30pm	3	\$85
120003-06	10/1	HEB	4+	T/TH	7:30-8pm	3	\$85

LEVEL 4 - Strokes/Turns AND LEVEL 5-Stroke Proficiency

120004-03	9/3	HEB	4+	T/TH	7:30-8pm	3	\$85
120004-04	9/3	HEB	4+	T/TH	8-8:30pm	3	\$85
120004-05	10/1	HEB	4+	T/TH	7:30-8pm	3	\$85
120004-06	10/1	HEB	4+	T/TH	8-8:30pm	3	\$85

TEEN/ADULT

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
120008-02	9/3	HEB	13+	T/TH	8-8:30pm	3	\$85
120008-03	10/1	HEB	13+	T/TH	8-8:30pm	3	\$85

WATER TOTS (Age 1-3 years)

Children are introduced to the water in a way most comforting to them. Parents must join the child in the pool. Children will be required to wear a swim diaper if not potty trained.

CLASS#	BEG	LOC	AGE	DAY	TIME	#WKS	\$
120000-02	9/3	HEB	1-3	T/TH	6:30-7pm	3	\$85
120000-03	10/1	HEB	1-3	T/TH	6:30-7pm	3	\$85

PRIVATE SWIMMING LESSONS

Whether you or your children simply want to refine your swimming skills or have experienced a fear of the water, this class is the one for you! You will receive concentrated instruction that will be tailored to your specific goals. Receive eight 30-minute classes; semi private are also available. Instructor: Different Strokes Swim School, American Red Cross Provider. Please call Bev at 817-649-SWIM for additional information. Private instruction is \$250 for eight 35-minute classes.



Euless Family Life Senior Center

300 West Midway Drive, Euless, Texas 76039

817-685-1671

Diane Eggers, Senior Center Supervisor, 817-685-1670

Mon.–Tues.–Wed.–Fri. 6:30 a.m. - 4 p.m. / Thurs. 6:30 a.m. - 9 p.m.

SENIOR CENTER CLOSED November 28-29, December 24-25.

ONGOING ACTIVITIES

Dominoes, 42, 84, Shuffleboard, Pool, Hand & Foot, Spades, Chicken Foot everyday!

***Registration is required for all activities ONE WEEK in advance. Must be a member of EFLSC and 60+ to participate.**

AEROBICS

	DAY	TIME	FEE
Fit Start 1	M	9 a.m.	FREE
Fit Start 1	T	1:30 p.m.	FREE
Zumba	M & TH	10:30 a.m.	FREE
Floor Aerobics	T & F	9 a.m.	FREE
Tai Chi	T	10:30 a.m.	FREE
Yoga	W	9 a.m.	FREE

ACTIVITIES

Lunch	M-T-W-TH	11:20 a.m.	\$2 daily
Crochet	M	Noon	FREE
Texas Hold 'Em	M	Noon	\$0.50
Computer Class	1st & Last M	1 p.m.	FREE
Elevation Health	2nd & 4th T	10 a.m.	FREE
Jewelry Making Class	T	12:30 p.m.	\$5 monthly
Duplicate Bridge	T & TH	10:30 a.m.	FEE \$
*Mystery Lunch	3rd Wednesday	12:30 p.m.	\$10-\$20
Quilters- Stitchers	W	10 a.m.	FREE
Mah jong	W	10 a.m.	FREE
Party Bridge	W	noon	.50
Decorative Painting	W	1 p.m.	\$5 monthly
Card Making	TH	10 a.m.	FREE
Oil Painting	TH	10 a.m.	\$20 monthly
Jammers	TH	1:30 p.m.	FREE
*Dining Out	3rd M	5 p.m.	\$7-\$20
*White Elephant Bingo	2nd F	10 a.m.	Bring a good used gift in bag
*Hamburger Lunch	1st F	11:20 a.m.	\$2
*Lunch	2nd F	11:20 a.m.	\$2
*Hot Dog Lunch	3rd F	11:20 a.m.	\$2
*Breakfast	4th F	9 a.m.	\$2



