

## Library Spotlight



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**Let's Talk About Books**  
Tuesday, January 5  
1:30 p.m. to 3:15 p.m.



### **Carmen Goldthwaite** **Author, Storyteller & Journalist**

Carmen Goldthwaite teaches creative writing at TCU and SMU.

Her syndicated column, *Texas Dames*, appears in several newspapers. She has contributed stories for numerous

anthologies including *The Way West: True Stories of the American Frontier* and *Wild Women of the Old West*. She is a contributing writer for several publications including *True West*, *American Cowboy*, *Wild West* and *Fort Worth, Texas: The City's Magazine*.

Bring any book to discuss following the author program. Let's Talk About Books meets the first Tuesday of each month from 1:30 to 3:15 p.m. in the Library Meeting Room. The group welcomes new members.

### **Time for Taxes** **AARP Tax Preparation Begins February**

The Library will again welcome AARP volunteers to help individuals and couples prepare their income taxes. There is no age limitation. The volunteers will be here from 4:00 p.m. to 8:00 p.m. on Tuesday evenings and from 12:00 p.m. to 4:00 p.m. Saturday afternoons. The Adult Reference Desk will start taking reservations as soon as the dates are known and the number of spaces available. We will be putting out tax forms at the end of January 2009, and we will have information on other locations offering tax help as soon as we get that information from AARP. We will have books such as *J. K. Lasser's Your Income Tax* available as well.



Library Closed  
January 1  
Happy New Year!

# Weaving through the web

Getting worked up trying to find reliable resources on the Internet? Let us help you. We know some of the best sites on the web and each month we'll share them with you.

**Healthy Start  
For  
Families in 2010**

## HealthCentral

This consumer-oriented site includes information on health for women, men, kids, and seniors; alternative and complementary medicines; fitness and nutrition; and more. Also features advice from Dr. Dean Edell. Searchable.

<http://www.healthcentral.com/>

## KidsHealth

Excellent, searchable information on young people's health for parents, children, and teens. Topics for parents include First Aid & Safety (including product safety, what to have on hand, and what to do in emergencies), Growth & Development (by age and topic), Hot Topics, and Infections (immunizations and home treatment).

<http://kidshealth.org/>

## NIH Senior Health

A site specially designed for seniors, with larger print and short, easy-to-read articles. A growing collection of topics includes Alzheimer's Disease and exercise for seniors. There are captioned videos, FAQs, quizzes, and links to MEDLINEplus for more information. From the National Institute on Aging.

<http://nihseniorhealth.gov/>

## Ready To Start a Fitness Program? Take These 5 Steps

This starting point for planning an exercise program contains resources for assessing your fitness level, designing a fitness program, getting exercise equipment, starting the program, and monitoring progress.

<http://www.mayoclinic.com/health/fitness/HQ00171>

## MedlinePlus: Exercise and Physical Fitness

Collection of links to news and materials about the health benefits of physical activity. Topics include health check tools, nutrition and exercise, and specific exercise topics. Also includes links to related research, statistics, directories, and organizations. From the National Library of Medicine (NLM) and the National Institutes of Health (NIH).

<http://www.nlm.nih.gov/medlineplus/exerciseandphysicalfitness.html>

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The websites and citations come from the **Librarians' Index to the Internet**, a directory of sites selected by librarians and organized into categories. Find LII at <http://lii.org>.



## January Computer Classes

Computer classes offered this month are:

Internet

Microsoft Excel 2007

Microsoft PowerPoint 2007

Check the calendar for days and times. For more information or to reserve a spot, call the Reference Desk at 817-685-1489.

# Youth Services

## Preschool Dance Party

(ages 3—5)

Thursday, January 28th

3:00 p.m.

Wear your favorite dancing shoes and join us for 40-minutes of music and movement!!



## Pat-a-Cake Nursery Rhyme Time

Monday — 10:30 am

Tuesday — 10:30 am

This program is designed for ages 0-2, with the parent or caregiver. Have fun with your baby and help nurture social and literacy skills through rhyming songs and stories.

