

From: T.J. Griffin [<mailto:tj14griffin@yahoo.com>]
Sent: Monday, May 21, 2012 3:00 PM
To: Alicia Davenport
Subject: neuro fitness foundation's garage sale

Dear Euless city Council.

My name is TJ Griffin I have been a Euless resident for over 35 years, I graduated from Trinity high school in 1991. During my senior year in high school while playing for the Trinity high school football team I broke my neck making a tackle during a game,(I did go out in style, it was a great hit). In breaking my neck it left me a quadriplegic changing my entire life. Since the time of the injury I have gone on to graduate college, work successfully at IBM for over 12 years, I am now working for a handicap van conversion company in Euless named lift aids. Besides working at lift aids I am the president of a nonprofit organization called the neuro fitness foundation located at 1361 W. Euless Blvd., Euless, TX 76039 (we are directly behind fuzzies tacos) the neuro fitness foundation is a gym for people with disabilities such as myself. We have been open for over 11 years, all that time in Euless. NFF is not a rehab facility we are a gym, if you are disabled and a wheelchair or a walker you cannot just go to 24 hour fitness and work out to maintain a healthy lifestyle. At nff all the machines can be used in or out of a will chair we have standing frames for people that cannot stand mats for stretching we can cater to almost all kinds of disability needs. Not only does the neuro fitness foundation help with building and maintaining a healthy lifestyle(which is even more important for someone with a disability) it also builds a strong positive, emotional lifestyle. When you come to nff after your disability you realize that you're not alone you are part of a family. That emotional support is probably more important than the physical gifts nff provides.

The neuro fitness foundation would not be able to stay open were it not for generous donations and are two annual charity events. Each year we have a Casino night in the spring and a golf tournament in the fall to bring in finances to help us stay open. On September 28 we are having our annual golf tournament at Euless bear Creek golf course. These two charity events and are generous donations help us keep our doors open throughout the year. But, with such a limited budget we are not able to purchase new equipment that would help our clients and their disability needs. Our clients are able to workout free of charge, which is great because many of them lived on a limited budget. But they do want to help whenever they can. The clients along with the Board of Directors came up with the idea of having a garage sale at our location to help

raise money for new equipment. Each of the clients will bring items from there house for the garage sale.

We would like to have the garage sale on a Saturday in late June (or whenever you will give us a permit) from 7 AM to 1 PM. We will have parking because the sale will take place at our location. The sales items will be displayed on our sidewalks right in front of our windows to help bring in customers, but the majority of our items being sold will be inside our gym. Our clients and volunteers will be working the garage sale many of whom are disabled and cannot handle heat, so the majority of the garage sale will take place inside in the air-conditioned gym. NFF has a website along with a Facebook page that we will advertise the garage sale on. Along with our social media advertising we would like to have a physical sign by our mailbox on Highway 10 about the size of a poster board.

Neuro fitness foundation has helped change my life not only physically but more importantly emotionally. Not only has it changed myself, it has helped change hundreds of other people living with a disability. The city of Eules is always been a partner with the neuro fitness foundation. We would love to have a chance to have a garage sale to help us improve our facility and get the word out to people that might not realize that there is a place for someone to go if they are unfortunate enough to have to live with a disability.

I look forward to hearing back from you, if you have any questions or need more information please e-mail me or call me. I will provide my contact information below. Thank you for your consideration hope to hear back from you soon.

TJ Griffin
neuro fitness foundation president
tj14griffin@yahoo.com
817-360-6869