***Registration is required for these activities at least one week in advance. Call 817-685-1671 to register. Lunches are ordered daily by 11:45 a.m. Friday's lunch must be signed up for one week in advance.**

SEPTEMBER**FALL EVENTS**

2	Closed for Holiday		
6	*George Bush Library		9:30 a.m.
9 & 16	*Numerology Class	\$20 (2 Classes)	1 p.m.
	Learn what numbers have affected your life and how.		
10 & 24	Elevation Health Checks		10 a.m. - noon
	<i>Elevation Health is one of the nation's leading chiropractic and health/wellness clinics in the country, whose mission is to transform lives, restore families, create outrageous health and ignite a healthcare revolution through this pursuit. Their Core 4 system of Function, Fitness, Nutrition and Education is what sets them apart from the "norm". Starting Sept. 10 they will be conducting free health checks on the 2nd and 4th Tuesday of the month from 10am-12pm. Stop by, get checked and ask the Health Specialists and doctors any questions!</i>		
13	*Dallas Farmers Market		9 a.m.
16	*Dining Out		5:00 p.m.
18	*Mystery Lunch	\$10 - \$20	12:30 p.m.
19	Carter Eye Center Free Cataract Screening		10 a.m. - 1 p.m.
20	*Dallas Holocaust Museum	\$6	9:30 a.m.
27	*Fossil Rim Wildlife Center-Glen Rose	\$20	8 a.m.
27	NE Senior Jamboree-Grapevine		9 a.m.

OCTOBER

3	*Flu Shots		8 a.m. - noon
	*Diabetic Footwear (by appointment only)		10 a.m. - noon
4	*Dallas Arboretum Pumpkin Patch	\$10	9 a.m.
5	*Empowering Seniors Campus West		9 a.m.
7	*Fall Prevention Seminar		10:30 a.m.
8 & 22	Elevation Health		10 a.m. - noon
9	*State Fair of Texas	3 cans of food and \$2	9 a.m.
11	*AARP Driving Class	\$12 - \$14	9 a.m. - 1 p.m.
11	*Best Chili in Euless		11 a.m.
15	*Falls & Balance Class		10 a.m.
16	*Mystery Lunch	\$10 - \$20	12:30 p.m.
21	*Dining Out		5 p.m.
22	*Arthritis Seminar		10 a.m.
25	*Fort Worth Stockyard Ghost Tour	\$15	TBA
31	*Halloween Costume Contest		10 a.m.

NOVEMBER

1	*Sixth Floor Museum 50th Anniversary	\$14	9 a.m.
8	*Senior Thanksgiving Potluck (meat provided)		11:30 a.m.
13	*Mystery Lunch		12:30 p.m.
15	*Frontier of Flight Museum	\$6	9:30 a.m.
18	*Dining Out		5 p.m.
20	*North Main BBQ Holiday Lunch		11:30 a.m.
	<i>Must register at least one week prior!</i>		
22	*Holiday Shopping Trip		8 a.m.
28-29	Closed for Holiday		

DECEMBER

6	*Christmas Bingo (\$10 new wrapped gift)		10 a.m.
	*Christmas Potluck (meat provided)		11:30 a.m.
13	Closed for City Employee Luncheon		
16	*Dining Out		5 p.m.
18	*Mystery Lunch	\$10 - \$20	12:30 p.m.
23	*Soup & Salad	\$2	11:20 a.m.
24-25	Closed for Holiday		
26	*Pizza & Salad Lunch	\$2	11:20 a.m.
27	*All U can Eat Pancake Breakfast	\$2	9 a.m.
30	*Soup & Sandwich	\$2	11:20 a.m.
31	*New Years Celebration	\$2	11:20 a.m.
	Black-eyed peas-cornbread-chicken soup-mock champagne...& entertainment?		