## Winter Wonderland

### Puppet Show

Saturday, January 23rd

2:00 p.m.



## Monday Kid-Tivities

Monday, January 4, 11, 18, & 25

4:00 p.m.

(while school is in session)

Come by the library on Mondays for some fun after school. Activities will be different each

## ABC Club

Art + Books + Children = ABC Club

Tuesdays

January 5th, 12th, 19th & 26th

4:00 p.m.

K-2nd Grades: Sign up for 4-week session of art projects of favorite children's books

**Registration is Required**

## Storytimes

### Two-Year Old Storytime

Especially for 2-year-olds.

Fridays

January 8, 15, 22, & 29

10:30 a.m.

### Preschool Storytime

For ages 3 to 5.

Wednesdays

January 6, 13, 20, & 27

11 a.m.



### Family Storytime

Monday Evenings

January 4, 11, 18, & 25

6:00 p.m.

## Teen Events

### Teen Craft

Tuesday, January 5th—5:00 pm

Thursday, January 14th—5:00 pm



### Teen Book Talk

Thursday, January 21

5 p.m.

Kids 13 and older

meet to talk about the books

**Eules Public Library**  
 201 N. Ector Drive  
 Eules, Texas 76039  
 817-685-1480


**Hours**

Mon, Tue, Thu 10 - 9  
 Wed 10 - 6  
 Fri, Sat 10 - 5  
 Sun 1 - 5

[www.eules.org/library](http://www.eules.org/library)

# January 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b>  Library Closed	<b>2</b>
<b>3</b>	<b>4</b> 10:30am Pat-a-Cake 4:00pm Kid-Tivities 6:00pm Family Storytime Computer Class: 7:00pm Powerpoint	<b>5</b> 10:30am Pat-a-Cake 10:00 Knitting Class 1:30 Let's Talk About Books 4:00pm ABC Club 5:00 Teen Craft	<b>6</b> 11:00am Pre-school Storytime  Computer Class 10:30am Excel	<b>7</b> 5:30pm Library Board Meeting  6:30 Mid-Cities Genealogy Mtg.	<b>8</b> 10:30am 2-year old Storytime	<b>9</b>
<b>10</b> Novel Ideas Book Group 2 pm	<b>11</b> 10:30am Pat-a-Cake 4:00pm Kid-Tivities 6:00pm Family Storytime Computer Class: 7:00pm Internet	<b>12</b> 10:30am Pat-a-Cake 4:00pm ABC Club	<b>13</b> 11:00am Preschool Storytime  Computer Class: 10:30am Word	<b>14</b> 5:00pm Teen Craft	<b>15</b> 10:30am 2-year old Storytime	<b>16</b>
<b>17</b>	<b>18</b> 10:30am Pat-a-Cake 2:00pm Kids Movie 6:00pm Family Storytime Computer Class: 7:00pm Word	<b>19</b> 10:30 am Pat-a-Cake 10:00 Knitting Class  4:00pm ABC Club	<b>20</b> 11:00am Pre-school Storytime Computer Class: 10:30am Powerpoint	<b>21</b> 5pm Teen Book Talk	<b>22</b> 10:30am 2-year old Storytime	<b>23</b> 2:00pm Winter Wonderland Puppet Show
<b>24</b> Novel Ideas Book Group 2 pm	<b>25</b> 10:30am Pat-a-Cake 4:00pm Kid-Tivities 6:00pm Family Storytime Computer Class: 7:00pm Excel	<b>26</b> 10:30am Pat-a-Cake 4:00pm ABC Club	<b>27</b> 11:00am Preschool Storytime  Computer Class: 10:30am Internet	<b>28</b> 3:00pm Preschool Dance Party (please register) 6:30pm Eules Library Foundation	<b>29</b> 10:30am 2-year old Storytime	<b>30</b>
<b>31</b>						