***Registration is required for all activities at least one week in advance! Must be a member of EFLSC to participate in all classes and activities.**

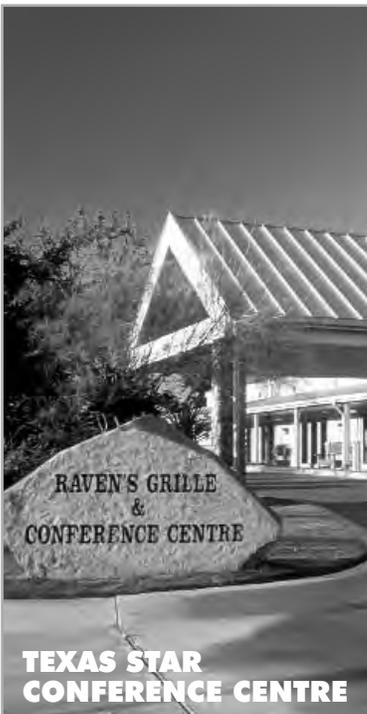
INDOOR FACILITY RENTAL INFORMATION



ACTIVITY ROOM #5



ACTIVITY ROOM #2



**TEXAS STAR
CONFERENCE CENTRE**

MEETING ROOMS

817-685-1649

Note: Reservation required a minimum of 7 days in advance.

Eules Family Life Center, 300 W. Midway Dr.

Amenities: Tables and chairs are included in the rental fee.

Resident:	\$30/hr	
Non-resident:	\$60/hr	
Deposit:	Without food or drink	\$ 50
	With food or drink	\$ 250

Activity Room #2

Occupancy Load: 10

Chairs & Tables available to seat: 10

Activity Room #5

Occupancy Load: 90

Chairs & Tables available to seat: 90

Simmons Center, 508 Simmons Dr.

817-685-1649

Occupancy Load: 60

Amenities: Full kitchen with refrigerator/freezer, oven, stove, microwave and ice machine, 60 chairs, 15 - 6 ft. tables, 10 - 3 ft. card tables, J.A. Carr Park. Tables and chairs included in the rental fee.

Resident:	Three hours	\$100
	Each additional hour	\$35
Nonresident:	Three hours	\$200
	Each additional hour	\$70
Deposit:	Without food or drink	\$50
	With food or drink	\$250

TEXAS STAR CONFERENCE CENTRE

817-685-1845

A 7,000 square foot conference centre and 4,000 square foot pavilion with full services, amenities and on-site catering.

www.TexasStarGolf.com



FREE HISTORICAL TOURS AVAILABLE

Free tours of the Eules Heritage Museum Complex are offered on the 2nd Saturday of every month. All historical buildings will be open for free tours between 1 p.m. to 5 p.m. at 201 Cullum Drive in Eules. Come on Saturday, October 12 for a special exhibit of the Eules Post Office History. For more information, contact Ofa Faiva-Siale at 817-685-1649 or email her at ofaiva-siale@eulesstx.gov.

OUTDOOR FACILITY RENTAL INFORMATION



TEXAS TRAIL PAVILION



**J.A. CARR PARK
GAZEBO**



BOB EDEN FIELD

PAVILIONS

817-685-1649

Resident:	Four hours	\$ 50
	Each additional hour	\$ 10
Non-resident:	Four hours	\$100
	Each additional hour	\$ 10
Available:	7 a.m. to 11 p.m.	
Deposit:	\$250	

Bear's Den Pavilion 1951 Bear Creek Pkwy. (east side of Parkway)
Amenities: Playground, picnic tables, grilling areas, minimum electricity, restrooms.

Bob Eden Park Pavilion
 901 W. Mid-Cities Blvd.
Amenities: Playground, picnic tables, grilling areas,
 3 regulation-size sand volleyball courts, minimum electricity, tennis courts.

Parks at Texas Star Pavilion 1501 South Pipeline Rd.
Amenities: Playground, picnic tables, grilling area, batting cages, minimum
 electricity, restrooms.

Texas Outdoor Education Trail Pavilion
 1951 Bear Creek Parkway (west side of Parkway)
Amenities: Picnic tables, grilling areas, minimum electricity, restrooms, serving
 stand.

AMPHITHEATER

817-685-1649

Texas Outdoor Education Trail, Amphitheater Stage, & Pavilion
 1951 Bear Creek Parkway (west side of Bear Creek Pkwy.)
Amenities: See Texas Outdoor Education Trail Pavilion for a list.

Resident:	Four hours	\$150
	Each additional hour	\$20
Available:	7 a.m. to 11 p.m.	
Non-resident:	Four hours	\$300
	Each additional hour	\$20
Deposit:	\$250	

GAZEBOS

817-685-1649

Resident:	Four hours	\$ 25
	Each additional hour	\$ 10
Non-resident:	Four hours	\$ 50
	Each additional hour	\$ 10
Available:	8 a.m. to 8 p.m.	
Deposit:	\$250	

J.A. Carr Park Gazebo
 508 Simmons Dr.

McCormick Park Gazebo
 2190 Joyce Court

PRACTICE FIELDS

817-685-1838

NOTE: Reservations require a minimum 2-day (48-hour) notice and cannot be made more than 2-weeks prior to the rental. To see full field rental policies, please visit www.eulesstx.gov/pacs. Field preparation is not included. Fields may be closed at times for scheduled maintenance or special events.

Resident:	Lighted per hour	\$ 18	Bob Eden Park Field
	Unlighted per hour	\$ 10	901 W. Mid-Cities Blvd.
Non-resident:	Lighted per hour	\$ 28	817-685-1649
	Unlighted per hour	\$ 20	Available: Jan.-Dec. (8 a.m. - 10 p.m.)

EULESS PARKS

Blessing Branch Park

408 E. Denton Dr. **Size:** 3 acres
Facilities: Picnic and playground area.

Bob Eden Park

901 W. Mid-Cities Blvd. **Size:** 47 acres
Facilities: One flag football/soccer field, one lighted baseball/ softball field, playground, picnic areas, 1.9 mile walking and jogging track with warm up stations, pavilion, two lighted tennis courts, three lighted regulation-size sand volleyball courts and restrooms. (Trail connects to McCormick Park & Trailwood Park.)

Heritage Park

201 Cullum Dr. **Size:** 4 acres
Facilities: Ruth Millican Center, Historic Fuller House, Himes Log House, McCormick Barn, playground, picnic areas, 1/4 mile walking trail.

J. A. Carr Park

508 Simmons Dr. **Size:** 5 acres
Facilities: Half-mile walking and jogging trail, picnic areas, sand volleyball court, playground, gazebo and garden, shaded areas, restrooms, Simmons Center.

Kiddie Carr Park

800 Pauline St. **Size:** 4 acres
Facilities: Picnic areas, shade trees, and outdoor basketball courts.

Lakewood Tennis Courts

1600 Donley Dr.
Facilities: Two lighted tennis courts.

McCormick Park

2190 Joyce Court **Size:** 12 acres
Facilities: 1/3 mile bike and hiking trail, picnic areas, restrooms, gazebo and playground. (Trail connects to Bob Eden Park and the Preserve at McCormick Park.)

Midway Park

615 N. Main St. **Size:** 22 acres
Facilities: Two lighted youth baseball/softball fields, playgrounds, picnic areas, swimming pool, shaded area, Eules Family Life Center.

The Parks at Texas Star

(www.ParksAtTexasStar.com)
1501 S. Pipeline Rd. **Size:** 120 acres
Facilities: Picnic areas, five baseball/softball fields, one championship-size soccer field, six youth soccer fields, three T-ball fields, Dr Pepper Star Center, batting cages, two concession stands, pavilion, concrete walking trail, playground, exercise area, restrooms.

The Preserve at McCormick Park

2005 Fuller-Wiser Road **Size:** 27 acres
Facilities: Concrete walking trails, playground, gazebo, picnic areas, Historic Tree Grove, outdoor classroom, bird watching area, species trail, 2 ponds, fishing pier, restrooms, boardwalk. (Trail connects to McCormick Park and Villages of Bear Creek Park.)

Reflection Park

1251 Fuller-Wiser Rd. **Size:** one-half acre
Facilities: Bench seating.

Softball World at Texas Star

(www.SoftballWorld.us)
1375 W. Eules Blvd. **Size:** 16 acres
Facilities: Four lighted softball fields, concession stand, pro shop, playground.

South Eules Park

600 S. Main St. **Size:** 5 acres
Facilities: Swimming pool, picnic areas, playground, Splash Island, Old North Main Iron Bridge, outdoor basketball court.

Trailwood Park

500 Trailwood Drive **Size:** 11 acres
Facilities: Playground, picnic stations and trails. (Connects to Bob Eden Park.)

Villages of Bear Creek Park

1951 Bear Creek Parkway **Size:** 40 acres
Facilities: 3 acre dog park, seven soccer fields, picnic areas, three-mile nature walking/jogging trail with plant and tree identification signs throughout, city in-ground tree farm, playground, ground-seating amphitheater, two pavilions, one practice softball field, three large parking areas, restrooms. (Trail connects to The Preserve at McCormick Park.)

West Park

600 Westpark Way **Size:** 21 acres
Facilities: Two youth lighted baseball/softball fields that can be converted to a soccer field, picnic areas, one youth softball field, nature area, playground and restrooms.

Wilshire Park

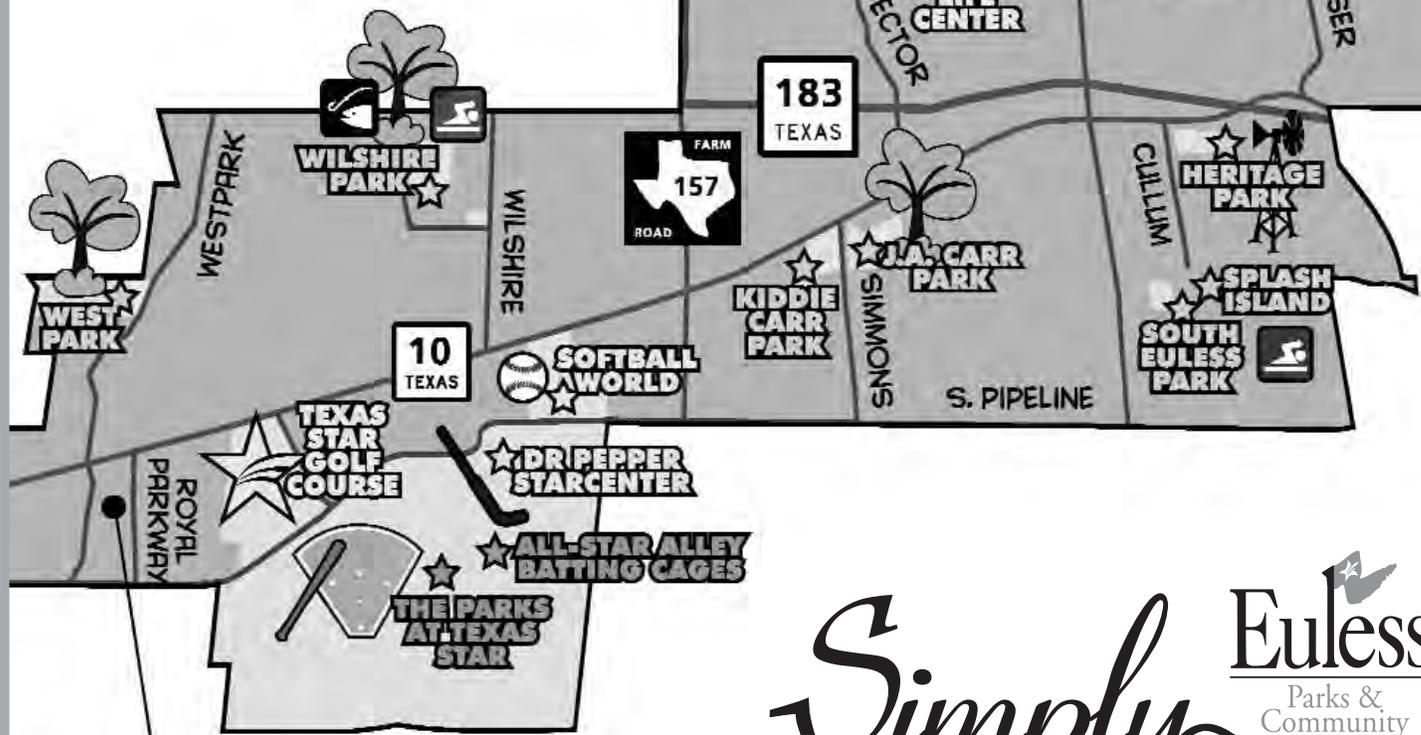
315 Sierra Dr. **Size:** 4 acres
Facilities: Swimming pool, picnic areas, playground, shaded areas, pond, 1/4 mile concrete walking trail, fishing pier, and restrooms.

Bob Eden Park





South Eules Park



Eules Parks & Community Services
1314-B Royal Parkway

Simply Eules
Parks & Community Services
FabEules.

www.PlayEules.com

Eules Family Life Center

300 West Midway Dr.

RECREATION CENTER & FITNESS CENTER

(817) 685-1666

Robbie Rodgers
Center Program Coordinator
(817) 685-1668

Kali Goodfellow
Recreation Center & Aquatics
Coordinator
(817) 685-1681

HOURS OF OPERATION

Monday – Thursday
5:30 a.m. – 9 p.m.
Friday
5:30 a.m. – 8 p.m.
Saturday
8 a.m. – 6 p.m.
Sunday
Noon – 6 p.m.

November 29 (7 a.m. - 6 p.m.)

CHILDCARE

Monday – Friday
5 p.m. – 8 p.m.
Mon./Wed./Fri./Sat.
8 a.m. – 11 a.m.

SENIOR CENTER

(817) 685-1671

Diane Eggers
Senior Center Supervisor
(817) 685-1670

HOURS OF OPERATION

Mon.–Tues.–Wed.–Fri.
6:30 a.m. - 4 p.m.

Thursday
6:30 a.m. - 9 p.m.

Saturday & Sunday
Closed

HOLIDAY CLOSINGS: The Eules Family Life Center is CLOSED on November 28, December 24 & 25.

**Like us on Facebook! "Eules Parks & Community Services"
Visit us at www.PlayEules.com**



Eules Family Life Center Daily Use & Membership Fees

Eules Family Life Recreation Center			Add Indoor Pool (Total Cost)		Fitness Center	Racquetball	Drop-In Day Care 2-hour max visit
	Resident	Nres	Resident	Nres	Res \ Nres	Res \ Nres	Res \ Nres
Youth (8-15)	\$10.00	\$25.00	NA	NA	NA	NA	NA
Individual	\$15.00	\$75.00	NA	NA	\$3.00 per day	\$3.00 per day	\$5.00 per day
Family*	\$45.00	\$125.00	NA	NA	\$3.00 per day	\$3.00 per day	\$5.00 per day
Silver Individual	\$75.00	\$200.00	\$110.00	\$275.00	Included	Included	\$5.00 per day
Silver Family*	\$110.00	\$450.00	\$160.00	\$575.00	Included	Included	\$5.00 per day
Gold Individual	\$125.00	\$250.00	\$160.00	\$325.00	Included	Included	Included
Gold Family*	\$175.00	\$550.00	\$225.00	\$675.00	Included	Included	Included
	Daily Fees		Indoor Pool		Fitness Center	Racquetball	Drop-In Day Care
	Resident	Nres	Resident	Res \ Nres	Res \ Nres	Res \ Nres	Res \ Nres
Daily Use Fees	\$5.00	\$10.00	\$10.00	\$15.00	\$8 \ \$13	\$8 \ \$13	NA

Eules Family Life Senior Center			Add Indoor Pool (Total Cost)		Fitness Center
	Resident	Nres	Resident	Nres	Res \ Non-Res
Senior (60+)	\$5.00	\$25.00	\$25.00	\$120.00	\$0 \ \$75

* Families are considered to be up to two adults and four dependent children or Seniors (60+) living in the same household; add \$10 for each additional child or Senior (60+). "Dependent" implies tax dependent or dependent through marriage. Children under 8 must always be accompanied by an adult and do not need a membership card.

DAYCARE SERVICE is for children 18 months to 7 years old. (2 hour max per visit). Drop-in Daycare Hours: M/W/F mornings (8 a.m. - 11 a.m.) / Mon. - Fri. (5 p.m. - 8 p.m.) / Sat. (8 a.m. - 11 a.m.)